



Candidates Share Their Thoughts on Running for Elected Offices of Vice Chairman and Chairman

Crystal Dee
Hopi Tutuveni

The 2013 Elections for Chairman and Vice Chairman is just around the corner, candidates go through the first phase of interviews by the Hopi Election Board held at the Hopi Wellness Center Conference room in Kykotsmovi on Aug. 28.

During the first round of interviews, there were only three candidates. Candidates running for Vice Chairman are Alfred Lomaquahu Jr., Governor of Bacavi Village and George Mase, Sipaulovi Council Representative. Candidate running for Chairman is Vice Chairman Herman G. Honanie.

Tutuveni interviewed them briefly during the Executive Session.

Alfred Lomaquahu

Alfred Lomaquahu Jr., Governor of Bacavi is running for the office of Hopi Vice Chairman.

Lomaquahu, 49 was born and raised in Bacavi is from the Greasewood clan; he went to boarding school in Keams Canyon, AZ to the 8th grade. He left for Riverside, CA and graduated from Sherman Indian High School in 1982. Five days after he graduated high school he joined the Marine Corps. and served four years. He became a heavy equipment operator and worked with a number of construction companies; he eventually quit his job to become a full time kachina doll carver.

In 1990, he moved to Holbrook, AZ where he lived for 18 years. He then moved back to the Hopi reservation in 2008 and in 2010 he became the Governor of Bacavi. For the last two years he has served as the Commander for the Lori Piستewa Post #80 – American Legion.

Q. What is your platform?

A. My primary interest is for the villages to get back into council. I feel the villages have been left out of politics with important issues that come through council. I want to make sure the villages are included in everything that the council does. Along with that is co-operation, communication and that is with all the departments; entities such as the Indian Health Services, BIA, including the Law Enforcement side. We need better communication and cooperation at all levels.

Q. What are your thoughts on environmental and financial issues?

A. One of the main things we've had a problem with is the trash and landfill and I feel that's one of the departments we need to improve on because people are dumping their trash at illegal dumpsites.

Q. What would you say are the strengths and weaknesses of the current administration?

A. Like I said before, I haven't seen the current Chairman address the villages. I've been the Governor of Bacavi for almost three years and we have a governing board that makes decisions and then it comes to me, the Governor to take action on it. That's how it should be done in Council too. The Hopi Tribal Council hasn't been giving the Chairman directives like it should be and that is the major weaknesses I see. Along with the Vice Chairman, I would like to see more openness with all the villages, with all the entities that's he's supposed to be working with.

Q. How would you correct those issues?

A. The Vice Chairman's primary role is interaction with the villages and with the departments within the Hopi Tribe. I have the

leadership skills to enhance every department so that they are doing the best that they can, including communicating with the villages because the Hopi people are important.

Q. What are your thoughts on running for Vice Chairman?

A. The main reason I'm running is because I want change, I want positive change for the Hopi Tribe. My heart has always been in service to the people. Having served in the Marines and as a Governor of Bacavi, that is serving the people. I think a lot of the leaders have forgotten the true meaning of what service is.

George Mase

George Mase, Sipaulovi Council Representative, candidate for Hopi Vice Chairman. Mase, no age given was born and raised in Sipaulovi. Mase graduated from Ganado High School and moved to California where he lived for almost 30 years working as a Software and Hardware Quality Assurance Engineer. He came back to the reservation with the instruction from his parents to come back and help the Hopi people and to continue practicing his traditional upbringing.

Q. What is your platform?

A. One of the things we need at the Tribe is to get our house in order. We need to get ourselves financially secured and stable at the Tribe. That is one thing that is holding back many programs and villages. The Tribe has not completed their audits. I've been involved in many of the council issues; and I've been chairman of the Water and Energy Task Team.

Q. What are your thoughts on environmental issues?

A. There are numerous environment issues. First and foremost is our

Continued on Page 5



Top to bottom: Governor of Bacavi, Alfred Lomaquahu Jr. and Council Representative for Sipaulovi, George Mase have both announced their candidacy for the Office of Vice Chairman. Current Vice Chairman, Herman G. Honanie, has announced that he will run for the Office of Chairman.

Hopi Royalty Introduced before Hopi Tribal Council

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Hopi Tutuveni

On Aug. 27, the Miss Hopi Committee introduced the 2013-14 Miss Hopi Royalty to the Hopi Tribal Council during the council session in Kykotsmovi.

Carey Onsaе, Miss Hopi Committee Chairman introduced Miss Hopi Nikki "Honwysie" Qumyintewa and 1st attendant Lori "Hayah-pao-mana" Honyaoma.

Nikki Qumyintewa is 18 years old; she is Pumpkin clan from the village of Mishongnovi; her parents are Lillian Dennis and the late Eldy Qumyintewa. Miss Hopi will promote awareness on Domestic Violence and would like to help victims and their children recover

from abuse.

"Children who witness domestic violence may grow up thinking its okay to be in a situation like this, but it's not. Domestic violence is a choice," said Miss Hopi.

Qumyintewa chose domestic violence as her platform because she feels it is important for people to know how it can have an effect on someone's life. She is aware of this all too well because she has a family member who is affected by domestic violence in her home. She wants to help victims of domestic violence and their children in that aspect and assure them that it's not okay and help them get counseling and other assistance they may need.

She hopes to reach



First Attendant, Lori Honyaoma, introduces herself before HTC. Honyaoma said she will promote the causes of Special Needs during her term. Nikki Qumyintewa (right), Current Miss Hopi, chose domestic violence as the cause she will support.

her goals during her reign by promoting herself in a good way and representing the Hopi people with a good heart on and off the reservation; and to educate the public on domestic violence.

During her reign she plans on taking classes

at Northland Pioneer College to get her general education classes completed. She will continue her education by applying to a nursing program after her reign. She is unsure where she would like to transfer to, a University in Phoenix or Colorado;

then she plans on working in Pediatrics and hopefully continues her education to become a Pediatrician.

Lori Honyaoma is 18 years old; she is Corn clan from the village of Hotevilla; her parents

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Moencopi Senior Center Celebrates Elderly Heritage Day



Lewis Numkena, 95 years old was recognized for his tireless effort, devotion, inspiration and especially the wisdom that he has brought his family and the community. He is surrounded by Mary Navanick, HALF Executive Director, his daughter (no name given), and former 1st Attendant, Christine Talayumptewa.

Hopi Tutuveni

The Moencopi Senior Center celebrated their Elderly Heritage Day with activities for the elders and the community member's beginning with a Clan Run on the morning of Aug. 08.

The Elderly Heritage Day came about when Chairman LeRoy Shingoitewa signed a Proclamation, making Aug. 08 Elder Heritage Day

"We've made this day about honoring our elders because of the Proclamation said Linda Honahni, Moencopi Senior Center Director.

Although the rest of the Hopi reservation celebrated the Heritage Day in Hotevilla, Moencopi decided to have their own because some of the elders require extra care and attention when travelling.

"A lot of us forget who our elders are and what they have given us, so this is a way of giving back to them what they've given us," said Honahni.

15 awards were awarded to elders of Moencopi for their tireless efforts, devotion, inspiration and wisdom. Six awards were given to elders who are 90 years old and above; and nine certificates given to elders 85 years and older.

Derick Lomayokva, Assistant Coordinator and Dina Burgenur, Lead Coordinator did a wonderful job in planning the event for the elders.

"Planning for this event was quick because we had so little time and other events that we are planning for the upcoming months. One of our biggest events is the Senior Field Day that will be held in September," said Lomayokva.

Lomayokva said he would like to thank the elders for teaching him what he knows and is still learning being that he is the youngest staff at the Senior Center.

More photos on Page 4

Hopi Sinom Transit announces changes in route and fare

Public Transportation Services expects change in routes and fare to increase ridership and to meet the mobility needs on the Hopi and Navajo reservation in Arizona's northern region.

The general public is informed of the following route system changes effective October 7, 2013.

- A new route will begin daily from Second Mesa to Winslow.
- The express route from Keams Canyon to Moenkopi and Tuba City area will be cancelled in its entirety.
- Fare will be lowered to \$2.00 per rider on any route.

Detailed information is available on the system changes. You may contact the Hopi Senom Transit office at (928) 734-3232.

FROM THE OFFICE OF THE CHAIRMAN

Chairman Shingoitewa Presents Yearly Report

Loloma,
I am happy to provide you, our Hopi & Tewa Senom, with an update of activities that we have been working on since January of 2013. In partnership with the Vice Chairman and the Tribal Council, we have accomplished many things and will continue to work to improve the lives and well-being of our communities and to protect our natural resources, fiscal resources and human resources for a healthier and successful Hopi Tribe.

As we continue to move forward, the stabilization that has been set within our tribal government allows us to effectively work on reaching tribal-wide goals for our Hopi & Tewa Senom. We have met many challenges to our Hopi sovereignty and with our extensive work in government-to-government relationships, we have been able to advocate and protect our Hopi opportunities and tribal interests.

Let us all remember that in order to accomplish a great deal, we must set aside our differences, be open to change and work together as one to benefit our children and future generations.

TRIBAL LEGAL ACTIVITIES

EAGLE GATHERING
A longstanding agreement between the US Fish and Wildlife Service, The Hopi Tribe and the Navajo Tribe regarding the gathering of eagles was challenged by the Navajo Tribe. The Navajo Tribe tried to prevent Hopi religious practitioners from gathering eagles at sites located on the Navajo Reservation as well as reducing the number of eagles collected. The Hopi Tribe filed a lawsuit against the Navajo Tribe and was successful in upholding the current agreement.

TRIBAL INVESTMENTS/ WACHOVIA
Upon an investigation of the Hopi Tribe’s investments, it was discovered that Wachovia Bank had committed massive fraud against the Hopi Tribe by charging the Tribe more than \$5 million per year in fees, by putting the Tribe’s money in high risk investments, and by providing false statements to the Tribe to hide huge losses. The Hopi Tribe has filed a lawsuit and is seeking more than \$180 million in damages from this financial institution.

FRENCH AUCTION
In spite of the short notice given to the Hopi Tribe regarding the sale of sacred religious objects going up for auction in France, the Hopi Tribe immediately began its attempt to stop the auction. Due to the Tribe not having any international jurisdiction, Survival International reached out to the Hopi



Hopi Chairman LeRoy N. Shingoitewa was a featured speaker for the protocol session of the 18th Annual Indian and Tribal Legislative Day (INTLD) at the State Capitol in Phoenix, Ariz.

Tribe to pursue legal action against the French Auction House. Although we were unsuccessful in our attempt to stop the auction, the Hopi Tribe received overwhelming support from tribal members, cultural practitioners, and citizens from across the world. Let this serve as a reminder that we have a responsibility to protect and preserve our cultural and religious practices.

TRIBAL WATER RESOURCES

HAMP PROJECT
The Hopi Arsenic Mitigation Project continues to move forward with its plans to provide a safe drinking water source for First & Second Mesa village members and facilities dealing with arsenic contamination. New wells have been drilled in the Hard Rock Range Unit, which when tested, revealed good quality drinking water.

TRIBAL GOVERNMENT ISSUES

NAVAJO/HOPI RELOCATION OFFICE CLOSURE
The Hopi Tribe advocated to the U.S. Government to cease funding for the closure of the Navajo Hopi Relocation Office due to the lack of inadequate assistance to the Hopi Tribe. The Hopi Tribe continues to advocate on behalf of the Hopi relocatees to receive all benefits that were mandated through the Navajo-Hopi Relocation Act.

GRANT FUNDING
The Hopi Tribe, through various programs, were awarded grant funding to operate. However due to issues stemming from various issues, the Tribe was unable to receive the awarded funding. The Office of the Chairman, along with Program leaders, Office of Finance, and Federal officials were able to identify and remedy the issues so that these grant monies awarded were released to the programs to provide for the much needed services for our Hopi & Tewa Senom.

TRIBAL AUDITS
It has been a goal of mine to work at bringing the Tribe current on its financial audits. The

tribe has been behind for several years in completing yearly financial audits, which puts funding for our programs in jeopardy which can severely affect the services provided to our Hopi people. We have been working diligently to bring the audits up to date and have completed the 2009 audit. We found that the reason that the past audits were not complete was due to the mismanagement of the tribe’s investments which prevents the auditors from properly completing the remaining audits. The Hopi Tribal Council has hired an investigation firm to help remedy this issue. One finding Tribal Council and I recently learned from the investment investigation was that Tribe had invested 8 million dollars in a Marriott Hotel in Galveston, Texas without proper approval from the Tribal Council.

TRIBAL JUDICIAL SYSTEM

HOPI LAW AND ORDER CODE
On August 28, 2013, the Hopi Tribe reached the one year anniversary of the passage of the Hopi Law and Order Code. The Council’s approval of this historic development brought national attention to the Hopi Tribe as the first tribal government to meet the requirements of the Federal 2010 Tribal Law and Order Act, beginning a new era in pursuing justice for the Hopi people.

To date, the Hopi Law Enforcement Task Team has been actively reviewing issues and recommendations that have been raised about the code and plans to present recommended changes to Hopi Tribal Council.

The Hopi Courts, Office of the Prosecutor, and Hopi Resource Enforcement

Services have been diligently working to ensure compliance of these new laws and have had to adjust their procedures and protocols.

The Hopi Tribe has charged several individuals under the Enhanced Sentencing guidelines which carries a minimum of 3-years sentence if convicted of their crime.

HOPI RESOURCES ENFORCEMENT SERVICES

The Hopi Tribe has been enhancing the services of the Hopi Resource Enforcement Services. The Hopi Law Enforcement Task Team has reviewed the HRES General Orders which will allow HRES officers to receive federal commission cards enabling them to enforce federal laws. The HRES General Orders will also ensure that HRES has a standing policy in place for all law enforcement procedures. HRES has been awarded the US DOJ’s COPS Grant and funding from the Tribe and has increased from five officers in 2011 to 13 officers to date. This has also allowed HRES to upgrade equipment and change their hours of operation.

REAUTHORIZATION OF THE VIOLENCE AGAINST WOMEN ACT

Congress recently passed the Violence Against Women Reauthorization Act of 2013, or “VAWA 2013”. VAWA 2013 recognizes tribes’ inherent power to exercise “Special Domestic Violence Criminal Jurisdiction” (SDVCJ) over certain defendants, regardless of their Indian or non-Indian status, who commit acts of domestic violence or dating violence or violate certain protection orders in Indian Country. This new law generally takes effect on March 7, 2015, and also authorizes a voluntary “Pilot

Project” to allow certain tribes to begin exercising SDVCJ sooner. The Hopi Tribe has committed to be a part of the VAWA Pilot Project and plans are underway to examine the feasibility of establishing a separate court dealing exclusively with domestic violence cases.

ADDRESSING BIA LAW ENFORCEMENT SERVICES ISSUES

Through direct communications with the Department of Interior, the Hopi Tribe has been able to address issues pertaining to services received from BIA Law Enforcement. Some of these issues include lack of response to calls for service, inadequate law enforcement personnel, lack of transportation of deceased individuals, and overall communication with the Hopi Tribe. The Tribe continues to advocate for adequate quality service to the Hopi-Tewa Senom. The Hopi Tribe is working diligently in addressing the issue of developing protocols for the proper handling and transportation of deceased individuals and processing death certificates for the submission to Vital Records. The Hopi Tribe is collaborating with Hopi Health Care Center, Hopi Resource Enforcement Services, Hopi Guidance Center, Hopi Emergency Services and BIA Law Enforcement to develop a Tribal policy to avoid future mishaps.

This report I share with you highlights many of the major issues that have affected or continue to affect our Hopi-Tewa Senom. There are many more issues that we continue to face on a daily basis that are dealt with accordingly. We will strive to resolve any issues that may arise that affect Hopi Tribal government as a whole.

Kwa-Kwai to all those who have supported the Hopi Tribe’s endeavors: Vice Chairman Herman Honanie, Hopi Tribal Council, my staff, Hopi Tribal employees, and outside agencies. I appreciate your continued support in allowing me to serve as your Chairman of the Hopi Tribe.

Kwa-Kwai, Chairman LeRoy Shingoitewa

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The Tutuveni welcomes letters from readers. A full name, complete address and phone number is required to verify authenticity of the author. Anonymous letters will not be printed. The Tutuveni reserves the right to edit for clarity and may decline to print Letters that are potentially libelous and slanderous. Letters will be run on a space available basis. Letters may be sent to:

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LOCAL AND NATIONAL NEWS

Hopi Police Department hold Search and Rescue Briefing for Reginald James

Crystal Dee
Hopi Tutuveni

On Jul. 31, the Hopi Police Department held a search and rescue briefing at the First Mesa Consolidated Village community building in effort to find missing person, Reginald James. James was last seen on Apr. 8, leaving the Hopi Detention Facility and not been seen since by family members and his wife, Carol James.

There more than 30 volunteers who came to help with the search and rescue that was held for two days in an effort to find James. With their help and the help of others they were able to gather information or find evidence that is currently being withheld as this is an ongoing investigation.

The family of Reginald W. James celebrated his life with a memorial service on Sat., Aug. 03 at his residence in Shungopavi. James was a Vietnam vet-

eran who served in the U.S Army. Reginald was married to Carol for 21 years until his passing.

The James family is deeply saddened by the passing of “Reggie”. He was a husband, father, brother, and uncle who will be missed.

The family would also like to express thier deepest and sincere appreciation to family, relatives, friends, and especially to the following for their impressive and generous support during the difficult time.

BIA Office of Justice Services: Garrick DeClay, SA; Ivan Sidney Jr., SA; Officers Howard Sakiestewa; and Viola Lopez, HPD Dispatch.

Hopi Resource Enforcement Services: Lieutenant, Willis Sequi; Recruit J. Lomahohnaya (LEO Assistance); Sgt. M. Yowytewa (Team Leader); Sgt. R. Holmes (Team Leader); Officer O. Lalo (Team Leader- Horseback); Officer R. Tals

(LEO Quad); Officer A. Larios (LEO-Quad); Officer L. McIntosh (LEO-Quad); Officer C. Mahkewa (LEO-Horseback); D. Poleyestewa , HRES Dispatch; Recruit A. Romero (LEO-Assistance)

Hopi Emergency Response Team: Roger Tungovia, Paul Saufkie and Velleda Sidney.

Maricopa Sheriff’s Posse of Westbrook Village, Maricopa Sheriff’s Office, Maricopa County Search & Rescue, Coconino Sheriff’s Office: Colette Falco – K-9 Handler; Cadaver Dog “Maui”; Marsha Falco – K-9 Handler: Cadaver Dog “Blue”; Barb Simpson – K-9 Handler: Cadaver Dog “Keegan”; Mary Trick – K-9 Handler: Cadaver Dog “Alice”; K-9 Support Steve Mutz; Catherine Claver; Drew Rennion; Peter Schaeffer; Deputy E. Philpot, MCSO Search & Rescue; Deputy Roy Lawrence, MCSO.

First Mesa Consolidated Village: Ivan Sidney

Sr., Wallace Youvella, Sr., and Cheryl Tungovia.

The Hopi Cultural Preservation Office/Archaeology; Hopi Emergency Medical Services; Hopi Land Information System; Hopi Veterans Office and Guidance Center.

Anthony Huma & Family, Valaura Imus, Charley Lewis, Shontay Lewis, Dorrance Lewis, Percelia Batala, Malcom Batala, Dre Lewis, Sue Kuyvaya, Lowell Cheresposy, Jacque James, Darryl James, Darlene James, Dusty Navasie, Lexie James, Stormy Kaye, Rick Koruh, Andrew Donahue, Martin Silas, Hank Naha Jr., Clinton “Barney” Poocha, Darrell Sahmea, Richard Davis, Matthew Albert, Gorman Howato, Elouise Douma, Cheryl Lomake-ma, Fawn Navasie, Tonita Hamilton and all those who we may have missed. There were so many who assisted and provided food. Askwali, Kuna a and thank you.

In Loving Memory

Reginald Wendell James, age 61 expired in May 2013 in Polacca, Arizona.

Reggie “Witts” was born July 25, 1952 to Dalton and Rut.h James in Fort Defiance, Arizona.

He completed high school at Ganado Mission School in 1970.

His employment tenure was with the Bureau of Indian Affairs Road Department, The Hopi Tribe, Arizona Department of Transportation, and various road construction companies.

He attended Greer Technical Institute in Braidwood, Illinois completing Heavy Equipment Operator and Truck Driver Training.

Reggie was a veteran, served during the Vietnam War Era 1972-1975 as a combat engineer and Atomic Demolition. His tour included Germany, Switzerland, and other oversea countries. He was a very proud veteran therefore highly honored his veteran father and brothers.

He actively participated in local activities with the Veterans Programs.

Reggie was predeceased by his mother, Ruth James, father Dalton James, twin brothers Donald and Michael James, two sons Rusty and Ambrose “Jack” Navasie.

Surviving members are his wife, Carol James, sisters Jacque and Darlene James and brother Darryl James and many grandchildren, neices and nephews.

New State of Indian Country Arizona report released

Julie Newberg
Arizona State University
Media Relations

As the Tutuveni reported in the August 6th edition, a State of Indian Country Arizona Report has been released.

Tempe, Ariz. - The inaugural edition of the State of Indian Country Arizona profiles the 22 tribes within the state and examines challenges and opportunities facing Native peoples in Arizona.

Covering topics including cultural rights, demographics, education, health and human services, natural resources, sustainability and economic development, the report includes highlights and issues facing diverse tribal populations in Arizona as well as ideas to address public policy issues.

“As an institution of

higher education located in Arizona, Arizona State University recognizes and embraces its responsibility to expand the nation’s knowledge of American Indian issues. Our state is abundantly rich in tribal governments and peoples who contribute meaningfully to the history, growth and success of our state,” said ASU President Michael M. Crow.

“ASU is well positioned to undertake this important analysis because it hosts one of the largest populations of American Indian students and faculty experts in tribal government and policy in the nation, many of whom contributed to this significant publication,” he added.

Topics in the report were chosen based on their importance to tribal nations. Arizona’s tribal story is told by explaining the sovereign status

of tribes and showcasing the perspectives and rich diversity of tribal nations and American Indian people in Arizona.

“The primary goal of the report is to educate the state’s general public and policy makers about tribal governments and the inherent influences that the tribal nations have in the state of Arizona,” said Diane Humetewa, special advisor to the President for American Indian Affairs.

An excerpt from the State of Indian Country Arizona: “Every tribe uses stories to pass on its wisdom and values. The oral history of storytelling is common among tribes and is used to pass down traditional cultural knowledge and understanding from generation to generation. ... The State of Indian Country Arizona presents several important stories about Indian people today

in Arizona. In every case, the facts presented are vital, but it is equally important to understand why we chose to share these particular values. Every section of this report reflects the common values of our Native American communities and culture.” “This publication is the result of a collaboration between the Inter Tribal Council of Arizona and Arizona State University to share the unique perspectives and rich diversity of tribal nations and Indian people,” said John Lewis, Executive Director Inter Tribal Council of Arizona. “It is our hope that the report will help the general public better understand the unique nature of independent sovereign tribal nations and the economic impact, vitality and influence that they bring to the State of Arizona.”

A sampling of facts from

the report include: American Indians were among the last to be granted state voting rights, in 1947 for Arizona. According to a report by the Arizona Indian Gaming Association, if the tribes were considered a combined single employer in the state of Arizona, their combined employment would rank them as the third largest employer in Arizona. Tribal governments are critical players in energy production and distribution in Arizona.

Contributors to the report are ASU faculty from the American Indian Policy Institute, the American Indian Studies Program, the Sandra Day O’Connor College of Law Indian Legal Program and guest authors who explain collaborative work that ASU American Indian programs and faculty are accomplishing with tribal nations, people and stu-

dents.

Partnering with ASU on the project is the Inter Tribal Council of Arizona, Inc. (ITCA). Sponsors of the report are the Salt River Pima-Maricopa Indian Community, Arizona Public Service and Salt River Project. The report was produced by the ITCA, the ASU Office of the President on American Indian Initiatives and the ASU Office of Public Affairs.

The State of Indian Country Arizona is the latest installment in a series of reports produced by the ASU Office of Public Affairs in collaboration with community partners and university faculty and programs. The full report will be available online tomorrow at <http://outreach.asu.edu/reports>

Treasury and IRS Announce That All Legal Same-Sex Marriages Will Be Recognized For Federal Tax Purposes

PHOENIX - - The U.S. Department of the Treasury and the Internal Revenue Service (IRS) ruled that same-sex couples, legally married in jurisdictions that recognize their marriages, will be treated as married for federal tax purposes. The ruling applies regardless of whether the couple lives in a jurisdiction that recognizes same-sex marriage or a jurisdiction that does not recognize same-sex mar-

riage. The ruling implements federal tax aspects of the June 26 Supreme Court decision invalidating a key provision of the 1996 Defense of Marriage Act.

Under the ruling, same-sex couples will be treated as married for all federal tax purposes, including income and gift and estate taxes. The ruling applies to all federal tax provisions where marriage is a factor, including filing status, claiming personal and dependency exemptions, taking the standard deduction, employee benefits, contributing to an IRA and claiming the earned income tax credit or child tax credit.

Any same-sex marriage legally entered into in one of the 50 states, the District of Columbia, a U.S. territory or a foreign country will be covered by the ruling. However, the ruling does not apply to registered domestic partnerships, civil unions or similar formal relationships recognized under

state law.

Legally-married same-sex couples generally must file their 2013 federal income tax return using either the married filing jointly or married filing separately filing status.

Individuals who were in same-sex marriages may, but are not required to, file original or amended returns choosing to be treated as married for federal tax purposes for one or more prior tax years still open under the statute of limitations.

Generally, the statute of limitations for filing a refund claim is three years from the date the return was filed or two years from the date the tax was paid, whichever is later. As a result, refund claims can still be filed for tax years 2010, 2011 and 2012. Some taxpayers may have special circumstances, such as signing an agreement with the IRS to keep the statute of limitations open, that permit them to file refund claims for tax years 2009 and earlier.

Additionally, employees who purchased same-sex spouse health insurance coverage from their employers on an after-tax basis may treat the amounts paid for that coverage as pre-tax and excludable from income.

How to File a Claim for Refund

Taxpayers who wish to file a refund claim for income taxes should use Form 1040X (<http://www.irs.gov/uac/Form-1040X>,-Amended-U.S.-Individual-Income-Tax-Return), Amended U.S. Individual Income Tax Return.

Taxpayers who wish to file a refund claim for gift or estate taxes should file Form 843 (<http://www.irs.gov/uac/Form-843>,-Claim-for-Refund-and-Request-for-Abatement), Claim for Refund and Request for Abatement. For information on filing an amended return, see Tax Topic 308 (<http://www.irs.gov/taxtopics/tc308.html>), Amended Returns, available on [IRS.gov](http://www.irs.gov), or

the Instructions to Forms 1040X and 843. Information on where to file your amended returns is available in the instructions to the form.

Future Guidance

Treasury and the IRS intend to issue streamlined procedures for employers who wish to file refund claims for payroll taxes paid on previously-taxed health insurance and fringe benefits provided to same-sex spouses. Treasury and IRS also intend to issue further guidance on cafeteria plans and on how qualified retirement plans and other tax-favored arrangements should treat same-sex spouses for periods before the effective date of this Revenue Ruling.

Other agencies may provide guidance on other federal programs that they administer that are affected by the Code.

Revenue Ruling 2013-17 (<http://www.irs.gov/pub/irs-drop/rr-13-17.pdf>), along with updated Frequently Asked Questions for same-sex couples

(<http://www.irs.gov/uac/Answers-to-Frequently-Asked-Questions-for-Same-Sex-Married-Couples>) and updated FAQs for registered domestic partners and individuals in civil unions (<http://www.irs.gov/uac/Answers-to-Frequently-Asked-Questions-for-Registered-Domestic-Partners-and-Individuals-in-Civil-Unions>), are available today on [IRS.gov](http://www.irs.gov). See also Publication 555 (<http://www.irs.gov/uac/Publication-555>,-Community-Property-1), Community Property.

Treasury and the IRS will begin applying the terms of Revenue Ruling 2013-17 on Sept. 16, 2013, but taxpayers who wish to rely on the terms of the Revenue Ruling for earlier periods may choose to do so, as long as the statute of limitations for the earlier period has not expired.

Corrections to last issue

The picture of Lewis Pavinyama and the Miss Hopi Royalty on Page 6, the Hopi Royalty was misidentified. It should be as follows: L-R: 1st Attendant Lori Honyaoma (not Christine Talayumptewa), Lewis Pavinyama and Miss Hopi Nikki Qumy-intewa.

In the HALF article on Page 6, *HALF Welcomes New Employees with Orientation at New Facility*, LaDora Talasmaynewa is a CNA not a Registered Nurse.

LOCAL NEWS

Images from Elderly Heritage Day in Moencopi



Clockwise from upper left: Moencopi elders take part in the Butterfly Dance along with the youth who were invited to dance for the elders. An elderly couple dancing the Butterfly Dance. Elders enjoying themselves at the Elder Heritage Day in Moencopi.

September is National Suicide Awareness Month

Brenda M. Patterson, B.A.
Prevention Educator
Hopi Guidance Center

Suicide is a topic that is difficult to think about and extremely difficult to discuss. Suicide is an issue we need to talk about and it is a preventable mental health problem. Our Native youth commit suicide more than 3 times the rate of other young Americans, according to federal government figures.

An article written by Stephanie Woodward 100 Reports (2012) wrote that suicide is an epidemic for American Indian youth. Suicide for American Indians and Alaska Native is higher than any other ethnic group in the United States, 70% higher than the rate for the general population of the United States. The hardest hit is our native youth with the highest rate of suicide from ages 10-24, according to 2008 data from Indian Health Services.

Other reports indicate that suicide is the 3rd leading cause of death for young people ages 15-24, and 4th leading cause of death for adults ages 18-65. Data reflects that:

- An estimated 12 attempted suicides occur per every suicide death.
- Every day, approximately 101 Americans take their own life.
- In 2009 there were twice as many suicide, as there were homicides.
- Arizona (2009) data reported 1,060 people died by suicide.

Knowing what we know, it's time to talk about suicide, learn about suicide and put action into prevention of suicide.

What are some of the risk factors of suicide? Poverty, high unemployment rates, alcohol/substance abuse, feeling of helplessness and hopelessness, family history of suicide, family violence, prior attempts of suicide, family history of mental disorders, firearms in the home, incarcerations, trauma(-physical, sexual or emotional abuse), bullying, peer pressure, impulsivity and poor self-control, losses (of a love one, physical, financial), and same-sex sexual orientation.

What cause suicidal thoughts? People may think about suicide because they are feeling great pain, they are having trouble finding solutions for their problems; they may feel they don't deserve the time or effort it would take to get help.

What if you are having suicide thoughts, what can you do?

- Take it seriously just as you would if you were physically having health problems
- Don't go through the crisis alone, talk to a professional who can help
- Talk to others who you choose to trust, that can support you through the crisis, people that wouldn't judge you and will help you seek appropriate careTalk with someone spiritual, a healer
- Avoid alcohol or other drugs

What if a friend talks about suicide, what can you do?

- If the person is in danger, don't leave him or her alone. Call 911 and get help!
- Listen closely and without judgment and

- remain calm
- Acknowledge the pain and confusion
- Connect your friend to professional help
- Tell a professional about the situation even if it means breaking their confidence. SAFETY is a priority!
- Get support and take care of yourself

Warning Signs for suicide?

- Threatening to hurt or kill self
- Looking for ways to kill self
- Seeking access to weapons, pills, or other means
- Talking or writing about death, dying or suicide
- Giving away personal items of value

Additional signs to look for...Rage, anger, seeking revenge, acting reckless without thinking about risky activity, helpless/hopeless no solution and feeling trapped, withdrawing from friends and family, anxiety, agitation, unable to sleep or sleeping all the time, dramatic changes in mood, expresses no reason for living and has no sense of purpose in life.

Protective factors reduce the risk of suicide. Encourage:

- Positive social support
- Is spiritually or culturally connected
- Has a sense of responsibility to family, children in the home, pregnancy
- Positive coping skills, positive problem-solving skills
- Positive relationships

If warning signs are present, start asking questions. Asking doesn't in-

crease their risk.
→ Are you feeling hopeless about the present/future?
IF Yes ... Ask
→ Have you had thoughts about taking your life?
IF Yes ... Ask
→ When did you have these thoughts
→ How do you plan to take your life?

If the answers are YES, * Respond and Assure the person immediate safety.

- Limit access to means of suicide (weapons, medication, etc)
- Refer or ask for help from a professional
- Inform and involve someone close to the person
- Call 911 if necessary.

Suicide is not about numbers, it's about people and the community. Wonderful people with everything ahead of them can contemplate suicide. It's also about the traumatized, loss and grief stricken families and communities left behind. There is hope and things do change. As a Chief of the Co-Salish Tribe once said, "There is an order in life that encircles the man, the woman and the child, everlasting and pure. Silently within the man speaks the love and respect for life. It is echoed in the woman, it is witnessed by the child. This is my heaven, this is my home".

If you are in a crisis and need help right away, call 911 or the 24 hour, Crisis Line 1-877-387-2652

Hopi Behavioral Health
928-737-6300
LISTEN. CARE. HOPE. HEAL

PUBLIC NOTICE
2013 HOPI ELECTIONS UPDATE

The Hopi Election Board will conduct its 1st round of Candidate Petitioners on August 28, 2013, at the Hopi Wellness Center Conference Room, beginning 6:30 pm (MST). The Hopi Election Board has selected three dates for interviews: August 28, September 18 and October 9. All interviews for Candidate Petitioners will be held at the Hopi Wellness Center Conference room beginning at 6:30 pm. Petitions submitted within these time frames will be schedule for the next scheduled interviews.

This interview process will be to certify the Candidate Petitioners who have submitted their petitions for Chairman or Vice Chairman. The petition calls for signatures from ten (10) enrolled Hopi adult members and are verified by the Hopi Tribal Enrollment Department. After signatures have been verified, they are forwarded to the Hopi Elections Office for processing.

Once the Candidate Petitioners have been interviewed, the Board has 24 hours to notify the Candidate Petitioner of their decision. Once the Candidate Petitioners have been Officially Certified by the Hopi Election Board, the Board will announce the Candidate names for the offices for which they have been certified.

October 16, at 5 o'clock p.m. is the deadline for a Petitioner to submit his/her petition. Those who submit their petition on this deadline date will have their interview on the following date at the Hopi Elections Office. Due to the time lines of printing and sending out Absentee Ballots, the Candidate Petitioners submitting on the deadline date; unfortunately, will not have the public interview as those who submitted their petitioners earlier.

Following the deadline date of October 16, the Board will hold a public random drawing of the Candidates names for each position to see where their names will be placed on the ballot. The Candidates and the general public are welcome to come witness this event which will be held at the Hopi Elections Office.

REMINDER: If you are requesting an Absentee Ballot Application, you may call the Hopi Elections Office at 928-734-2507/2508 or email kshupla@hopi.nsn.us or hopielections@hopitelecom.net , or fax your request to 928-734-1257 and give your full name and a correct address.

DEADLINE TO REQUEST ABSENTEE BALLOT:
September 25, 2013 - Primary Election
October 9, 2013 - General Election

UPDATE ON APPROVED POLLING SITES:
Spider Mound Community Center
Kears Canyon Agency - Supply Room
Ponsi Hall
First Mesa Consolidated Community Center
Sipaulovi/Mishungnuvi Community Center
Shungopavi Community Center
Kykotsmovi Community Center
Bacavi Community Center
Upper Moencopi Community Center
Lower Moencopi Community Center
Pending approval:
Hotevilla Community Center

ELECTION DATES:
NOVEMBER 6, 2013 - Primary Election
NOVEMBER 20, 2013 General Election

For more information call Hopi Election Office
1-928-734-2507/2508

Hopi Veteran's Memorial Center
INDOOR / OUTDOOR SWAP MEET
SEPTEMBER 7, 2013
9am-4pm (MST)
Kykotsmovi, AZ Hwy. 264, Mile post 375.5
\$20 a booth (20x12) inside or outside.
\$30 for food booth (10x12) 4 spaces inside only.
\$60 for the concession room.
1 table and two chairs will be provided.
\$5 / extra table & \$1 / extra chair.
All booths are first come first serve with payment.
\$1 Admission - 6 & under free.
For more information call (928) 734-3432
Must have a Hopi Tribe peddlers Permit & Food handlers card for food sales.

FROM AROUND INDIAN COUNTRY
Oglala Sioux Tribe votes to end prohibition

Karin Eagle
Native Sun News

PINE RIDGE-In a recent referendum vote that pulled in more eligible voters than the most recent general council election, the Oglala Sioux Tribe (OST) in South Dakota has voted to end prohibition on the reservation.

Francis Pumpkin Seed,

the election commission chairman, stated that the election officials have confirmed that the voters have overturned the ban on possessing and selling of alcohol on the Pine Ridge Reservation. The vote tally was 1,843 in favor and 1,678 against.

Following a three day challenge period, in which one challenge was filed

and summarily dismissed, the voting results were presented to the OST council for certification and ratification.

The tribe's chief of police, Ron Duke, recently stated that while he did not personally agree with the ban being lifted, he did foresee a reduction of calls for his officers to respond to complaints of intoxicat-

ed people or the presence of alcohol within the reservation borders. These calls, according to Duke, make up the majority of an officer's time, currently.

The OST council has not yet acted on the issue, but is expected to within the next thirty days.

Contact Karin Eagle at staffwriter@nsweekly.com

WALK of HOPE
Suicide Awareness Wellness Walk

Join us in our 2 mile walk to prevent suicide

National Suicide Prevention Week 2013

Suicide Prevention Walk of Hope • 08.09.13 • Polacca AZ

The name "Walk of Hope" embodies the emotion that people can overcome the many issues and obstacles they face in life. The Walk of Hope is an event that represents one's journey—a series of small steps filled with hope and a reminder that no one should walk on this journey alone.

Monday, September 9th
Hopi Health Care Center
Polacca, Arizona
Registration @ 5pm
w/on-site Resource Fair!

SUICIDE PREVENTION LIFELINE 1-800-273-8255

Contact: Audrey Bradley, Mental Health Specialist (928) 526-2968 x136

FROM THE FRONT PAGE

Candidates Share Their Thoughts on Running for Elected Offices

water. In Moencopi there is a radium plume that is endangering their drinking water and towards the east, Second Mesa there is arsenic in the water that we need to take care of. Also, we are involved in the Navajo Generating Station issue.

Q. With the current administration, what do you think is their weaknesses and strengths?

A. I would try to be more involved with the programs and the Directors in identifying possible corrections and some solutions. And also to work with the villages to make sure they are educated on all the issues that we are working on. I was on the task team that worked on the Water Rights Settlement for the Hopi and Navajo and a lot of people were misinformed and had the wrong idea on it. It just needs to be talked about again and again, because it's not going to leave us. It's going to be like this land settlement issue that Hopi went through. Now we're dealing with water.

Q. How would you correct those issues?

A. We have started but I want to make sure that all the programs understand what the Tribal Council is trying to do. We are letting things fall through the cracks and those are the things we really need to monitor all the issues that come up at the tribal level. Right now, there are a lot of issues going on outside the tribal complex. We need to fix our house in order to have a stable government and financial stability there.

Q. What are your thoughts on running for Vice Chairman?

A. I understand the issues and I know why the tribe is trying to do certain things and that gives me a big advantage over someone just coming in. I wouldn't have been able to know this if I hadn't gone through that process first.

Herman G. Honanie

Current Vice Chairman, Herman G. Honanie was the only candidate for the Hopi Chairman. Vice Chairman Honanie, 60 is from the village of Kykotsmovi and is Pipwungwa. He has lived on the reservation for most of his life except to go to school. Vice Chairman Honanie is a graduate from the University of Arizona with a degree in Political Science. Honanie is happily married with three adult children and eight grandkids. He tries to stay active and his hobbies include many things which keep him active; such as jogging and walking. Every now and then he enjoys riding his Harley. He is active in ranching, farming and takes pride in participating in his Hopi culture and traditions. He credits his family for being his big supporters and his inspirations.

Q. What is your platform?

A. It will be the overall tribal government functions. I know we have a lot of challenges before us. We have various issues that are of great need that need to be resolved; such as the audits and the financial picture. We have various audits such as lack of housing for people across the reservation and overall as far as government is concerned, four years ago I said that we need to

have a very efficient and responsive government. We still haven't gotten to that level and I'd like to be able to press that point amongst our people. From the Chairman on down, I'm going to take the position that we are servants of the people and we need to be able to do what we can to perform at the best level that we can. We need to be really effective efficient services to the people. There's a lot of work that needs to be done; policies and procedures that need to be updated and made contemporary. I want to concentrate on building up the tribal government. This is going to take a team to fix these issues, not just me. I'd like to assemble a team similar to what was used back in the day, an executive level management team. I thought that was one way to assemble key officials within the tribal organization and have them be able to come together to look at as many issues as possible to be able to lay a path of direction.

Q. What are your thoughts on financial issues facing the Tribe?

A. The financial issues are of a great pressing need; for example the audit that needs to be done. We need to get our financial office into shape and we need key people who can be very assertive and aggressive, but effective and skilled people there. We need to consider or to know that we can invest in our people to be able to operate at that professional level, because finance is the backbone of any organization. It's going to take council and everyone else to really make that initial



Hopi Election Board Members, (L-R) Colleen Seletstewa, Kristopher Holmes, Marlene Sekaquaptewa and Oran Selestewa.

investment to be able to secure competent quality people to able to function effectively.

Q. What do you feel are the strengths and weaknesses of the current administration?

A. One of the things we've been blamed for is the lack of transparency and granted there we have gaps in communication and we have the tendency to not follow through, simply because we feel like we're treading on someone else's territory. We need to get beyond that.

Q. How would you correct those issues?

A. As Chairman, I certainly want to be able to take the stance to have everybody work together. I want to be a part of the discussions and part of the solutions as best as I can. I feel that we don't have that close contact and effective communication from the Chairman on down to the department heads. We all need to interact but we also need to come together at a medium point so we understand what our roles are and what we need to accomplish.

Q. What are your thoughts on running for Chairman?

A. I feel confident in myself and I believe I have to because I would be

taking a different stance. I feel that I have learned enough to be able to apply my experience to applaud my knowledge. I feel that I have the ability to effectively talk to people, especially the community, and I have a huge respect for the people and the communities. I'd like to be able to continue using them as an advisory board.

Running for Chairman is based on a lot of these things. This has been a personal goal of mine to at least seek this office and if I'm able to get in, great; if not, then I'll accept that. I'll be happy that I did make an attempt.

After the executive session, all three candidates were given a Certification of Candidate Petitioners. Candidates have until Oct. 16 to turn in their complete application to the Hopi Elections Office.

"The next interviews are scheduled for Sept. 18 and Oct. 09 for the public and the last interview is scheduled for Oct. 17 will be for those who are submitting their petition on the deadline date of Oct. 16," said Karen Shupla, Hopi Tribal Registrar.

During the interview process, candidates will be asked to prove age, membership, residency and fluency in the Hopi language.

The interview questions will be asked in Hopi and candidates must respond in Hopi.

"We decided that from the beginning, whether it's going to be done in English or Hopi. We would like to have it in Hopi because we want to see how fluent they are. If they start talking in Hopi and then back to English; English more than Hopi. That's how we base their fluency," said Qotswisiwma.

For everyone on the Election Board, this is their first year and this is a new experience for them. Qotswisiwma mentioned that it was a bit frightening, but they have to do their job. Two of the Election Board members have worked at the Polls at one time.

The Election Board Members are:

- Clyde Qotswisiwma, Chairman – Shungopavi
- Colleen Seletstewa, Vice Chairman – Mishungnovi
- Kristopher Holmes, Member – Shungopavi
- Mary Ann Tenakhongva, Member – Hotevilla
- Marlene Sekaquaptewa, Member – Bacavi
- Elgean Joshevama, Alternate Member – Oraibi
- Oran Selestewa, Alternate Member – Hotevilla

Hopi Royalty Introduced before Hopi Tribal Council

are Rayma and Todd Honyaoma Sr. 1st Attendant Honyaoma plans on bringing awareness and knowledge on Special Needs by hosting presentations and events that will promote her cause on supporting people with special needs and she would like to also teach the importance of keeping the Hopi traditions alive.

She chose special needs as her main focus because

a couple of family members have special needs and she sees how they are not recognized. It is her focus to help people with special needs be recognized and hold events in their honor.

"I believe people with special needs are human and should be recognized as any other person," said Honyaoma. "I also want to encourage them to be active and to let them know

we are here to help them; they are not alone."

Honyaoma also hopes to include cultural teachings and traditions as a part of her platform. She would like for the Hopi people to recognize their language and traditions.

"Not many girls want to take part or speak the language because they are scared of what people will say or judge them. I was one of those people was scared to speak my language because I didn't speak it fluently," said Honyaoma.

Honyaoma's educational goal is to attend Everest College during the winter session. She would like to become a Pediatrician or a Medical Examiner, she is undecided.

Both Qumyintewa and Honyaoma will support each other in their platforms and host events together. They are looking

forward to visiting other Arizona tribes and learning their cultures and languages. They will also do a lot of fundraising to support their events and for travelling expenses.

Shawn Namokie, Miss Hopi Committee Vice Chairman will take of their scheduling and appearances so that they are not overwhelmed and trying to manage their time.

The Miss Hopi Committee does a lot of fundraising and soliciting for donations from individuals, organizations and businesses. They currently self-identify as a non-profit organization.

"Basically, the role of the Miss Hopi Committee is to promote these girls as good will ambassadors for the Hopi people by promoting the Hopi culture, language and traditional values of a young Hopi woman," said Onsae.



Miss Hopi Nikki Qumyintewa and 1st Attendant Lori Honyoma were introduced before council. Council members gave them words of encouragement as they carry out their duties as Miss Hopi Royalty.

Explore Hopi website launched

HTEDC

Explore Hopi has a brand new website (ExploreHopi.com), just launched to serve visitors to Hopi and other tourism attractions of the Hopi Tribe Economic Development Corporation (HTEDC).

"By launching our online presence, visitors will now have a single source that will help them plan their trip to Hopi," said Kevin Lombardo, CEO of HTEDC. "In addition, some of the best Hopi art will be available very soon for sale through this portal."

Explore Hopi is an invitation to visitors to tour Hopi lands. Explore Hopi's tour operators provide custom tours to highlight art, petroglyphs & Hopi villages. ExploreHopi.com is an official, HTEDC-owned resource highlighting the tradition & culture plus history of the Hopi people. Each of several Explore Hopi tour packages also includes the Explore Hopi dinner in the Hopi Cultural Center Restaurant, where visitors are served traditional foods, in the way they were intended, family-style.

"Hu'vaam Yee'se, wel-

come to Explore Hopi!," said Clarice Tafoya, Explore Hopi Director. "Explore Hopi is a link to the past by maintaining cultural traditions while experiencing a modern Hopi lifestyle."

Explore Hopi and a main feature of its new website, ExploreHopi.com, is the offering of authentic, outstanding variety for visitors to experience the Southwest. Explore Hopi invites visitors to stay at Days Inn Kokopelli in Sedona, to refuel with a cultural break from a Southwest journey at the Hopi Travel Plaza in Holbrook and to base a visit

to the Hopi center of the universe at the Hopi Cultural Center Restaurant & Inn on Second Mesa. The Days Inn Kokopelli, Hopi Travel Plaza and Hopi Cultural Center Restaurant & Inn are all owned and managed by the Hopi Tribe Economic Development Corporation on behalf of the Hopi Tribe.

"Bringing together all of the offerings of Hopi, the HTEDC and our properties will allow folks the chance to experience Hopi arts, culture and history by taking a trip back in time while enjoying the Hopi hospitality of today," said Lombardo.

The Moccasin Makers

505-869-1125

KYLE AND JUDY COOK

990 Sandra Lane

Bosque Farm, NM 87068

(south of Albuquerque)

Handmade Moccasins • Colorful Flowered Shawls

Black, Red and White Capes • Black Mantas any size

Kilts • Sashes • Buckskin

"Just like Grandpa Used to Make"

We will ship

Hopi Astronomy Word Search

Naanatupkom	Naatupkom	Sookuyapi	Muuyaw
Muytala	puhumuyaw	Soongwuqa	Tsootsoqam
Talaso	taala	Taalawtumsi	taalawva
taawa	Tuwapongtumsi	sootala	suswupatawa
tunatyawtaqa	taavi	masimhi	sikyangwnu

Astronomy - 2

SPORTS

Hopi Varsity Bruins Football wins over Rough Rock Sun Devils



Bruins Varisty Football team gets hyped up before kickoff. Bruins kicked off and the Sun Devils received.



Clayton Howard, #51, breaks through the offensive line as he tries to tackle the Sun Devils quarterback.



Darius Harvey, #25, runs the ball to the end zone for the Bruins first touchdown.

Crystal Dee
Hopi Tutuveni

The Hopi High School is back in session now and that means all fall sports are in full swing. The Hopi High School football team had their first game on Fri., Aug. 23 at the Bruin Stadium against Rough Rock. In the first quarter, Darius Harvey, Running Back for the Hopi Bruins scored the first touchdown as Blake Sekaquaptewa, Running Back and all-state player scored the two point conversion making the score eight and zero. Sekaquaptewa continued to make a majority of the touchdowns with the help of his teammates;

Charles Youvella and Matt Honyaktewa, making the final score 70 to 0. “With this group of kids, I have had them for four years and I have high expectations for this group. Our ultimate goal is the state playoffs, which hasn’t been done in forever,” said Coach Saban. “I’d like to give credit to Rough Rock for coming out and playing hard, a lot of good kids. We played sloppy; we made a lot of mistakes and penalties which we will correct next week.” Coach Saban was happy with the overall performance of his players and team effort, but feels that

they need to improve on some things. Players to look out for is Sekaquaptewa who is important offensively; Matt Honyaktewa who is coming off as a former lineman to a quarterback; and Darius Harvey, line back and running back who played very well after coming off an ACL tear; Charles Youvella, receiver and Clayton Howard, lineman. The Hopi Bruins played Greyhills on Fri. Aug. 30, in Tuba City and came away with a win which puts their record at 2-0. Next game will be against the Ganado Hornets at the Hopi Bruin Stadium.

Hopi Runners Participate in Zuni Relays



Left to Right: Patty Castillo, Bucky Preston and Kristen Schrag raced in the Zuni Reservation Relays

Kristen Schrag

On August 10, Bucky Preston of First Mesa, Patty Castillo of Second Mesa, and Kristen Schrag of Third Mesa, hopped in a truck, and headed to Zuni. The three represented Hopi in the Reservation Relays, part of the 31st Annual Fitness Series put on by the Zuni Wellness Center. The race was a 15 mile 3 person relay with

coed, women’s, and men’s divisions. There was a good turnout that morning with 21 relay teams registered, many of which were made up of Zuni high school cross country team members, college students, and other very talented athletes. With good competition, beautiful trails, and cool weather, it was a great atmosphere for running. “Team Hopi” ran very well with a time

of 2 hours and 10 minutes, and placed 1st in the coed division, winning beautiful mugs with hand drawn designs by one of the high school runners. After the race, the team was hosted by the Albert family who was very welcoming and fed them well! It was a great trip and the team hopes to go back to Zuni to represent Hopi again!

LEGAL NOTICE

In the Hopi Tribal Court, Keams Canyon, Arizona

In the Matter of the Change of Name of: Donna Youyetewa to Donna Lee Adams

Case No. 2013-CV-0127, NOTICE OF PUBLICATION OF CHANGE OF NAME.

Notice is hereby given that Donna Youyetewa has petitioned the court for the change of name from: Donna Youyetewa to Donna Lee Adams. Any party seeking to intervene in said proceeding must file an appropriate pleading with the Hopi Tribal Court no later than twenty (20) days after the publication of this notice.

Dated: August 12, 2013

/s/ Belena Harvey, Clerk of the Court

In the Hopi Tribal Court, Keams Canyon, Arizona

In Re the Petition of: Robert Suqnevahya, Hopi C#1609-469, Petitioner, AND Muriel Numkena, Hopi C#1609-003, Date of Death: 04/04/2013, Decedent, and Concerning: Sunbeam Love Suqnevahya, Hopi C#1609-4882, Minor Child.

Case No. 2013-CV-0126, 20-DAY CIVIL SUMMONS

SERVICE BY PUBLICATION TO: ANY INTERESTED PERSON(S)

1. A Petition/Complaint has been filed in this Court demanding for: *Validation of Hopi Traditional Marriage and to Establish Legal Parentage*

and Custody of a Minor Child. A copy is available with the Clerk of the Court.

2. You have TWENTY (20) CALENDAR DAYS from the 1st publication to file a written Answer/Response, if you want to deny the claim and have the Court hear your side of the case.

3. You can prepare a written Answer/Response on your own or you can hire an attorney or legal advocate to help prepare an answer for you.

4. Your Answer/Response must be filed with the Office of the Clerk of the Hopi Tribal Court, Post Office Box 156, Keams Canyon, Arizona 86034 and a copy of your Answer/Response mailed to the Petitioner’s legal counsel, Darlene Lucario-Nuvamsa, DNA-People’s Legal Services, Inc., P.O. Box 558, Keams Canyon, Arizona 86034.

5. If you do nothing, the Court may give judgment for what the petition demands.

Dated: 8/12/2013

/s/ Martina Honie, Clerk of the Hopi Tribal Court

In the Hopi Tribal Court, Keams Canyon, Arizona

In the Petition of: Creighton Mitchell Tallas, Petitioner, VS. Brittney Agnes Ownspipe Silas, Respondent.

Case No. 2013-CV-0093, NOTICE OF ENTRY OF DEFAULT

SERVICE BY PUBLICATION TO: Brittney

A. O. Silas, Tuba City, Arizona 86045

GREETINGS: You are hereby notified that a Motion for Entry of Default on petitioner’s complaint is filed by the petitioner in this Court.

You are notified that, unless you serve and file a responsive pleading or motion, the Court shall award to petitioner the relief demanded in the complaint. A copy of the responsive pleading or motion should be served to the petitioner at:

Alene Garcia, P.O. Box 1427, Tuba City, Arizona 86045

Dated: 8/6/2013

/s/ Martina Honie, Clerk of the Hopi Tribal Court

In the Hopi Tribal Court, Keams Canyon, Arizona

In the Matter of the Change of Name of: Not Named Talahytewa to Cordell Lee Talahytewa

Case No. 2013-CV-0069, NOTICE OF PUBLICATION OF CHANGE OF NAME.

Notice is hereby given that Bernice Talahytewa has petitioned the court for the change of name from: Not Named Talahytewa to Cordell Lee Talahytewa. Any party seeking to intervene in said proceeding must file an appropriate pleading with the Hopi Tribal Court no later than twenty (20) days after the publication of this notice.

Dated: April 23, 2013

/s/ Margene Namoki, Clerk of the Court

HOPI HIGH SCHOOL 2013 ATHLETIC SCHEDULE			
Schedules subject to change at any time			
FOOTBALL			
Date	Opponent	Place	Time
8/23	Rough Rock	Home	7 pm
8/30	Greyhills	Away	6 pm
9/6	Ganado	Home	7 pm
9/13	Valley-Sanders	Away	6 pm
9/20	Pinon	Home	7 pm
10/4	Rough Rock	Away	6 pm
10/11	Many Farms (Homecoming)	Home	7 pm
10/18	Tuba City (Sr. Night)	Home	7 pm
10/25	Red Mesa	Away	6 pm
11/1	Rock Point	Away	6 pm
11/8	*1 st Round State Tourney	High Seed	TBA
*if qualify			
VOLLEYBALL			
Date	Opponent	Place	Time
8/30	Scrimmage	Holbrook	4pm
9/3	Greyhills	Home	4&5
9/12	Tuba City (DH)	Away	3,5&6
9/14	Page Tourney	Away	TBA
9/17	Rough Rock (DH)	Home	4&5
9/26	Page	Home	5&6
10/1	Holbrook	Away	5:30&6:30
10/3	Winslow	Away	3:30,4:30,5:30
10/8	Pinon	Away	4&5
10/10	Valley (DH)	Home	3,4,&5
10/11-10/12	Joseph City Tourney	Away	TBA
10/15	Ganado	Away	3:30&4:30
10/17	Greyhills	Away	4&5
10/23	Many Farms (DH)	Home	3,4,&5
10/24	Alchesay	Away	4&5
10/29	Round Valley	Home	4&5
CROSS COUNTRY			
Date	Meet	Place	Time
9/3	Hopi Invitational	HOME	3:00
9/7	Peaks Invitational	Flagstaff	8:00
9/14	Ray Wherley Invitational	Prescott	TBA
9/21	4 Corners Invitational	Flagstaff	TBA
9/25	Dave Conatser Invitational Winslow		TBA
9/28	Doug Conley Invitational	Tempe	TBA
10/4	Twilight Invitational	Queen Creek	TBA
10/12	Bud Davis Invitational	Tuba City	TBA
10/18	Bruin Invitational	HOME	9:00
10/25	Holbrook Invitational	Holbrook	TBA
11/2	Sectional Meet	Holbrook	TBA
11/9	State Meet	Phoenix	TBA
CHESS			
Date	Meet	Location	Time
9/6-9/7	State Team Invite	Blue Ridge H.S.	TBA
9/13-9/14	Regional Team Tourney	Tuba City H.S.	TBA
9/20-9/21	State Individual Invite	Barry Goldwater H.S.	TBA
9/27-9/28	Regional Team Tourney	Hopi H.S.	TBA
10/4-10/5	Regional Team Tourney	Alchesay H.S.	TBA
10/11-10/12	Regional Team Tourney	Kingman H.S.	TBA
10/25-10/26	Regional Qualifier	Holbrook H.S.	TBA
11/1-11/2	State Team Tourney	Catalina Foothills H.S.	TBA
11/15/13	Individual State Tourney	Tempe H.S.	TBA

COUNCIL HAPPENINGS

Hopi Tribal Council - Third Quarter Session, June 2013

HTC hears concerns about Gold Medals for Hopi Code Talkers, Tribal Issues and the Tohono O’odham Land Settlement

Louella Nahsonhoya
Hopi Tutuveni

ACTION ITEMS:

Action Item #066-2013- To rescind Resolution H-004-2008, which calls for the NCAI to advocate for gold medals for each Hopi Code Talker (Author: Vice Chairman Honanie).

During WWII, ten Hopi servicemen were recruited to devise a secret code utilizing the Hopi language. Upon learning of these men’s service to the Country, the Hopi Tribe embarked on an effort to have these ten Code Talkers be awarded Gold medals for their heroic duties. The Tribal Council approved Resolution H-004-2008 to have the National Congress of American Indians (NCAI) advocate for gold medals for each Hopi Code Talker and/or surviving family members. In 2008, the US Congress passed legislation that unilaterally applied to all tribes, whereby each tribe with Code Talkers will receive one gold medal for each Code Talker and a silver medal will be awarded to the code talker or family member. Families were informed of this legislation and discussed their options and responses. The families agreed to accept the silver medals “under protest”, and have participated in tribal designs of the minted medals. The Tribal Council by a vote of 15 in favor, 3 opposed and 0 abstaining approved rescinding Resolution H-004-2008 which directs NCAI to advocate for gold medals for Hopi Code Talkers and/or their surviving family members and the Hopi Tribe expresses its options to further recognize and eventually award a gold medal to the Code Talkers or family members.

Action Item #067-2013- To authorize the use of electronic balloting as an alternative means of balloting for the 2013 Hopi Tribal Primary and General Election (Author: Clyde Qötsisiwma)

The constitution and By-Laws of the Hopi Tribe and Hopi Ordinance 34 (Election Ordinance) govern the process by which Hopi Tribal elections are conducted. Section 9(3) Part C1 of Ordinance 34 – Election Materials, Alternative Forms of Balloting, authorizes the Election Board to use an alternative mechanical, electrical or digital balloting process in lieu of the form of ballot specified in Ordinance 34. Part C3 of the same section, requires the Hopi

Tribal Council, at least sixty days prior to the election, to approve or disapprove the alternative form of balloting chosen by the Election Board. The Election Board is recommending an electronic balloting system be used for the 2013 Hopi Primary and General Elections. The electronic voting service will be provided by Automated Election Services. The Hopi Election Board has used the services of this firm before and they have satisfactorily met the requirements for the alternative forms of balloting per Ordinance 34, Section 9(3) Election Materials. The Tribal Council by a vote of 15 Yes, 2 No, 0 Abstaining, approved Resolution H-066-2013 authorizing Electronic Balloting as the alternative form of balloting for the Hopi Tribal Primary and General Elections and authorizes the Chairman to sign the authorized contract with Automated Election Services, Rio Rancho, New Mexico.

REPORTS:

Tribal Issues- Cedric Kuwaninvaya, Council Representative, Village of Sipaulovi, appeared before the Tribal Council to address issues and concerns regarding Tribal Programs, Services and Communication issues among tribal employees and tribal leadership. Councilman Kuwaninvaya said issues started when the Hopi Tribe did not have Chairman and Vice Chairman leadership and has continued to grow. Issues and concerns were never addressed and are still active today. Kuwaninvaya said he has been approached by several tribal employees and is speaking on their behalf. Kuwaninvaya informed Council and tribal employees who were present at the meeting that he wanted Council to review the List and asked Council for their opinions, feedback and support for tribal employees. With a full Agenda, time only allowed for Grants & Contracts to be covered.

1.Grants & Contracts – Department Staff are knowledgeable to carry out requirements of grants & contracts, but sometimes there are political influences. Council expressed a concern about Programs receiving grants and contracts regarding Reports and Draw Downs. A councilman stated that either the Programs are not familiar with the terms and stipulations of their grants

and contracts, or they are misinformed. A question was raised on whose responsibility it is to oversee and monitor the contracts and who is paying attention to the language. Is it the responsibility of the G & C Department or is it the responsibility of the Programs receiving the funds. Most grants & contracts are reviewed by Tribal Council who also approve the contracts. Due to poor reporting and no draw down of funds, the Hopi Tribe has been using its own general funds to cover costs of program services, which should be covered by grant funds. Reporting is critical as well as drawing down the funds which Tribal programs have been approved for. The lack of tribal audits on federal/state funds has put the Tribe on watch by the federal government. Audits must be up to date and completed. Because of the lack of audits, the Tribe was put on sanction by the federal government, making it difficult for programs who rely on grants and contracts to apply for federal funding. Donovan Gomez was hired as Executive Director who also has the responsibility “to review all these things and insulate tribal programs from political influences.” Mr. Gomez has not yet provided Council with an update report. Another area of concern was the amount of vehicles owned by the Tribe. The Tribe has an excess of vehicles but are not willing to share their vehicles with other tribal programs. The Council encouraged all tribal Departments and Programs to start working and communicating with each other. They also encouraged programs to communicate with Mr. Gomez who has the primary responsibility of working with the Departments to help resolve issues.

- 2.Audits
- 3.Health Care Center
- 4.General Counsel
- 5.Finance Department
- 6.Treasurer’s Office
- 7.Human Resources
- 8.Building Code
- 9.Village/Council relationship
- 10.Tax Code
- 11.Revenue Generating projects

Hopi Assisted Living Facility (HALF)- Executive Director Mary Navanick and some members of the HALF Board (Lorna Quamahongnewa, Marlene Sekaquaptewa, Bruce Talawyma and Florence George) provided the Hopi



Councilman from the Village of Sipaulovi, Cedric Kuwaninvaya, addressed issues and concerns he had regarding Grants and Contracts at the Aug. 27th HTC meeting.

Tribal Council with a brief history leading to the reality of the Hopi Assisted Living Facility. The Team also updated the Council on the current status of the facility.

After many years of hard work on what started out as a dream by Hopi elders to see a Home built for their Hopi elders residing in Nursing Homes off the reservation, an Open House celebration was held in Moenkopi on Jan. 16, dedicating the facility to all Hopi Elders.

The HALF Board was formally established in Sept. 2008 by a Tribal Council Resolution. With Linda Honahni leading the team as Chairperson, work began shortly after with the Team facing many challenges and obstacles, including: finding land, feasibility studies and seeking funding, etc, to name a few.

Since the facility is considered a private facility, the Board applied for a 501C3 about a year ago and is currently awaiting approval. As a private facility, the Board is working with the Arizona Department of Health Services and AHCCS to ensure all paperwork and protocols have been followed and completed to allow the Facility to be an AHCCS provider and accept payments for Resident stay from AHCCS, Medicare and Medicaid and to help run the facility. The Facility is currently awaiting licensure.

Inventories of the facility have been complete and staffing positions have been filled. Positions include: Executive Director, Cook, Residential Aides, Administrative Assistant, Registered Nurse, CNA and Maintenance worker.

The facility is complete and currently awaiting state inspections, with a target of September or October. Staff are eager to receive their first 5 clients, who will be brought back home from off-reservation Nursing Homes to reside in their own Hopi Assisted Living Facility in Moenkopi.

The Assisted Living Facility is not a skilled nursing home, but an assisted living facility where elders are still able to get around with assistance. Residents will receive personal care, recreation activities, all meals and will receive care 24/7.

OTHER:

Tohono O’odham Nation Chairman Ned Norris, Jr. provided a slide presentation of the Tohono O’odham (T.O) Nation’s Land Settlement Act and the history and current status of T.O’s land issues and economic development initiatives; including the purchase of lands in the Glendale area on which T.O. plans to build a Casino.

In his presentation, Chairman Norris informed the Hopi Council that in 1986, Congress authorized the T.O. Nation and DOI to settle the land and water rights claims against the federal government. In return T.O. gave up 9,880 acres of its Reservation. The Government in return authorized them to purchase new land anywhere in Pima, Pinal or Maricopa Counties. This Lands Replacement Act mandated “eligible lands be taken into trust”, be “suitable for sustained economic use which is not principally farming” and “shall be deemed to be a Federal Indian Reservation for all purposes.”

After that, T.O. purchased unincorporated lands in Maricopa County at 95th and Northern Avenues in Glendale, AZ and filed trust application in 2009. Since that time several lawsuits have been filed against T.O. by the City of Glendale, the Gila River Indian Community and the Salt River Pima-Maricopa Indian Community, challenging the right to conduct gaming on the property. T.O. has won all the lawsuits, with all Courts, including the Federal court, ruling in their favor.

Chairman Norris, Jr. said after they lost in all Courts, they tried to change the Law through HR1410, a bill introduced by Congressman Trent Franks. Chairman Norris said this bill will “unilaterally amend PL 99-503 to deprive the T.O.Nation of its rights to gaming on land taken into trust in arbitrarily defined “Phoenix metropolitan area”. The bill also said “Tribes face less regulation and pay no state or federal taxes”, which the Hopi Council did not agree with.

Chairman Norris said the Franks Bill sets a dangerous precedent in which it “negatively affects all tribes, especially tribes with land or water rights settlements.” If the Trent Franks Bill HR1410 is passed, it would make it more difficult for other tribes to settle their water rights with the federal government and would set other dangerous precedence; i.e., “if the Government can change the terms of certain agreements after

the fact, then what?” Salt River Pima-Maricopa President Diane Enos, accompanied by two SRP-MC Council Members and their Attorneys, informed the Hopi Tribal Council on issues surrounding the Tohono O’odham’s plans to build a Casino in the Phoenix Metropolitan area in Glendale, AZ and why the Salt River Pima-Maricopa Community opposes the development.

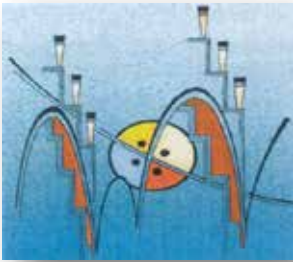
In her presentation to the Hopi Council, President Enos informed Hopi that all southern Tribes and the 17 Tribe Coalition negotiated and signed an Agreement in Principle, in which southern Tribes agreed to keep gaming out of the cities. Enos said “in the 1990’s compact, the Tohono O’odam Tribe said they would build their casino only in the rural and Tucson area.”

According to Enos, in 2009 President Ned Norris, Jr. called a meeting with all southern Arizona Tribes and shared diagrams of the proposed Casino they planned to build in Glendale. Enos said this information was very hurtful, especially because T.O. already had intentions of building the Casino when they signed the Principle in Agreement. Enos said this is especially hurtful, because the two Tribes are relatives and speak the same language. “This is painful what they did”, said Enos. “This goes against their promise to take gaming off the Reservation.

Enos explained that Congressman Trent Franks introduced HR 1440 Keeping the Promise Act as a solution to keep gaming out of cities and to protect the interests of all tribes in Arizona. A member of the Hopi Tribal Council asked if the proposed Casino would have an impact on the Salt River Pima-Maricopa Tribe, if it was built in Glendale. Enos replied it would, but not to the extent it would have on Gila River and Akchin. President Enos said it would affect Salt River-Pima adversely and therefore, they will have to oppose the building of a new casino in Glendale by the Tohono O’odam Nation.

President Enos told the Hopi Tribal Council that she was not here to sway the Hopi Tribe in any way or to gain Hopi’s support, but wants them to know that T.O. previously agreed not to build a Casino in the City, and by building a casino in Glendale will adversely impact the Valley Tribes.

The Hopi Council listened to Leaders of both Tribes present their issues and oppositions on building a new Casino in Glendale, Arizona and how it might affect other Tribes in Arizona, including the Hopi Tribe. Hopi Council members expressed their past experiences and failures by the federal government to keep its promises to Native American Tribes. The Hopi Tribe opposes the Trent Franks Bill HR 1410/2938.



Hopi Health Care Center



September is Suicide Prevention Month

Suicide is a troubling topic that most of us would rather not deal with. However, suicide is a frightening reality and it is more common than we would like to think. By reaching out we will discover that there is help and that anyone who has thoughts of is not alone. By learning about the warning signs, talking about the unthinkable, connecting with family, friends and our culture we may be able to prevent suicide.

Arizona ranks 9th in the nation in its rate of suicide deaths; the rate of suicide among Native American youth ages 15 to 24, is the highest of any racial or age group in the United States (Centers for Disease Control and Prevention [CDC], 2008). Suicide is the 2nd leading cause of death for Native Americans between the ages of 10 to 34 (CDC 2005). Native American youth have an average suicide rate that is 2.2 times higher than the national average of their adolescent peers of other races (CDC 2005).

Should you or someone you know need immediate assistance please call the local police department or your local behavioral health program.

If you need someone to talk to, call the National Suicide Prevention Lifeline at 1-800-273-TALK (8255).

This message is brought to you by your friends from the **Hopi Health Care Center Nursing Department and the Hopi Health Care Center.**

As a community we CAN make a difference!

CALENDAR

SEPTEMBER 2013:

September is Suicide Prevention Month. For assistance or more information contact your local Police Department or Behavioral Health Program or if you need someone to talk to contact the National Suicide Program at 1-800-273-8255

Public Benefit Outreach Project State Health Insurance Assistance Program Trainings on September 3, 4, and 5th 2013 at the Hopi Tribe conference room. The FREE 4-day informational trainings cover the basics of Medicare, Arizona Health Care Cost Containment System (AHCCCS), Social Security and other Benefits for potential Volunteers. For more information contact Stephanie Barehand at (928) 734-3552.

Freedom in Sobriety Hopi Land Campout on September 6, 7, and 8th 2013 at the 5-Houses Campsite in Polacca. For more information contact (928) 737-0011

Indoor/Outdoor Swap Meet, Saturday, September 7, 2013 from 9 am to 4 pm at the Hopi Veterans Memorial Center, Kykotsmovi, AZ off SR 264, MP 375.5. For more information contact (928) 734-3432

Hopi 3 Canyon Ranches 2013 Bull Lease Program will be picking up lease bulls on Saturday, September 07, 2013. Please have your bull at 2nd Mesa Cattlemen's Corral by 9 am. Any questions contact (928) 587-5571 or email pbrowning@h3cr.com

Hopi Cancer Assistance Fund "Climb the Mesa to Conquer Cancer" walk/run event, September 8, 2013, Registration/Sign-in from 6 7 am (MST) at the Hopi Cultural Center. This event is to raise funds to assist cancer patients with some of their essential needs as they undergo treatment off the reservation. For more information contact the Hopi Cancer Support Services (928) 734-1150/1151 or 1152.

Walk of Hopi Suicide Awareness Wellness Walk September 9, 2013 at the Hopi Health Care Center in Polacca. Reach Ur Life in their 2-mile walk to prevent suicide. For more information contact Audrey Bradley at (928) 526-2968

Hopi Office of Special Needs 18th Annual Special Needs Activity Day on September 10, 2013

at the Hopi Veterans Memorial Center from 9 am to 3 pm. This is annual event to promote disability awareness and education in our community. For information contact (928) 734-3418

2nd 9-11 Veterans Forum, Wednesday, September 11, 2013 hosted by American Legion Post 3, 204 W. Birch Ave., Flagstaff. For more information contact Bob Reyes at (928) 773-0084 or John Davison at (928) 220-1288

Az. Department of Veterans' Services Visit on Thursday, September 12, 2013 from 9 am to 1 pm at the Hopi Guidance Center (Toreva) in Second Mesa. Benefits Officer will be offering counseling and assistance to apply for Veterans Affairs Benefits. To schedule an appointment call Hopi Veterans Services at (928) 737-1834/1836

Hopi Guidance Center Outreach Event Friday, September 13, 2013, 10 am to 1 pm (MST) at Upper Moenkopi Community Center. Come learn more about program services. For information contact (928) 737-2685 or (928) 737-1836

U.S. Department of Veteran Affairs Southwest Region Benefits Summit on September 16, 2013 – Noon to 5 pm and September 17, 2013 – 8 am to 4 pm at the Courtyard Marriott Scottsdale Salt River. For more information contact Lora Homana Pawiki at (928) 776-5306 or email at Lora.pawiki@va.gov

Moenkopi Senior Center 6th Annual Senior Field Day Games & Chair Volley Ball Tournament on September 18th & 19th 2013. For more information contact (928) 283-8025.

7th Annual Gathering of American Indian Veterans in Southern Arizona on Sunday, September 22, 2013 from 11 am to 3 pm at the Casino Del Sol Conference Center, 5655 W. Valencia Rd., Tucson. This is an opportunity for Native Veterans to learn about their benefits. For more information contact Phyllis Spear, RN at (520) 343-4452

OCTOBER 2013:

Taawaki Trail Run, Sunday – October 06, 2013 at the Hopi Veterans Memorial Center. For more information contact (928) 734-3432

3rd Annual Event Honoring Arizona Vietnam

Veterans on October 5, 2013 at 5:30 pm at Scottsdale Plaza Resort, 7200 N. Scottsdale in Scottsdale. This event is to thank and honor veterans who served in the Vietnam War, including personnel who were held as prisoners of war or listed as missing in action, for their service and sacrifice on behalf of the United States and thank and honor the families of the veterans. For information contact (520) 868-6777

MISCELLANEOUS

Hopi Deer and Elk Hunt Left over Permits Availability, beginning August 29, 2013 at 9 am, first come first serve availability. For more information contact (928) 734-3605/3606/3604

Village Presentations of Proposed Hopi Animal Control Ordinance. Deadline for comments is September 30, 2013, for more information and schedules contact (928) 734-3403

Firewood at Hart Prairie Preserve available, for more information contact Neil Chapman at (928) 774-8892 or (303) 817-6285.

Great Salt Lake Brine Shrimp Co-op Inc., are recruiting workers for Brine Shrimp Harvesters to work from October thru January on the shores of the Great Salt Lake. For more information contact the Hopi Tribe Human Resource Office at (928) 734-3212 or contact (801) 622-0111 or email www.gsli.us

Southwest Autism Research & Resource Center (SARRC) professional development and continued education. SARRC provides a certificate of attendance for hours, for upcoming training schedules for July through September, 2013. For information & schedules contact Sheri S. Dollin, M.Ed., at (480) 603-3284 or email at trainings@autisimcenter.org

Opportunity to apply for a Mule Deer Hunt on the Kaibab Band of Paiute Indian Reservation for enrolled Native American members. Please contact Mr. Danny Bullets Jr., Director at (928) 643-8305 **Group Fitness Classes @ Hopi Fitness Center** For monthly schedule call (928) 734-3432

Need help with Child Care Costs? Hopi Child Care Program can assist. For more information contact (928) 734-1002

FOR YOUR HEALTH A Proud Milestone for the 100 Mile Club

By Jessica Quamahongnewa
Hopi Special Diabetes Program

The 21st Annual 100 Mile Club run/walk program has closed, and while we await the total number of participants that completed this 16 week challenge; we thank the Hopi/Tewa communities that have allowed this wonderful program to be brought closer to home, making the 100 Mile Club a fun time to socialize with family, friends and working out with others to keep everyone motivated. Exercise is one of the easiest and most effective ways of improving your physical and mental health, as well as lowering your risks for serious health problems that is affecting the young and aging populations today.

We know for a fact that despite all the life changing benefits, many of us still think of exercise as a chore, either something that we don't have time for, or something that's only suitable for the young and athletic. Overcoming obstacles to exercise starts with separating facts from fiction.

Why we don't exercise?

• "I don't have enough time to exercise."

Even short, low-impact intervals of exercise can act as a powerful tool to supercharge your health. If you make time for a 15 minute walk, your body will thank you in many ways.

• "Exercise is too difficult and painful."

Consider "no pain, no gain" the old fashion way of thinking about exercise. Exercise doesn't have to hurt to be incredibly effective. You don't have to push yourself to the limit to get results. You can build your strength and fitness by walking.

• "I'm too tired to exercise."

Regular exercise is a powerful pick-me-up that can significantly reduce fatigue and make you feel much more energetic. Try taking a brisk walk or dancing to your favorite music and see how much better you feel afterwards.

• "I'm too old to start exercising," "I'm too fat," or "My health isn't good enough."

It's never too late to start building your strength and physical fitness, even if you're a senior or a self-confessed couch potato who has never exercised before. Exercise is a proven treatment for many diseases-from diabetes to arthritis. Very few health and weight problems make exercise out of the question, so talk to your doctor about a safe routine for you.

• "I'm not athletic."

Don't worry if you're not sporty or ultra-coordinated. Instead, find an activity like walking, jogging, or Zumba that makes you feel good to be in your body.

• "Exercise is boring."

Sure, pounding on a treadmill for an hour may not be everyone's idea of a good time; but not all exercise has to be boring; just about everyone can find a physical activity they enjoy. Try playing ping-pong, or activity based video games with your kids. Those so-called "exergames" that are played standing up and moving around - stimulate dancing, tennis or Zumba - can burn at least as many calories as walking on a treadmill. Once you build up your confidence, try getting away from the TV screen and playing the real thing outside.

Now that the 100 Mile Club is over, a lot are wondering what next? Our words of encouragement are to Keep Going!

Set yourselves goals; one would be to continue exercising regardless of the program ending.

Ways to keep your exercise program going:

Be consistent. Make your workouts habitual by exercising at the same time every day, if possible. Eventually you will get to the point where you feel worse if you don't exercise.

Record your progress. Just like the 100 Mile Club; - you logged down your miles - try keeping an exercise journal of your workouts. In a matter of months, it will be fun to look back at where you began. Keeping a log also holds you accountable to your routine.

Keep it interesting. Think of your exercise session as time dedicated to YOU. Enjoy that time by listening to music, enjoying the natural beauty of your surroundings and neighborhood. Above all, mix it up and keep trying new routines.

Spread the word. Talking to others about your fitness routine will keep your motivation strong and hold you accountable. You'll be delighted and may inspire your family and friends to become active.

The bigger challenge lies ahead, almost anything can knock you off track; a bad cold, an out of town trip, or a stretch of bad weather, whatever it may be. The important lesson to learn is how to reclaim your routine. Keep confidence in yourself when you relapse. Instead of expending energy on feeling guilty and defeated, focus on what it'll take to get started again. Once you resume your program, you'll be amazed at how quickly it will begin to feel natural. Come up with a tantalizing reward to give yourself when you meet your first goal. Concentrate on how good you will feel when you've finished a workout.



Sweet Corn for Roasting available by the truckload at Silver Creek Farms, Taylor, AZ. Small truck load - \$150.00 Full-size truck is \$200.00 You pick. Please call for available picking days and to make an appointment. 928-243-4736 or 928-243-0728

Are you a woman between 21 and 65 years of age and an enrolled member of the Hopi tribe?

If so, you are invited to participate in the Hopi HPV Prevention Project.

About the Project

Cervical cancer is the most preventable cancer in women. HPV is a virus that increases your risk for cervical cancer. To help more women get screened for cervical cancer, H.O.P.I Cancer Support Services is partnering with the University of Washington to offer a test to check for HPV in the privacy of your home. This test is available for a limited time as part of a project to improve cervical cancer prevention in Hopi and Tewa women. The in-home HPV test doesn't replace the Pap test, but it may give you more information about your risk for cervical cancer. Participants who complete the test will receive a \$40 gift card.

If you would like to participate or want to know more about the project, please contact the Hopi HPV Prevention Project staff, Olivia Dennis or Lorene Vicente, at (928) 723-1151 or by visiting the H.O.P.I Cancer Support Services in Kykotsmovi.

BREATH IS LIFE

Feel better with a very simple change in your breathing! When you inhale, inhale just a tiny bit lower down than usual. Then, just exhale like you always do.

Try a few breaths to start, and a few hours later try a few more. Take your time, and get used to it little by little.

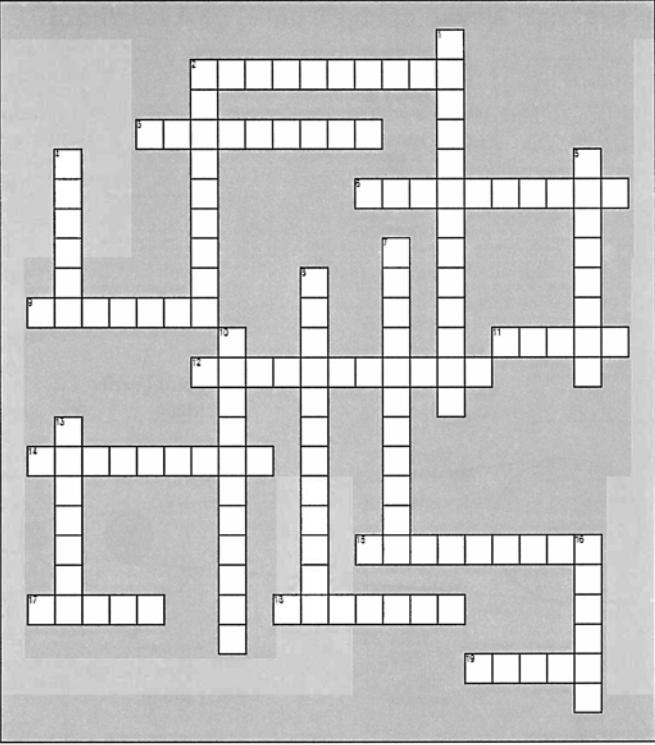
As days pass, you can add a few more breaths each time. Also, as days and weeks pass, you can do it more times each day. But, always take your time and make all changes little by little. It will be so easy to get used to it!

As months pass and you do it more often, you'll feel healthier and have more energy, and be less stressed.

And, do it whenever you do feel stressed - it relaxes!

Clip out and save ***Make copies***

Hopi Astronomy



Across

2. dawn (second phase)

3. Ursa Major (Big Dipper)

6. Pleiades (Seven Sisters)

9. starlight

11. sunlight

12. Dawn Woman

14. new moon

15. Pollux (star in Gemini)

17. daylight

18. twilight

19. our nearest star

Down

1. Mother Earth

2. Milky Way

4. Morning Star (planet Venus)

5. dawn (third phase)

7. summer solstice

8. sun watcher

10. Castor (star in Gemini)

13. moonlight

16. Earth's Moon

Astronomy - 1

Crossword provided by Mass Media

Solution to be printed in September 17th Tutuveni