# Chikungunya, Dengue & Zika Viruses KNOW THE FACT

Bureau of Epidemiology and Disease Control Services
Office of Infectious Disease Services

#### What are These Viruses?

Chikungunya, Dengue and Zika viruses are transmitted by mosquitoes and can be serious diseases if not recognized and treated early. Symptoms can start about one week after the mosquito bite.

### What are the **Symptoms?**





chills











fever

rash

joint or muscle pain

body aches

dy nausea vomiting

red eyes

### How do These Viruses Spread?



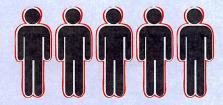












Aedes mosquito bites someone infected with the virus.



Aedes mosquito becomes infected and continues to spread the virus.



Aedes mosquito infected with the virus bites healthy people and the cycle continues.

## How can I keep Myself and My Family Safe?



Remove standing water around your house and yard.



Protect yourself from mosquitoes all day long.



Use screens on windows and doors.



Visit your doctor immediately if you feel sick.



Wear bug spray



Protect yourself from mosquitoes when traveling to areas with these viruses.

#### **Contact**

Local County Health Department OR AZ Department of Health Services Office of Infectious Disease 602-364-3676 ww.azhealth.gov

#### For More Information:

azdhs.gov/mosquito • www.cdc.gov/zika www.cdc.gov/dengue • www.cdc.gov/chikungunya



