Hopi Youth attend 2016 Tribal Youth Gathering in Washington, DC

Over 100 Youth from the Navajo, Hopi and other tribes attended the annual Tribal Youth Gathering held in Washington, DC last month.

The event was co-hosted by the White House Generation to Work and the National Congress of American Indians. The Youth Gathering is an annual event that brings together members of the next generation of Indian leaders to learn about current issues facing Indian communities today.

Hopi Secretary of State, Crystal Dee Tuft Tuituveni, said, “We were pleased to have the opportunity to be a part of this important gathering. It was a great opportunity to meet and network with other young leaders from across the country. We also had the chance to discuss some of the challenges facing our communities and to hear about some of the innovative solutions that are being implemented.”

Hopi Chairman Herman G. Honanie and Mashantucket Pequot Tribal Chairman Richard J. Smith also attended the event.

The Hopi delegation included youth from the Hopi Reservation, as well as Hopi leaders and tribal officials.

Hopi Youth were also able to tour the White House and the U.S. Capitol, and to meet with members of Congress and other government officials.

The event was an opportunity for the Hopi Youth to learn about the issues facing Indian communities, and to meet with leaders from other tribes and nations.

Hopi Youth members also participated in workshops and panels on a variety of topics, including education, health, and economic development.

Over 100 young people from different tribes attended the event, including representatives from the Navajo, Hopi, and other tribes.

The Hopi delegation included Hopi Youth from the Hopi Reservation, as well as Hopi leaders and tribal officials.

The event was an opportunity for the Hopi Youth to learn about the issues facing Indian communities, and to meet with leaders from other tribes and nations.

The event was co-hosted by the White House Generation to Work and the National Congress of American Indians. The Youth Gathering is an annual event that brings together members of the next generation of Indian leaders to learn about current issues facing Indian communities today.

Hopi Secretary of State, Crystal Dee Tuft Tuituveni, said, “We were pleased to have the opportunity to be a part of this important gathering. It was a great opportunity to meet and network with other young leaders from across the country. We also had the chance to discuss some of the challenges facing our communities and to hear about some of the innovative solutions that are being implemented.”

Hopi Chairman Herman G. Honanie and Mashantucket Pequot Tribal Chairman Richard J. Smith also attended the event.

The Hopi delegation included youth from the Hopi Reservation, as well as Hopi leaders and tribal officials.

The event was an opportunity for the Hopi Youth to learn about the issues facing Indian communities, and to meet with leaders from other tribes and nations.

The event was co-hosted by the White House Generation to Work and the National Congress of American Indians. The Youth Gathering is an annual event that brings together members of the next generation of Indian leaders to learn about current issues facing Indian communities today.

Hopi Secretary of State, Crystal Dee Tuft Tuituveni, said, “We were pleased to have the opportunity to be a part of this important gathering. It was a great opportunity to meet and network with other young leaders from across the country. We also had the chance to discuss some of the challenges facing our communities and to hear about some of the innovative solutions that are being implemented.”

Hopi Chairman Herman G. Honanie and Mashantucket Pequot Tribal Chairman Richard J. Smith also attended the event.

The Hopi delegation included youth from the Hopi Reservation, as well as Hopi leaders and tribal officials.

The event was an opportunity for the Hopi Youth to learn about the issues facing Indian communities, and to meet with leaders from other tribes and nations.

The event was co-hosted by the White House Generation to Work and the National Congress of American Indians. The Youth Gathering is an annual event that brings together members of the next generation of Indian leaders to learn about current issues facing Indian communities today.
Public presentations on Cooperative Agreement for Hunting Management between Hopi Tribe and State of AZ Game & Fish Department

Darin Talapsayetewa, Deputy
Wildlife & Ecosystems Management Program

The Hopi Wildlifers & Ecosystems Management Program with the Arizona Game & Fish Department on the Cooperative Agreement for Hunting Management between the Hopi Tribe and the State of Arizona (AZGF). The Agreement allows the Hopi Tribe to manage Game & Fish within the Hopi Reservation, to participate in the management of non-Indian Game & Fish within the borders of Northern Arizona, and to conduct various activities for Game & Fish purposes within the State of Arizona.

November 15, 2016, 6-6:30 p.m. Monday, English Administration Building, Room 312, Flagstaff.

VACANCY
Hopi Tribal Council Secretary

The Hopi Tribal Council (HTC) is accepting applications for vacancies on the Hopi Tribal Council Secretary position. The position is a full-time employee of the Hopi Tribe, reporting to the Hopi Tribal Council Chairman.

Qualifications: "The Hopi Tribal Council may establish additional qualifications. Applicants must submit a letter of interest and a current resume to the following location: The Office of the Secretary, Hopi Tribe, 7602 Hwy 160, Flagstaff, AZ 86004. Please refer to the Office of the Secretary at (928) 734-3135."
Free fare for General Election Day
November 8

Hopi Senom Transit is offering free rides to all customers on Tuesday, November 8, 2016 in recognition of the day. The free rides will include the Kits Canyon, Moenchop, Tuba City, Winslow and Flagstaff routes. All community members are invited to take part in this special event to thank our local veterans who were writing of or in the military.

Call Hopi Senom Transit at 928-734-3231 for route schedules and other information.

ATTENTION TUTUVENI READERSHIP!

Due to Budget constraints and keeping with Goals and Objectives, the Hopi Tutuveni will no longer be published on-line and will be sold at a small retail price at local distribution sites, effective January 1, 2017. We intend to continue publishing the Tutuveni for your enjoyment, however, including cutbacks in costs and printing. You are encouraged to subscribe to the Tutuveni to keep up with your local Community news!

Louella Nahsonhoya, Managing Editor/Managing Director

Hopi Tribe Budget Oversight Team schedules Village Presentations on proposed 2017 Budgets as submitted by Departments/Programs/Villages

Louella Nahsonhoya
Hopi Tutuveni

With the decline of the Hopi Tribe Council budget submissions identified in the near future, the Hopi Tribe Council mid-year, instructed all Tribal departments and agencies to submit their 2017 budgets by November 4, 2016. The tribes were also encouraged to seek alternate funding sources to supplement their budgets and to become as financially self-sufficient as possible. Also, at this time, the Hopi Tribe Council directed the Budget Oversight Team to assess Department programs and accounts were also instructed to apply their generated revenue balances to supplement their budgets.

All tribal programs were gradually assessed and reviewed by Executive and Judicial branches and Department Managers, Administrators, Managers and Administrators had the opportunity to discuss their decisions and to make decisions on how to keep programs running effectively and efficiently while making budget adjustments and modifications. Departments and programs were directed to assess program operations and priorities and submit their Goals & Objectives (G & O) along with the proposed budget targets to the Hopi Tribe Council Oversight Team (BOT).

The BOT, created in 2015, is a tripartite council made up of the Office of the Tribal Chairman, the Director of Tribal Finance and the Tribal Council. At this meeting, the tripartite council will either accept budgets as submitted, did not approve for funding, or rejected the budgets as proposed and instructed BOT to consider budget submissions at lower amounts. Adjustments totaling $7.13 million, which is $2.9 million over the tribal fund budget for 2017.

The Bot has been working persistently, meeting weekly to insure the Hopi Tribe’s Fiscal Year 2017 General Fund Operator is balanced and in accordance with the Hopi Constitution and the Hopi Code of Laws.

Prior to presenting the 2017 Budget Report to the Tribe for final approval, the BOT has scheduled Public Presentations at the following locations; Monday, November 7, 6pm at the Hopi Cultural Center, Village of Schinence, Tawa, Walpi, and Tuba-Losi-Pai Park Community Village and Tuesday, November 8, 6pm at the Kykotsmovi Village Community Building, villages of Beeline, Oraibi, and Kayenta.

The Hopi Tribe Council will host a Veterans Day Banquet on November 10, 6pm at the Hopi Cultural Center, Villages of Schinence, Tawa, Walpi, and Tuba-Losi-Pai Park Community Village.

The Planning committee with the Miss Hopi Committee has a newsworthy event that is sold for a profit.

• The redistributed article may not be sold for a profit or included in another media or publication.
• The redistributed article may not be sold for a profit or included in another media or publication.
Encouraging pretend play in young Hopi children helps build their brains

Cynthia Panda

First Things First

This time of year, children are excitedly transforming into their favorite superheroes or cartoon characters. For young children, the type of play associated with dressing up and pretending to be someone else is an integral part of learning.

“Did you ever step to watch toddlers or preschoolers imagining themselves as princesses and princes?” said Marissa Hardweg, First Things First Senior Director for Early Learning. “When children play, they draw on all their past experiences—things they have done, seen others do, or heard stories about—and use these to develop their own stories, situations and scenarios. And they are learning in the process.”

According to the LEGO Foundation, whose mission is to make children’s lives better and communities stronger by making sure the fundamental value of play is understood, embraced and acted upon, there are different types of play. All which support an aspect of physical, intellectual and social-emotional growth.

Socio-dramatic play is easy to spot. Watch a child dress up and pretend he is someone or something else, for example, pretending to be a firefighter or a dog. Researchers say this is the basis of children’s developing social understanding.

In fact, research has shown that play impacts everything from physical abilities and vocabulary to problem solving, creativity, teamwork and empathy.

One of the First Things First-funded programs in the Hopi communities shows parents how to build up their children’s love of reading and literacy through play.

“Most times when I introduce ‘Play is Learning’ to the families, their faces light up because they don’t realize that their play has a huge part in their development,” said Marissa Adams, a Parent Educator in Parenting Arizona’s Parents as Teachers program.

This free and voluntary program provides families with monthly visits to the home, where a parent educator provides resources and information about children’s health and development, as well as delivers hearing, vision, and developmental screenings. The Parents as Teachers program gives young children support in building supportive relationships with their parents, caregivers, and others.

First Things First encourages families to actively think through play, and it is one of the most important ways that young kids learn. So, how do parents recognize play and measure it in our children? Here are a few guidelines:

• Play is FUN.
• Play doesn’t start out with a specific goal—like learning letters or numbers.
• Play is spontaneous and voluntary.
• In play, everyone is actively involved.
• And, finally, play includes an element of make believe.

To encourage play, caregivers can:

• Advocate for play – open your home and schedule time for play. Re-evaluate your child’s schedule to make sure there are plenty of opportunities and time for play.
• Provide the resources for stimulating play. If necessary, try, just plain old, everyday objects to children. Then, let their creativity take over.
• Join in the fun, but let your child take the lead. You may think you look silly, but you are expanding your child’s learning.

Encourage your child to try new things.

“So while you are busy preparing for exams or everything else and every day situations and you see your children having a great time playing, remember they are actually learning development skills that can help shape their lives.”

Adams said, “Parents are encouraged, encouraging and active in play time. For example, you can say, ‘Awesome, your real pants look different. How many ideas can you cut your Taka?’”

Adams shared how one mother she was working with realized how much her daughter was learning through play.

The mother said that usually the two girls like to play together, but with Adams’ advice, now gets more involved with their play. Parents and caregivers can help children reach their full potential. It starts with encouraging the huge value that play has in helping children learn critical skills that are essential for their future.

For information about the Parents as Teachers program, call Marissa Adams at 928-777-0171. For more ways to support your child, visit FirstThingsFirst.org.
On the south edge of Shungopavi sits a new home that sits on one of the best views of Nuvatukya’ovi; Shungopavi sits a new home that was built by two bedrooms, one bath, and a full kitchen was built by using natural material from local wood cut wood mostly of natural material from local wood.

Mary Washington beams with happiness in her new kitchen fully equipped with new appliances. "After they have graduated from the program, the interns will have the skills and confidence to build their own house," said Marcus. The interns who built Mary and David’s home by their own hands. "There was a lot of sweat and effort put into it," said Mary. "There was a lot of work put into it," said Mary. "There were a lot of people that helped build the house for them," said Mary. "There was a lot of people that helped build the house for them," said Mary.

Mary Washington beams with happiness in her new kitchen fully equipped with new appliances. "After they have graduated from the program, the interns will have the skills and confidence to build their own house," said Marcus. The interns who built Mary and David’s home by their own hands. "There was a lot of sweat and effort put into it," said Mary. "There was a lot of work put into it," said Mary. "There were a lot of people that helped build the house for them," said Mary. "There was a lot of people that helped build the house for them," said Mary.

Mary Washington beams with happiness in her new kitchen fully equipped with new appliances. "After they have graduated from the program, the interns will have the skills and confidence to build their own house," said Marcus. The interns who built Mary and David’s home by their own hands. "There was a lot of sweat and effort put into it," said Mary. "There was a lot of work put into it," said Mary. "There were a lot of people that helped build the house for them," said Mary. "There was a lot of people that helped build the house for them," said Mary.

Mary Washington beams with happiness in her new kitchen fully equipped with new appliances. "After they have graduated from the program, the interns will have the skills and confidence to build their own house," said Marcus. The interns who built Mary and David’s home by their own hands. "There was a lot of sweat and effort put into it," said Mary. "There was a lot of work put into it," said Mary. "There were a lot of people that helped build the house for them," said Mary. "There was a lot of people that helped build the house for them," said Mary.

Mary Washington beams with happiness in her new kitchen fully equipped with new appliances. "After they have graduated from the program, the interns will have the skills and confidence to build their own house," said Marcus. The interns who built Mary and David’s home by their own hands. "There was a lot of sweat and effort put into it," said Mary. "There was a lot of work put into it," said Mary. "There were a lot of people that helped build the house for them," said Mary. "There was a lot of people that helped build the house for them," said Mary.

Mary Washington beams with happiness in her new kitchen fully equipped with new appliances. "After they have graduated from the program, the interns will have the skills and confidence to build their own house," said Marcus. The interns who built Mary and David’s home by their own hands. "There was a lot of sweat and effort put into it," said Mary. "There was a lot of work put into it," said Mary. "There were a lot of people that helped build the house for them," said Mary. "There was a lot of people that helped build the house for them," said Mary.

Mary Washington beams with happiness in her new kitchen fully equipped with new appliances. "After they have graduated from the program, the interns will have the skills and confidence to build their own house," said Marcus. The interns who built Mary and David’s home by their own hands. "There was a lot of sweat and effort put into it," said Mary. "There was a lot of work put into it," said Mary. "There were a lot of people that helped build the house for them," said Mary. "There was a lot of people that helped build the house for them," said Mary.

Mary Washington beams with happiness in her new kitchen fully equipped with new appliances. "After they have graduated from the program, the interns will have the skills and confidence to build their own house," said Marcus. The interns who built Mary and David’s home by their own hands. "There was a lot of sweat and effort put into it," said Mary. "There was a lot of work put into it," said Mary. "There were a lot of people that helped build the house for them," said Mary. "There was a lot of people that helped build the house for them," said Mary.

Mary Washington beams with happiness in her new kitchen fully equipped with new appliances. "After they have graduated from the program, the interns will have the skills and confidence to build their own house," said Marcus. The interns who built Mary and David’s home by their own hands. "There was a lot of sweat and effort put into it," said Mary. "There was a lot of work put into it," said Mary. "There were a lot of people that helped build the house for them," said Mary. "There was a lot of people that helped build the house for them," said Mary.

Mary Washington beams with happiness in her new kitchen fully equipped with new appliances. "After they have graduated from the program, the interns will have the skills and confidence to build their own house," said Marcus. The interns who built Mary and David’s home by their own hands. "There was a lot of sweat and effort put into it," said Mary. "There was a lot of work put into it," said Mary. "There were a lot of people that helped build the house for them," said Mary. "There was a lot of people that helped build the house for them," said Mary.

Mary Washington beams with happiness in her new kitchen fully equipped with new appliances. "After they have graduated from the program, the interns will have the skills and confidence to build their own house," said Marcus. The interns who built Mary and David’s home by their own hands. "There was a lot of sweat and effort put into it," said Mary. "There was a lot of work put into it," said Mary. "There were a lot of people that helped build the house for them," said Mary. "There was a lot of people that helped build the house for them," said Mary.

Mary Washington beams with happiness in her new kitchen fully equipped with new appliances. "After they have graduated from the program, the interns will have the skills and confidence to build their own house," said Marcus. The interns who built Mary and David’s home by their own hands. "There was a lot of sweat and effort put into it," said Mary. "There was a lot of work put into it," said Mary. "There were a lot of people that helped build the house for them," said Mary. "There was a lot of people that helped build the house for them," said Mary.
NOTICE
Effective
Jan. 1, 2017, the Hopi Tutuveni will no longer be published online and will be sold locally at a small retail price.

TUTUVENI READERSHIP
Due to the Tribe’s declining revenue, and budgetary constraints, the Hopi Tutuveni will no longer be a Free Newspaper.

Effective Jan. 1, 2017, a small retail fee will be implemented at local distribution sites.

The Hopi Tutuveni will also be no longer published on-line at the Tribe’s website.

You are encouraged to subscribe to the Hopi Tutuveni to ensure you are kept informed of news, events and happenings on the Hopi Reservation.

ATTENTION

SUBSCRIBE NOW TO THE HOPI TUTUVENI, YOUR COMMUNITY NEWSPAPER


Gift Shop Sales Clerk
Line Cook
Hopi Travel Plaza
Hopi Travel Plaza
Holbrook, AZ
Holbrook, AZ

Housekeeping Positions
Front Desk Position
Days Inn Kokopelli
Days Inn Kokopelli
Sequoia, AZ
Sequoia, AZ

Housekeeping Positions
Line Cook
Hopi Cultural Center
Second Mesa, AZ
Second Mesa, AZ

Maintenance Technician
Accounting Technician
Walsh Housing Management
HTEDC Headquarters
Flagstaff, AZ
Flagstaff, AZ

For more information on the Jobs listed, please contact Cindy Smith, Human Resource Manager at csmith@hopiaz.gov or visit the website.

All positions are Hopi Preference
Through the authority of the Native American Housing and Self Determination Act of 1996 (NAHASDA) the Hopi Tribal Housing Authority (HTHA) in Grant Agreement with the Department of Housing and Urban Development (HUD) is responsible to provide the Hopi Tribe people with safe, decent, sanitary, and quality housing.

The HTHA is undertaking two (2) proposed projects within the boundary of the First Mesa Village, if the project site is feasible, it will be determined eligible for development. The Hopi Tribal Housing Authority (HTHA), hereby posts the proposed project areas identified by the (villages)’s governance and all persons associated with issuing land assignments.

This NOTICE OF INTENT will be posted for 30 days (October 31, 2016 – November 29, 2016) to allow the public to make any comments or objections, if any. All comments and objections shall be in writing to the HHTA address.

1. PROJECT REFERENCE NUMBER: 2016-001-40UNT
Description: 40 Unit Housing Development to consist of rental units located off of Hwy 264 at Mile Post 389.9, next to the Hopi Tribal Housing Authority office & adjacent to First Mesa Elementary School. (FMES).

2. PROJECT REFERENCE NUMBER: 2016-002-CHDCR
Description: A Child Care Facility that will be sub leased and located within the boundaries of the 40 unit housing development, next to the Hopi Tribal Housing Authority & adjacent to FMES.

Please identify all comments or objections with the Project Reference Number to ensure it reaches the proper Project Manager.

Thank you,

Miah Combs, Executive Director
Hopi Tribal Housing Authority

Environmental Health Fair

When: November 2, 2016
Where: Hopi Veteran’s Memorial Center
Time: 8:30 a.m. to 12:00 p.m.

On behalf of the Hopi Environmental Health Services and Hopi Department of Health Services, we encourage you to join us in celebration of our new air monitor equipment and learn how it can benefit Hopi.

Kaibab National Forest will offer Christmas tree permits beginning November 16. Fourth graders are eligible for free permit

Williams, AZ. The Kaibab National Forest will offer the public an opportunity to legally cut a Christmas tree on federal lands. The $15 permit will allow the holder to cut one tree of a particular species that is not more than 10 feet in height within a designated cutting area on the Kaibab National Forest from November 16 through December 24. The permit is good for a single species cut, and may be used on the designated range district where it was purchased and cannot be used to cut a tree on a different district unless specifically noted. No refunds will be made, even if weather conditions prevent access to cutting areas. Individuals who purchase tags will be provided with a map showing their designated cutting area along with tree cutting instructions. Individuals can also purchase a Christmas tree tag through the mail by sending in a request, along with the mailing address of the range district they plan to visit. It is strongly advised to call the designated range district office in advance to ensure tags are still available and check on estimated post age or other requirements. Individuals desiring to purchase a Christmas tree tag through the mail should provide ample time for it to arrive. Expect a turnaround time of about 10 business days. Please include the following with any request for a Christmas tree tag through the mail:

• A check payable to USDA Forest Service
• A contact phone number
• A Christmas tree tag serial number
• A photo of a Fourth Grade Student Identification card, or a copy of a Fourth Grade Pass issued by the Hopi/Tolani Lake School District

Kaibab National Forest is pleased to announce that all fourth graders are eligible for a free Christmas tree permit, while supplies last, through the Every Kid in a Park initiative. Every Kid in a Park is a nationwide call to action to build the next generation of conservationists. All fourth graders are eligible to receive a fourth grade pass that allows free access to federal lands and waters across the country for a full year. In support of this initiative, the Forest Service is making available a free Christmas tree permit to every interested fourth grader with a free fourth grade pass or paper voucher. Fourth graders are eligible to receive a free Christmas tree permit from the Kaibab National Forest. The Kaibab National Forest is also pleased to announce that all fourth graders are eligible for a free Christmas tree permit, while supplies last, through the Every Kid in a Park initiative. Every Kid in a Park is a nationwide call to action to build the next generation of conservationists. All fourth graders are eligible to receive a fourth grade pass that allows free access to federal lands and waters across the country for a full year. In support of this initiative, the Forest Service is making available a free Christmas tree permit to every interested fourth grader with a free fourth grade pass or paper voucher.
Domestic Violence Awareness conference a successful gathering

Crystal Dee, Hopi Tutuveni

The Hopi Tribe Women's Domestic Violence Abuse (HTWDA) hosted the Domestic Violence Awareness conference a successful gathering. The conference was a gathering of domestic violence awareness and education on how to deal with it. It focused on how to provide help and support to those affected by domestic violence.

The conference was a way to bring awareness on all topics related to domestic violence, including prevention, intervention, and healing. It aimed to help people understand and cope with the challenges of domestic violence.

Some of the topics covered at the conference were:
- Understanding domestic violence
- The impact of domestic violence on individuals and families
- Resources and support for victims of domestic violence
- Ways to prevent and intervene in domestic violence situations

The conference was a great way to bring together people who are affected by domestic violence and those who want to help. It was a way to learn more about the realities of domestic violence and to gain knowledge and skills to support victims and their families.

Hope Wellness Court reducing substance abuse among adults through treatment

Crystal Dee, Hopi Tutuveni

The Hopi Hope Wellness Court (HTWC) hosted the Hope Wellness Court reducing substance abuse among adults through treatment. The court is designed to help reduce substance abuse among adults by providing a treatment program that combines therapy and education.

The court has been successful in helping many people reduce their substance abuse. It has helped people learn skills to manage their substance use and improve their lives.

Some of the benefits of the Hope Wellness Court include:
- A focus on treatment and education
- A team of professionals to support and guide clients
- An individualized treatment plan for each client
- A supportive and non-judgmental environment

The court has been very successful in helping people reduce their substance abuse and improve their lives. It has helped many people gain control over their substance use and improve their quality of life.

The Hopi Tribal Council has been instrumental in supporting the court. They have been committed to helping reduce substance abuse among adults and improving the lives of those affected.

Some of the challenges faced by the Hopi Tribe in addressing domestic violence and substance abuse include:
- Limited resources and funding
- Lack of awareness and education
- Stigma and discrimination

The Hopi Tribe is committed to addressing these challenges and improving the lives of those affected by domestic violence and substance abuse. They continue to work towards creating a safer and healthier community for all Hopi people.
The Hopi Tribe bought three properties in Flagstaff in 2015 for $10 million. Two of the properties are the Continental Plaza and the Kachina Square, both located here in Flagstaff. Each property is managed by the Hopi Tribe Economic Development Corporation (HTEDC). Tammy Cupp of Sterling Raylene Pavinyama. My most memorable mo- ment on this trip was when I was 12 years old attending American Valet who provided parking lots and retouching the paint when it is new. They feel safe parking their vehicles there, said Cupp. The Hopi Tribe owns the properties; Hopi Travel Center, Hopi Real Estate Management Programs for meetings. Thompson said that all of the properties rented, said Thompson. "The Heritage Square is the center of downtown." It is the location of two restaurants. Monsoon and in urban cities. The visit to D.C. was a great experience. The trip really opened my Hopi and Navajo People. Thompson said the tenants because of its location. The tenants are given a lower rate, which they should because they own the property. The goal is to have all of the properties full of tenants. Kachina Square will get a major facelift in the future as it is the oldest property. Cupp said they work with a great group of contractors who does all of their repairs and they are all local businesses. For the spirit of Christmas, Kachina Square and Heritage Square will be lit with Christ- mas lights,” said Cupp. A lot of money is made from the properties, but goes back into operations for maintenance and up- keep of the properties to keep them full. However, Thompson said this year will be the first year that the Hopi Tribe will receive a dividend on all of the properties; Hopi Travel Center, Deep in the Kachina, Wal- pi Housing, Hopi Cultural Center, and the three Flagstaff prop- erties. "What makes these properties worth something to us is their physical condition, location and the fact they have a strong tenant mix and almost all of the properties are the locally owned businesses with the exception of a few that are commercial businesses. Thompson said we would love to have Hopi possess commercial tenants in one of the properties. The tenants are given a lower rate, which they should because they own the property. The goal is to have all of the properties full of tenants. Kachina Square will get a major facelift in the future as it is the oldest property. Cupp said they work with a great group of contractors who does all of their repairs and they are all local businesses. For the spirit of Christmas, Kachina Square and Heritage Square will be lit with Christ- mas lights,” said Cupp. A lot of money is made from the properties, but goes back into operations for maintenance and up- keep of the properties to keep them full. However, Thompson said this year will be the first year that the Hopi Tribe will receive a dividend on all of the properties; Hopi Travel Center, Deep in the Kachina, Wal- pi Housing, Hopi Cultural Center, and the three Flagstaff prop- erties. "What makes these properties worth something to us is their physical condition, location and the fact they have a strong tenant mix and almost all of the properties are the locally owned businesses with the exception of a few that are commercial businesses. Thompson said we would love to have Hopi possess commercial tenants in one of the properties. The tenants are given a lower rate, which they should because they own the property. The goal is to have all of the properties full of tenants. Kachina Square will get a major facelift in the future as it is the oldest property. Cupp said they work with a great group of contractors who does all of their repairs and they are all local businesses. For the spirit of Christmas, Kachina Square and Heritage Square will be lit with Christ-mas lights,” said Cupp. A lot of money is made from the properties, but goes back into operations for maintenance and up- keep of the properties to keep them full. However, Thompson said this year will be the first year that the Hopi Tribe will receive a dividend on all of the properties; Hopi Travel Center, Deep in the Kachina, Wal- pi Housing, Hopi Cultural Center, and the three Flagstaff prop- erties. "What makes these properties worth something to us is their physical condition, location and the fact they have a strong tenant mix and almost all of the properties are the locally owned businesses with the exception of a few that are commercial businesses. Thompson said we would love to have Hopi possess commercial tenants in one of the properties. The tenants are given a lower rate, which they should because they own the property. The goal is to have all of the properties full of tenants. Kachina Square will get a major facelift in the future as it is the oldest property. Cupp said they work with a great group of contractors who does all of their repairs and they are all local businesses. For the spirit of Christmas, Kachina Square and Heritage Square will be lit with Christ-mas lights,” said Cupp. A lot of money is made from the properties, but goes back into operations for maintenance and up- keep of the properties to keep them full. However, Thompson said this year will be the first year that the Hopi Tribe will receive a dividend on all of the properties; Hopi Travel Center, Deep in the Kachina, Wal- pi Housing, Hopi Cultural Center, and the three Flagstaff prop- erties. "What makes these properties worth something to us is their physical condition, location and the fact they have a strong tenant mix and almost all of the properties are the locally owned businesses with the exception of a few that are commercial businesses. Thompson said we would love to have Hopi possess commercial tenants in one of the properties. The tenants are given a lower rate, which they should because they own the property. The goal is to have all of the properties full of tenants. Kachina Square will get a major facelift in the future as it is the oldest property. Cupp said they work with a great group of contractors who does all of their repairs and they are all local businesses. For the spirit of Christmas, Kachina Square and Heritage Square will be lit with Christ-
The Hopi Special Diabetes Program, in collaboration with the First Mesa Youth Center, is excited to participate in NB3FIT Day, a National Day of Native Youth Health and Fitness, on Sunday, November 13 at the Hopi Veteran’s Memorial Center! We will be joining over 90 native communities across the country by hosting a 60 minute physical fitness event to inspire our youth to be physically active and moving. It’s important that we encourage and support our youth to be healthy and physically active. There’s no doubt that keeping our children active helps them to grow up healthy and get screened; this is one way the Hopi Well Women’s Program for being healthy and getting screened; this is important. Today, Native American children are facing an obesity epidemic that is setting them up for a life of significant health complications, including diabetes and heart disease. It’s up to us, as parents, to ensure that our children grow at a healthy weight, eat right, and stay active. We all should be moving, our bodies are designed to move; in fact, the strength of our muscles and bones depend on us moving daily. Youth ages of 6 and 17 should do a minimum of 1 hour of physical activity every day. Youth ages above 18 years should be active for 150 minutes on a weekly basis; that’s a minimum of 30 minutes, five days a week. This means every one should be moving!

Five Facts To Consider:
- 41% of Native adults are overweight or obese, and 45% of 2 to 5 year-olds are overweight
- 1 in 2 Native children are overweight or obese, and 45% of 2 to 5 year-olds are overweight
- Type 2 diabetes may reduce a child’s life expectancy by 27 years
- The death rate of Native Americans with diabetes is 3 times higher than the general United States population.

Together we can reverse these numbers by becoming active. Bring your families and friends to the NB3FIT Day to engage in this fun event for people of all ages and fitness levels. For more information, please call the Hopi Special Diabetes Program at (928) 734-3432, or the Hopi Veteran’s Memorial Center who got everyone working at (928) 737-2799. Let’s Keep Hopi Moving!

Hopi Cancer Support Services hosts annual Girls Nite Out

Crystal Dee, Hopi Tutuveni

The Hopi Cancer Support Services (HCSS) held its annual event which is known as “Girls Nite Out”, but this year, it was called “Ghouls Night Out” because of the Halloween theme. The event was held on Oct. 26 at the Hopi Veteran’s Memorial Center with more than 200 people who attended the event in their costumes. The event celebrates all the women of the Hopi for their sacrifice and honorable service in the U.S. Armed Forces.

The night also featured a Halloween costume contest and dessert contest. Jones said there were many “Most Creative” contestants in both contests. The event featured special guests DJ Edwars Deleon from Valley, who entertained the Hopi youth from 6 to 9 p.m. Performances and lunch meal provided to all.

Hopi BHS Announcement: New Assessment Days

Effective Monday October 10, 2016:

- Assessment days have been moved to Tuesdays and Thursdays from 8:00 am to 2:00 pm.
- Intake and Screenings will continue to be conducted throughout the week: Monday-Friday.

Any questions or concerns please contact the Hopi BHS office at (928) 734-3461 or 3462.