Female Horse Trainer on Journey to Empower Women - Travels through Hopi

By: Romalita Laham, Managing Editor
Hopi Tutuveni

Kykotsmovi, Ariz. – Monday, June 10, 2019 was the day the Hopi Tutuveni finally got a chance to connect with the infamous “lady travelling with a camel” as she made a stop at the corner of Arizona Highway 264 and Indian Route 2 to rest, feed and water her two companions, Meshach the Camel and El Markeyn the Horse.

Since seeing local Hopi community members posting updates on their Facebook profiles, it was known that a woman was travelling through Hopi on some type of journey. Until June tenth, it wasn’t too clear exactly why and what motivated such an individual to commit to such travel.

After connecting to the tall lean “pahana” woman, it was obvious that she could handle riding a horse but it made the Managing Editor wonder if she rode the camel, too. After observing her interaction with other curious Hopi community members and listening in, it would soon be known that the camel was brought along to aid with carrying the travelling packs, necessary for such a journey.

Sunny Khalsa was pleasant in sharing her main mission of committing to empower women. She expressed the desire to tell women to, “Follow your strength. Find our place of power.” She also shared that she is a professional photographer and even had some good picture taking tips for this novice photographer, too.

In addition to knowing quite a bit about photography, Sunny also shared that she is a horse trainer and currently lives in Colorado but grew up in New Mexico until...
June 18, 2019

Female horse trainer-empowering women, Cont.

Hepatitis A outbreak reaches 8 Arizona counties

**Text:**

**Title:** Hepatitis A outbreak reaches 8 Arizona counties

**Subtitle:** State of ART DEPARTMENT OF HEALTH SERVICES

**Byline:** Jessica Rigler, assistant director at the Arizona Department of Health Services. Although the text mentions Hepatitis A, no specific information about the outbreak is provided.

**Image:**

- Sunny Khlala’s camel Meshach (Photo by Carl Onsae/HT)

**Caption:** Female horse trainer-empowering women, Cont.

**Image:**

- A group photo provided by sender.

**Caption:** American Red Cross launches a nationwide Home Fire Campaign.

**Image:**

- Alarm installations on April 29, 2019

**Caption:** Call or email us to tell us if we are doing a good job. We need your alarm installations.
Hopi Tutuveni Counting Down Days, Cont.

...the public that we truly believe in the Hopi Veterans Services team is engaged in a democratic process and expressing their views, which will lead to informing and being community service to our Hopi people. As a reminder, as part of a strategic effort to increase readiness and ensuring readiness actually is not a newspaper. Hopi Tutuveni's 2019 Subpoena Drive will begin on July 1, 2019 and continue throughout the month of July. Participants who subscribe during that time will be notified that the publications, which come out every first and third Tuesday of the month, will reach them via email. Currently, 34,000 copies of the Hopi tribal newspaper are currently being distributed monthly and through Native American artists and businesses. Individuals and organizations who participate during the Subpoena Drive period will be given the opportunity to win one of four baskets which will be valued at $300.

In a recent issue, we received contact from Clark Talmakina, Hopi Village Chairman who is also a local Hopi artist, who requested support for Hopi Tutuveni's efforts via offering one of his own, unique Hopi works of art to be given to one of the lucky 2019 Hopi Tutuveni Subscription Drive participants. In addition, Hopi Tutuveni has also reached out to Laulii Lozol, a Hopi artist, to see if she would be interested in providing a gift for our participants.

As a reminder, a part of strategic efforts to increase readiness and ensuring readiness actually is not a newspaper. Hopi Tutuveni is launching a nationwide campaign to roll out VA Claims Events in collaboration with tribal communities. VA realizes that many Veterans are direct, tangible impact on the lives of our tribal communities, their families and our communities. This will help VA realize its goal to connect with VA and ensure all Veterans are connected.

For more information contact: Eugene Romalita, Hopi Veterans Services, Hopi Tribe.

LETTER TO THE EDITOR
May 22, 2019
To Editor: Letter to the Hopi Tribe

From Eignan Howkewen

A decision by the Apache County Court denying the Hopi Tribe’s claim to water in the Little Colorado River Basin for use on Hopi tribal land is an appeal to Arizona Superior Court. The action was filed in 2010 and is a part of a larger water dispute involving both states and tribal groups. The claim was filed by the Hopi and Navajo Nations in 2013.

I respectfully request the Hopi Chairman to convene a meeting to inform us of the status of our water rights in the Little Colorado River Basin. In addition, I would appreciate any comments that you may have concerning the court’s decision, which was made without having all of the evidence presented.

I am a legal staff member and I have knowledge about the Little Colorado River Basin water rights.
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OUTDOOR LIVING

Tick Season: An Ounce of Prevention Is Worth a Pound of Cure

(SPM Wire) Summer is here, and nature beckons. The benefits of spending time outside – from an increase in vitamin D levels to the hugging powers of nature – are common knowledge, and outdoor activities are widely encouraged by various health organizations. But while you’re out and about enjoying fresh air, don’t forget to take precautions against the possibility of being bitten by a tick.

Ticks are tiny arthropods that live by feeding on the blood of other animals and people. They often transmit a variety of complicating infections that, if untreated, can lead to dire consequences. But you don’t have to let these tiny creatures get in the way of your enjoyment of nature. Just make sure to follow five simple rules before and after your outing:

• Treat clothing and gear with products containing permethrin, and your body with EPA-registered insect repellent.
• Cover up if you will be spending time in bushy or wooded areas or wandering through fields of tall grass. Wear long sleeves and tuck your long pants into your socks – while this look would be frowned upon by the fashion-conscious, it may, literally, save your life!
• Once home, check your clothes and body for ticks, and don’t forget some of the not-so-obvious places, like your scalp, belly button and underarms.

Tick Season: An Ounce of Prevention Is Worth a Pound of Cure
Hopi Tutuveni

Ceremony time here on the Hopi Reservation is quite spectacular to see. Women and men prepare for months to have a two-day dance, where women will bake like Bashas’ homestyle cooks and men will watch their fields tending to their crops on a tractor.

Hopi’s love to watch Hopi ceremonies because it brings new life and it is rare that when watching one of Hopi’s ceremonies your troubles seem to melt away. It’s really a joyous time but only for two days. I’ve been to a couple of dances this month of June, and I see and hear beautiful words and see their breathtaking, but when the dances left to go, the women of those villages seemed to not be happy. I heard a lot of shouting in the plaza and all of this was because someone moved around among chairs.

“YES!!!” The famous “Chairs” Wars from the mesas are alive and I have never seemed to secure a spot to watch the dance. For a very long time Hopi villagers had a kikmongwi (village chief) where he would be the final decider of the village issues, but most village don’t have a village chief to be a final decider anymore. So the Hopi people now are trying to “councilize” themselves on the village issues, but it seems to get nowhere due to the fact that we don’t know how to make decisions without a final decider, so issues never get resolved. The Hopi seem to lose their seat to the dance. It has been said that CHAIRS and PERSONAL “SPOTS” are more important than listening and watching the dance. Some Hopis seem to have this notion that if they don’t sit in their spots, they won’t receive “Hot Cheetos” and plastic bowls from their friends. But in reality, if your true friend will find you no matter what chair you’re sitting in regardless.

When I was growing up I don’t believe my family was the front of the women, I sat on the ground or on a small stool but it was just when I was growing up by my mother to make sure I practice the dance. I am reminded too of what the grandmother would say, “Long time ago when I was a little girl, we use to take our blankets to the plaza on the day of the dance and we use to sit on the ground, not some fancy chair”. Nowadays, we have to have chairs with cup holders and over hanging stools but it was just when I was growing up by my mother to make sure I practice the dance. I don’t believe I sat in the front of the women.

Growing up on the Hopi Reservation, you get to witness how seemingly little things, like this, change things. As children, we were taught the unspoken rule was to take chairs to the plaza on Thursday, which is typically two days before a dance. Now the unspoken rule has changed to bring your chairs on Friday, so that you can leave your blankets, and stools, to the plaza on Tuesday, so you can have a spot for the dance. In another village, some smaller things in life, like saying, “It doesn’t matter where I sit, I’m here to enjoy listening and watching the dance”. And to me, I think that’s the most important part of our ceremonies, rather than fighting for a spot just so we can enjoy the dance, as it should have been.

Now don’t get me wrong, some of our culture does not accept the fact that “Chairs Wars” it’s always that certain family to renew and forgive ourselves and our most sacred ceremonies, rather than fighting for a spot just so we can enjoy the dance, as it should have been. It’s really a joyous time but only for two days. I’ve been to a couple of dances this month of June, and I see and hear beautiful words and see their breathtaking.

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Moencopi Day School

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Managing Editor  Romalita Laban
Assistant Editor  Carl Onsae

EDITORIAL BOARD

Kyle Knaa
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Moencopi Day School

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PHOENIX — A local Native American fashion designer created the gown that ACONA V, a Phoenix-based career path.

Colleen Jennings-Roggensack, Arizona's only voter in the Tony Awards, created the gown that influenced the Hopi tribe has had on our culture. 

Colleen Jennings-Roggensack is a renowned actress and political activist who has been a vocal advocate for Native American rights. She has starred in several film and television productions, and her work has been recognized with numerous awards and honors.

Jennings-Roggensack is a member of the Hopi tribe and has been involved in advocacy efforts for Native American issues. She is a strong supporter of cultural preservation and has used her platform to raise awareness about the challenges faced by Native American communities.

The gown, designed by Jennings-Roggensack, is a symbolic representation of female strength and resilience. It was created as a tribute to the Hopi culture and honor its contributions to the world.

The gown is made from traditional materials and incorporates Hopi designs, reflecting the tribe's rich cultural heritage. It features intricate beadwork and embroidery, highlighting the skill and craftsmanship of Native American artisans.

Jennings-Roggensack's work in the entertainment industry has allowed her to use her platform to advocate for Native American issues and raise awareness about the importance of cultural preservation.

In addition to her work in film and television, Jennings-Roggensack has also been involved in various advocacy efforts, such as supporting indigenous rights and promoting cultural education.

In conclusion, Colleen Jennings-Roggensack's work as a designer and actress has allowed her to make significant contributions to the preservation of Native American culture. Her work serves as a powerful reminder of the importance of respecting and honoring the contributions of indigenous communities.
Attacking the root cause of the opioid crisis Cont.

"You’re in for get to get (opioids) because of the greed," said Miller. "Great deals for (opioid) manufacturers to promote them for treatment of any ailment that might cause some pain. Greed drives the distributors to move these at a cheaper price to Wal-Marts of the world, and greed drives Walgreens of the world to sell as associ- ates as they possibly can. Everybody is making some, many, tremendous amounts of money out of the backs of the victims.

"The bottom line puts profit over lives. That's pretty clear," said Miller, who has devoted his career to fighting against the federal government on behalf of tribes and tribal organizations.

The Muscogee (Creek) Nation and the Blackfeet Nation have been selected by Judge Polster to be the test cases, even though the Creeks filed relatively late. According to Miller, when selecting the test cases the judge didn’t look at who filed first but rather who had the most substantial claims. Another factor was who is the tribe suing? The Muscogee (Creek) Nation not only is suing the big manufacturers but also the distributors, pharmacy chains and local pharmacies in the Muscogee jurisdic- tion area. The next step will be the selection of tribal cases to go forward. The outcome of the test cases will hopefully persuade the parties to settle. If the test cases go well for the defendants they will want to go through 2,500 cases before they look to settle. It is predicted that a potential settlement will be billions and billions of dollars.

"This is a practice here in the United States, including tribal commu- nities, that has changed dramatically in the last five years. You see opioid treatment programs are rising up around Indian Coun- ntry," said Miller, who represents around 20 tribes across the U.S. from Alaska to Oklahoma, Montana, Arizona, Washing- ton, Oregon, etc. "We are trying to get manufacturers to own up to its responsi- bility. They made hundreds of billions of dollars, and they can afford to make things right!"

During the first hearing in the case, in early January, Polster informed lawyers that it was unprecedented to dispense with legal norms like discovery and would not pro- ceed over 100s of unavailing complicat- ed conspiracy theories. Then he ordered them to prepare for settlement discus- sions immediately. Polster added, "a settlement that will provide meaningful solutions to a national crisis — by the end of this year. I did a little math. About 150 Americans are going to die today, just today, while we're meeting in a media release, the Muscogee (Creek) Nation described their filing against opioid manufacturers Pur- due Pharma L.P., Purdue Pharma Inc., The Purdue Frederick Company, and Endo Health Solutions Inc., distributors McKesson Corporation, Cardinal Health, Inc., and AmerisourceBergen Corp., and pharmacies CVS Health Cor- poration, Walgreens Boots Alliance, Inc. and Wal-Mart Stores, Inc. and cited how the defendants "failed to prevent the flow of illicit opioids into the Muscogee (Creek) Nation." "Our communities simply do not have enough families to accept all of the chil- dren who are born addicted or whose ad- dicted parents are no longer able to care for them," said Muscogee (Creek) Nation Principal Chief James Floyd in the re- lease. "We ran the risk of losing children from the tribe forever when they must be placed in custody outside of tribal homes. This crisis also threatens our children and communities in other ways — every dollar that is spent addressing the opioid crisis is a dollar that cannot be spent on other pressing healthcare needs, education, and economic development. The defendants' misconduct, and failure to comply with their legal ob- ligations has led to an epidemic of opio- id prescription abuse," said Muscogee (Creek) Nation Attorney General Kevin Dellinger. "In order to protect the health, safety, and welfare of all of our citizens, we seek to hold these companies accountable for their negligence and wrong-doing within the Muscogee (Creek) Nation."

"Native Americans have suffered extra- ordinary and disproportionate harm because of the opioid crisis," said Rich- ard Fields, a special counsel for the na- tion. "Their death rate is higher than any other population group, their addiction rate is 64 percent higher than the national average, and many tribes pay a far higher proportion of their citizens' health care costs than other governments."

NATIVE AMERICAN DESIGNER, Cont.

Native American fashion brand

“Seeing that (dress) on the prestigious red carpet like the Tonys was just breath- taking," said Cont. "We had tears of joy, we cheered when we saw it. It was another great accom- plishment and we hope that inspires others and we see more of that in the future.”

This year’s Tony Awards saw a rise in diversity not just on the red carpet, but also on the winners’ list. "Hadestown" won eight awards Sun- day, including best new musical and best director of a musical. Its director Rachel Chavkin, the only woman to helm a Broadway musical this season, became the 10th woman to win best director of a musical or play. Ali Stroker made history as the first ac- tor in a wheelchair to win a Tony for her work in "OKLAHOMA!" KTRK News 9FM’s Goodrill Zini- te and The Associated Press contributed to this report.

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2019 Teen Night-Girls  – “Joyce Hamilton, CHR Program Mgr. ‘Welcomes’ young ladies” Photo credit: CHR Staff

Hopi Tutuveni
June 18, 2019
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Junior Miss Cherokee Visits the Hopi Reservation

Kykotsmovi, Ariz. – On June 10, 2019, the Hopi Wellness Center made way for Junior Miss Cherokee, Destiny Siweumptewa’s native name is “Wala” trying to stay healthy by walking or running 100 miles to complete the goal. Laughter and music filled the air while some participants stretched their legs for the 2-mile and 1-mile run in the dark. The course was laid out with solar garden lights that guided the runners on the pre-laid out course. Volunteers from the Hopi Wellness center also helped guide the runners so they wouldn’t get lost during the run.

Runners on the 2-mile course with laid out lights to light the pathway. (Photo by Carl Onsae/HT)

Runners from around the Hopi Mesas gathered to walk or run during the 100 Mile Club’s Annual Lunar Run event. (Photo by Carl Onsae/HT)

The Hopi CHRs proudly present the FAMILY SPIRIT program for expectant mothers, first-time parents, and toddlers up to three years of age. Family Spirit is a NO COST, Confidential, Family Centered program based around “It's time to be healthy!” including healthy pregnancies, pre-natal care, and parent education. Parents of young children are invited to attend and enjoy the ; we are here for you. Let us join you on this sacred journey.

The Hopi CMHC provides Substance Abuse services and day treatment programs for adults, family counseling, mental health services, and is a substance abuse treatment program. For more information, please contact the Hopi CMHC at 928-777-6242.

For Enrollment Information please go to sact.nas.edu (292) 777-6242

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Hopi Reservation, Ariz. - On June 13, 2019 parts of the Hopi community opened its arms and doors to welcome a very special guest, Destiny Siweumptewa, Junior Miss Cherokee from Beatitud Community, North Carolina. The reason for visiting the Hopi reservation was to show her appreciation to her Hopi family’s side and to show appreciation to the Hopi people. Siweumptewa, age 14 and a member of the Long Hair Clan of Bashford Community, was named the 2018-2019 Junior Miss Cherokee on October 4, 2018. Siweumptewa’s native name is “Wala”

which means Hummingbird in the Chero- kee language. Traveling with her mother and father, Siweumptewa, visited several places here on Hopi, including Second Mesa Day School, First Mesa Youth Center, Tewa Community Center and the Hopi Health Care Center. Her goal was to talk to the youth and elderly about whom she is and what she wants to do in the future as an ambassador of her community. Wala also wanted to come to Arizona to learn more about her Hopi side here on the Hopi reservation.

Wala’s trip was a surprise for many of the participants who joined the 100 Mile Club at the beginning of the program get excited about the upcoming event.” So one could say, that the 100 Mile Club members helped to make the event get lit. Every year the 100 Mile Club will host its “Half-way point” in the club’s running program to thank the participants for sticking with the 100 Mile Club’s program and every year since about five years ago, they host the Lunar Run at the Hopi Veterans Center.

Participants who joined the 100 Mile Club at the beginning of the program get to experience all the perks of being a club member with incentives ranging from water bottles to cooling towels, all while trying to stay healthy by walking or running 100 miles to complete the goal. Laughter and music filled the air while some participants stretched their legs for the 2-mile and 1-mile run in the dark. The course was laid out with solar garden lights that guided the runners on the pre-laid out course. Volunteers from the Hopi Wellness Center also helped guide the runners so they wouldn’t get lost during the run.

Runners from all over the Hopi reservation joined together for fun and to simply enjoy the cool Hopi summer air while planting seeds for creative every year to ensure the Hopi 100 Mile Club events and to motivate and support the members to walk, run, talk, and to simply move for health of the foot. That main goal is, according to the 2019 Hopi Wellness Center 100 Mile Club Mile Logbook book, to “get you up and active throughout the summer months.” By observing the crowd, it was plain to see that the Hopi Wellness Center staff get the excitement around being healthy very much lit.