Volume 27 Number 20

~Est. 1987 • NEWS SOURCE FOR THE HOPI PEOPLE~

October 15, 2019

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Hopi Tribe's Main Parking Lot Project Hits Major Snag

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Utility pole being hoisted by crew, making sure of everyone's safety (Photo by Romalita Laban/HT)



IT Staff watching the crane as they work to save the pole (Photo by Romalita Laban/HT)

Hopi Tutuveni

Kykotsmovi, Ariz. - On Indigenous People's Day, October 14, 2019, while Hopi Tutuveni staff were in the midst of finishing off the October 15th publication, a major delay and challenge presented itself.

Due to a heavy-duty loader getting caught up in an optic fiber line, running across and over the main parking lot where major re-surfacing was slated, and subsequently pulling down and cracking the wooden pole the line was attached to, an evacuation of the building was immediately called for, including Hopi Tutuveni office staff.

At approximately 12:45p.m. a loud snap could be heard inside the building followed by loud yelling by the parking lot construction workers. Upon looking out the side emergency door, Tutuveni staff could see the pole located directly outside of the northwest corner of the

Hopi Tribe's Risk Management modular building, was leaning toward the main

Administrative building.

Minutes later the Risk Management staff in the building took off outside to see what was going on. Right around the same time, Facilities staff came into the building and began informing staff they needed to get their items and exit the

The parking lot project was scheduled to last all day Monday, October 14, 2019 but with no direct effect scheduled to impact the building's occupying program staff. All except for their required assistance in ensuring their program and personal vehicles were not left in the main parking lot were staff expecting any other impacts to their work day.

Staff inside shut down equipment and evacuated in minutes not knowing where they would be relocated while the construction crew, Facilities staff, Hopi Department of

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CURRENT INDIAN NEWS Tribal Health Insurance increase Read more about how it is effecting the Native

More on Page 8

COLUMN

LARRY'S CORNER

"Trying to Prioritize my story" Read how Larry is making his priorities

More on Page 5

COMMUNITY

...Approves Oral Health Project

Read more about how oral health is approved

More on Page 4



Hopi Tribe's Main Parking Lot Project Hits Major Snag, CONT.



Staff watching the crane as they work to save the pole (Photo by Romalita Laban/HT)

Transportation staff and Hopi Chair- to ensure the one and only Hopi newspaman Nuvangyaoma were gather around observing the damage to the cracked pole.

Line staff began placing cones and caution tape across the street to close it off from any vehicles from going past the Elderly Nutrition building. Staff also began closing off the west side of the street leading into staff housing.

Being that Hopi Tutuveni staff was on sight and awaiting word on where to re-locate until the pole and lines were secured, it was able to capture pictures of all the steps being taken to secure the

Because the Hopi Tutuveni submission deadline was set for afternoon on the date all the situation was occurring, it became necessary for staff to work remotely and

per files got sent for printing to occur.

At 3:40 p.m. on October 14, 2019, Hopi Tribe's Facilities and Risk Management Department sent an email notifying the following, "THE PROJECT INCURRED AN INCIDENT WHICH HAS DE-LAYED PROGRESS. THE PROJECT WILL CONTINUE A SECOND DAY (TUESDAY 10/15/19). THE PROJECT IS ANTICIPATED TO GO BEYOND 5PM TODAY. BE NOTIFIED THAT THE ROAD FROM THE VILLAGE WILL BE OPEN ONLY TO VILLAGE RESIDENTS AND EMPLOYEES.

YOU MAY BE PICKED UP BEHIND THE TWO STORY BUILDING THIS EVENING."

HEALTH

Does Your Child or Teen Experience Migraines? What to Know

(StatePoint) The pain and symptoms that accompany migraines can be debilitating. For children and teens, it can mean missed school days, absence from social or sporting events and activities at home.

To evaluate migraine treatment in children and teens, new guidelines from the American Academy of Neurology (AAN) and the American Headache Society looked at two areas: acute treatments to stop or lessen pain and other symptoms during a migraine, and treatments to prevent or reduce how often migraine at-

"The good news is that there are effective treatments for children and teens for migraine attacks when they occur, Oskoui, McGill University, and an AAN

Based on the guidelines, families dealing with pediatric migraines should consider the following:

- · Clinicians make a migraine diagnosis based on the intensity and duration of pain, how many attacks a person has had, and whether they're accompanied by associated symptoms like nausea, vomiting and sensitivity to light and sound. Those with migraines should get a diagnostic evaluation that includes a careful medical history, as well as general physical and neurological examinations conducted by a neurologist or headache medicine specialist. A neurologist is a doctor with specialized training in diagnosing, treating and managing disorders of the brain and nervous system
- Triggers can vary, so families should identify and address the factors associated with their child's migraine attacks. These can include lack of physical activity, being overweight, excessive caffeine intake, poor sleep habits and dehydration. Many of these issues can be addressed with healthy habits, like nutritious foods, regular exercise, adequate hydration and

• Ask your child's neurologist about the risks and benefits of preventive medication and appropriate acute treatment. For example, in studies, the drug amitriptyline combined with cognitive behavioral therapy (CBT) -- which employs techniques like relaxation and coping strategies -- was more beneficial than amitriptyline combined with headache education in reducing migraine attack frequency and migraine-related disability. However, it's important to note that amitriptyline may increase the risk of suicidal thoughts

and behavior. "The benefit of CBT alone or in combination with other treatments in migraine says guidelines lead author, Dr. Maryam prevention warrants further study," says

- Treat migraines as soon as your child or teen becomes aware of one starting. For children and teens, medications such as ibuprofen and triptans can help relieve pain during an attack. For teens, consider the combination sumatriptan/naproxen.
- •Families and neurologists should carefully weigh the use of treatments not proven to be effective in children and teens. For example, while botulinum toxin is effective in preventing migraine in adults, it hasn't shown the same effectiveness in children and teens. And while some of the newest treatments, including calcitonin gene-related peptide antibodies and other similar drugs and devices are effective for adults, the study of their pediatric use is only beginning.

To learn more about migraines, visit BrainLifeMag.org/PedMigraine, AAN's free patient website and magazine, and follow on Facebook, Twitter and Instagram.

Though common, pediatric migraines are painful and can be debilitating. Talking to your child's neurologist about the latest treatments is recommended.

SUBSCRIBE TO THE HOPI TUTUVENI

CALL, E-MAIL AND SEND YOUR INFORMATION ABOUT WANTING TO **SUBSCRIBE**

John Hawkins is now with Building **Communities**

How Building Communities Can Help with Your Projects

Brian Cole, Building Communities

Hopi Reservation, Northern AZ. October 1st 2019 - We are very pleased to announce that John Hawkins, Former CSA for Yuwehloo Pahki Community (aka Spider Mound), will be joining Building Communities as a consultant and will be back working on Hopi Projects in the near future.

Hawkins has led many YP community and Hopi initiatives while working for the community and he is excited for the opportunity to continue working on important projects for the Hopi people in his new role with Building Communities.

As many of you know John Hawkins comes with a unique background and has become a valued member of the Hopi Senom as a result. Hawkins, his wife and 2 daughters (Hopi, Spider Clan from Hotevilla) originally moved to Hopi in 2014 from San Diego, Calif. with hopes of giving back to the community they loved. Hawkins' wife started work as an elementary teacher and the girls started school, but it took John 1 year to find work on Hopi. When he was given an opportunity, he was eager to jump in, learn as much of the Hopi culture as possible and to serve the Hopi People.

Then, after years of working in public service (initially 1 year for Hopi Resource Enforcement Services as a dispatcher and then 3 years as the Community Services Administrator for Yuwehloo Pahki Community), the family was faced with some difficult decisions. It was decided that the family would move back to San Diego for the children's education. Hawkins desperately wanted however to continue working on important projects in Indian Country so he reached out to Brian Cole of Building Communities.

Cole and John Hawkins have worked together on several YPC and Hopi projects and John felt that a partnership here could be very positive and productive for Hopi. Cole was saddened to learn John wouldn't be at YPC come October 1st but

knew this was an opportunity for Building Communities. With positive intentions, a new partnership was born on October 1, 2019 and John Hawkins is now with Building Communities.

"It really is amazing how things come together. I remember the day I met John in December of 2017. I was immediately impressed with how professional he was, and admired his commitment to the Hopi people. I know there is so much good we can all do together to help the living conditions and economic situation for the Hopi people. It is very challenging, but through perseverance I know we will succeed." - Brian Cole, President Building Communities

Building Communities is a community and economic development planning firm specializing in serving Indian Country. Top services from Building Communities include grant writing, strategic planning and project management. Building Communities works in close concert with Native Builders LLC, a 100% Native-owned business serving both the Hopi Tribe and the Navajo Nation.

Building Communities is currently working on the update to the Hopi Community Economic Development Strategy (CEDS), providing business planning and entrepreneurship training classes at Yuwehloo Pahki Community, coordinating a hydroponics business feasibility study with the Village of Moencopi (Lower), coordinating the Hopi tourism strategic plan and working with the Moenkopi Developers Corporation to support Hopi Villages and Communities with community facilities planning and grant writing services.

Please welcome John to his new role by emailing him at Building Communities: jh@buildingcommunities.us or call him at: (442) 237–1196

For further information regarding this article, contact: Brian Cole, Building Communities Phone: (928) 814-3710 or email at: bc@buildingcommunities.us

COUNCIL'S CORNER

HOPI TRIBAL COUNCIL

Fourth Quarter Session September 1, 2019 **AGENDA** Month of October 2019 Amendment #1

Completed Items

- 1. Action Item #068-2019 To approve Relinquishment of a Minor Author/ Muriel Scott, Director, Office of Enrollment – APPROVED 09/03/19
- 2. Action Item #070-2019 To accept and approve Funding from the Substance Abuse Mental Health Administration for the 2019 Tribal Behavioral Health Grant program: Native Connections for the Hopi Behavioral Health Services – Author/Laverne Dallas, Director, Behavioral Health Services **Time Certain - September 5, 2019 @ 3:00 p.m.- APPROVED 09/05/19
- 3. Action Item #071-2019 To approve funding for I.H.S. Project PH 19-V41 - Kykotsmovi Sewer Phase 2 Project - Author/Lydell Yazzie, Project Engineer, I.H.S., Office of Environmental Health & Engineering **Time Certain - September 23, 2019 @ 9:00 a.m. - APPROVED 09/23/19
- 4. Action Item #072-2019 To approve funding for PH 19-V31 Hopi Arsenic Mitigation Project – Author/Joshua Van Vleet, Engineer Consultant, I.H.S., Office of Environmental Health & Engineering **Time Certain – September 23, 2019 @ 10:00 a.m. - APPROVED 09/23/19
- 5. Action Item #073-2019 To approve PH 19-V49, Lower Moenkopi Spring System Improvements – Author/Joshua Van Vleet, Engineer Consultant, I.H.S., Office of Environmental Health & Engineering **Time Certain – September 23, 2019 @ 11:00 a.m.- APPROVED 09/23/19
- 6. Action Item #077-2019 To approve the Hopi Tribal Housing Authority (HTHA) Resolution - HTHA-022-2019 Indian Housing Plan for FY 2020 - Author/Stan Pahe, Interim Executive Director, Hopi Tribal Housing Authority – Add-on request by Representative R. Charley, Village of Moenkopi – APPROVED 09/24/19
- 7. Presentation on Northland Pioneer College's history, governance, services and program - Mr. Mark Vest, President, Northland Pioneer College & Betsyann Wilson, Executive Director, NPC Friends & Family **Time Certain - September 4, 2019 @ 9:00 a.m. - COMPLETED 09/04/19
- 8. Presentation of proposed department/program budget levels and other recommendations regarding the 2020 General Fund Budget - Clark T. Tenakhongva, Chairman, Budget Oversight Team **Time Certain - September 5, 2019 @ 9:00 a.m.- Rescheduled to 09/25/19 – COMPLETED 09/25/19
- 9. Discussion with Vern Hongeva regarding Navajo Generating Station (NGS)
- closure Hopi Tribal Council COMPLETED 10. Discussion - Gaming Compact matters - Richard G. Verri, Esq., Rosette, LLP -
- **Time Certain September 24, 2019 @ 9:00 a.m. COMPLETED 09/24/19 11. Self-Introduction of Miss Native America USA 2019-2020 and explanation
- of platform and future plans Ms. Lexie James COMPLETED 09/03/19 12. Discussion regarding General Counsel Position – Dorma Sahneyah, Execu-
- tive Director **Time Certain September 3, 2019 @ 1:00 p.m. COMPLETED 13. Letter dated August 26, 2019 from Governor Pavinyama, Village of
- Kykotsmovi Representative D. Talayumptewa, Village of Kykotsmovi COM-PLETED 09/03/19
- 14. Interview for General Counsel Position (1) applicant Representative R. Honanie, Village of Sipaulovi - WITHDRAWN 09/24/19 15. Interview of Hopi Election Board Regular Member (1) letter of Interest
- for Hopi Election Board Representative P. Talahytewa, Village of Moenkopi -**Time Certain – September 24, 2019 @ 2:00 p.m. – COMPLETE 09/24/19 16. Discussion regarding General Counsel Position that was discussed on September 3, 2019 - Add on request by Representative A. Sinquah, First Mesa Villages -
- **COMPLETED 09/23/19** 17. Discussion on letter from Carlene Tenakhongva, dated September 13, 2019 Add on request by Representative P. Quochytewa, Village of Kykotsmovi.

COMPLETE 09/24/19

Hopi Tribe Celebrates Mesa Verde Repatriation Agreement

Hopi Tribe FOR IMMEDIATE RELEASE

Kykotsmovi, Ariz. – On Wednesday, during a press conference between President Trump and Finnish President Sauli Niinisto it was announced that Finland had agreed to return Native American remains that had been excavated and taken from the Southwestern United States to northern Europe in 1891 by Scholar Gustaf Nordenskjold.

"The Hopi People are thankful to everyone involved in ensuring our ancestors are returned to their rightful home, and are afforded the respect all human people deserve – being allowed to rest in peace. Most importantly, this is a Pueblo matter and we ask the international and domestic audiences to respect the privacy of those involved and allow us to bring our ancestors home peacefully and without spectacle." said Hopi Vice Chairman Clark W. Tenakhongva. The history of this case played an important role in swaying public perception about the importance of protecting cultural heritage resources that ultimately led to the 1906 Antiquities

Act and the establishment of Mesa Verde National Park, as Nordenskjold, who was of Finnish and Swedish descent, also took hundreds of artifacts from the Mesa Verde region (which the Hopi people refer to as Tawtoykya, or Place of the Songs) of Colorado in 1891 and was arrested for attempting to export these remains and artifacts out of the country. He was later released and the collection

shipped to Stockholm Sweden as no U.S. laws at the time prohibited such action.

Nordenskjold then sold the collection to a Finnish doctor who later bequeathed the collection to the state of Finland following his death, and the collection was ultimately placed in The National Museum of Finland in Helsinki.

The museum took an inventory of the collection following inquiries by the Hopi Tribe's Cultural Preservation Office who in 2016, along with other Hopi consultants, led efforts to identify the human remains and funerary objects in the

This inventory, which was completed in June of 2018, determined that the collection contained 600 items, including the remains of 20 individuals and 28 funerary objects. In July of that same year, the United States State Department sponsored an International Visitors Leadership Program to build relationships between Native American Communities and European Museums. As part of this program Heli Lahdentausta, Curator of the Nation Museum of Finland, met with Representatives from Hopi and visited other cultural institutions in New Mexico. Following this visit the Finnish government notified the U.S. Embassy in Helsinki that it would consider an official request for repatriation of human remains and funerary objects. The U.S. request was made in fall 2018, followed by the unanimous passage of a resolution by the Hopi Tribal Council in July 2019 in support of the repatriation efforts.

LEGALS

IN THE HOPI TRIAL COURT

KEAMS CANYON, ARIZONA

In the Matter of the Change of Name Of:)	No. 2019-CV-0122
)	
Desirae Rose Maldonado)	NOTICE OF PUBLICATION
Lilyana Valentina Maldonado)	OF CHANGE OF NAME
Xzavior Alan Maldonado)	
)	
То)	
)	
Desirae Rose Nutumya)	
Lilyana Valentina Nutumya)	
37 1 A1 3T (<u> </u>	

Notice is hereby given that Delilah Grace Nieto has petitioned the court for the change of

name, from:

Desirae Rose Maldonado to Desirae Rose Nutumya Lilyana Valentina Maldonado to Lilyana Valentina Nutumya Xzavior Alan Maldonado to Xzavior Alan Nutumya

Any party seeking to intervene in said proceeding must file an appropriate pleading with

the Hopi Trial Court no later than twenty (20) days after the publication of this notice.

Dated this 7th day of October, 2019.

Margene Plande Margene Namoki, Clerk of the Court

IN THE HOPI TRIAL COURT

KEAMS CANYON, ARIZONA

No. 2018-CV-0022 In the Matter of the Change of Name Of: NOTICE OF PUBLICATION Corey Reese Wellington OF CHANGE OF NAME Corey Reese Numkena

Notice is hereby given that Natasha May Numkena has petitioned the court for the change of name, from:

Corey Reese Wellington to Corey Reese Numkena

Any party seeking to intervene in said proceeding must file an appropriate pleading with

the Hopi Trial Court no later than twenty (20) days after the publication of this notice.

Dated this 9th day of October, 2019.

Margene Nanoki

Would you like to put your legals into the Newspaper? For a single price you can put your legals into the Hopi Tutuveni

Call 928-734-3283 to find out how

IN THE HOPI CHILDREN'S COURT, HOPI JURISDICTION KEAMS CANYON, ARIZONA

In the matter of the guardianship of: Case No. 2018-CC-0002 WASHINGTON, C. NOTICE OF HEARING BY PUBLICATION DOB: 05/10/2010 Minor Child, The Hopi Tribe, and Hopi Tribe Social Services Program, AND CONCERNING: Lorena Washington and Jesse Williams, Parents/Respondents

THE HOPI TRIBE TO JESSE WILLIAMS, PUTATIVE FATHER OF MINOR CHILD NAMED ABOVE:

THE ABOVE-NAMED PETITIONERS filed a Petition for Permanent Guardianship of Minor, C. Washington, in the Hopi Children's Court bearing Case No. 2018-CC-0002.

NOTICE IS HEREBY GIVEN that said Petition for Permanent Guardianship is set for Permanency/ Status Review Hearing on the 1^{ST} day of October 2019, at the hour of 11:00 A.M. (MST) in the Hopi Children's Courtroom II, Keams Canyon, Arizona 86034, for the purpose of determining whether the Putative Parent/Respondent, JESSE WILLIAMS (Williams), will contest the allegations contained in the Petition. If the Petition is being contested, Parent/Respondent Williams may file a response to the Petition with the Hopi Children's Court within twenty (20) calendar days from date of last publication. Your response must be filed with the Clerk of the Hopi Children's Court at PO Box 156, Keams Canyon, Arizona 86034, and a copy of your response provided or mailed to the Office of the Hopi Prosecutor/Presenting Officer at the address provided immediately below.

A COPY of the Petition for Permanent Guardianship may be obtained by submitting a written request to: The Office of the Hopi Prosecutor, PO Box 306, Keams Canyon, Arizona 86034; telephone number (928) 738-2245 or 738-2246; fax number (928) 738-2203.

FAILURE TO APPEAR at the Permanency/Status Review Hearing, or to otherwise notify the Court in writing of good cause for inability to appear prior to the date of the hearing, will result in default judgment being entered against Parent/Respondent Williams. This means that the parent's rights to legal and physical custody of the child may be vested with the Hopi Tribe Social Services Program.

RESPECTFULLY SUBMITTED this D7 4 day of August 2019.

HOPI CHILDREN'S COURT

Deputy Court Clerk
Post Office Box 156 Keams Canyon, Arizona 86034 Telephone: (928) 738-5171

IN THE HOPI CHILDREN'S COURT, HOPI JURISDICTION KEAMS CANYON, ARIZONA

In the matter of: Case No. 2019-CC-0003 HONANIE, K. DOB: 08/17/2005 MASAWYTEWA, M. DOB: 11/16/2010 NOTICE OF HEARING BY PUBLICATION MASAWYTEWA, T. DOB: 12/11/2013 TEWA, Zaida Minor Children, AND CONCERNING: Serena Honanie, Frederick Dashee, Trent Masawytewa, and Waldon Tewa, Jr., Parents.

THE HOPI TRIBE TO TRENT MASAWYTEWA, PARENT OF M. MASAWYTEWA AND T. MASAWYTEWA,

PETITIONER, the HOPI TRIBE has filed, pursuant to Hopi Children's Code, Chapter III, Section C.1.b., a Minor-In-Need-Of-Care Petition to adjudge the above-named child a minor in need of care.

NOTICE IS HEREBY GIVEN that said Minor-In-Need-of-Care Petition is set for adjudicatory hearing as to Parent, Trent Masawytewa, on the 18th day of OCTOBER 2019, at 10:00 a.m. in the Hopi Children's Courtroom II, Keams Canyon, Arizona 86034, for the purpose of determining whether said parent contests the allegations contained in the Minor-In-Need-of-Care Petition.

A COPY of the Petition may be obtained by submitting a request in writing to: Office of the Hopi Prosecutor, PO Box 306, Keams Canyon, Arizona 86034; telephone number (928) 738-2245 or 738-2246; fax number (928) 738-2203.

FAILURE TO APPEAR at the adjudicatory hearing or to otherwise notify the Court in writing of good cause for inability to appear prior to the date of the hearing will result in a default judgment being entered against the parent. This means that the parent's rights to legal and physical custody of the child(ren) may be vested with the Hopi Tribe Social Services Department.

RESPECTFULLY SUBMITTED this Dit day of September 2019.

HOPI CHILDREN'S COURT

morgene I lamok Deputy Court Clerk Post Office Box 156 Keams Canyon, Arizona 86034 Telephone: (928) 738-5171

IN THE HOPI CHILDREN'S COURT, HOPI JURISDICTION KEAMS CANYON, ARIZONA

In the matter of:)	Case No. 2019-CC-0003
HONANIE, K. MASAWYTEWA, M. MASAWYTEWA, T. TEWA, Zaida	DOB: 08/17/2005) DOB: 11/16/2010) DOB: 12/11/2013) DOB: 01/07/2018) Minor Children,)	NOTICE OF HEARING BY PUBLICATION
AND CONCERNING: Serena Honanie, Freder Trent Masawytewa, and		

THE HOPI TRIBE TO FREDERICK DASHEE, PARENT OF K. HONANIE, MINOR CHILD NAMED ABOVE:

PETITIONER, the HOPI TRIBE has filed, pursuant to Hopi Children's Code, Chapter III, Section C.1.b., a Minor-In-Need-Of-Care Petition to adjudge the above-named child a minor in need of care.

NOTICE IS HEREBY GIVEN that said Minor-In-Need-of-Care Petition is set for adjudicatory hearing as to Parent, Frederick Dashee, on the 18th day of OCTOBER 2019, at 10:00 a.m. in the Hopi Children's Courtroom II, Keams Canyon, Arizona 86034, for the purpose of determining whether said parent contests the allegations contained in the Minor-In-Need-of-Care Petition.

A COPY of the Petition may be obtained by submitting a request in writing to: Office of the Hopi Prosecutor, PO Box 306, Keams Canyon, Arizona 86034; telephone number (928) 738-2245 or 738-2246; fax number (928) 738-2203.

FAILURE TO APPEAR at the adjudicatory hearing or to otherwise notify the Court in writing of good cause for inability to appear prior to the date of the hearing will result in a default judgment being entered against the parent. This means that the parent's rights to legal and physical custody of the child(ren) may be vested with the Hopi Tribe Social Services Department.

RESPECTFULLY SUBMITTED this Db 40 day of September 2019.

HOPI CHILDREN'S COURT

norgene Jamos Deputy Court Clerk Post Office Box 156 Keams Canyon, Arizona 86034

Telephone: (928) 738-5171

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Hopi Tribal Council Approves The Oral Health Project For The **Next Four Years**



Pictured I-r are: Carly Camplain - Program Coordinator, Elyse Lomawaima - Health Educator, Gloria Grover - Project Coordinator(front row center), Stephanie Hyeoma - Health Educator (back row center), Royce Jenkins -DHHS Director, Joyce Hamilton – CHR Manager (back row), Julie Baldwin – Principal Investigator. Photo by: Romalita Laban HT

Gloria A. Grover, CHS PRESS RELEASE

Kykotsmovi, Ariz. - On October 8, 2019, with a quorum present, Hopi Tribal Council members voted; 17 in favor, 1 opposed, 1 abstaining, to approve Great Beginnings for Healthy Native Smiles the extension of the oral health project for the next four years, beginning June 2019 - May 2023.

The project titled, "Great Beginnings for Healthy Native Smiles: An Early Childhood Caries Prevention Program" was created through a grant received from the National Institute of Health (NIH).

Great Beginnings for Healthy Native Smiles is working in partnership with Northern Arizona University Center for Health Equity Research and the Hopi Health Care Center Dental Office, in the area of oral health promotion. The purpose of this study is to reduce the number of early childhood caries (cavities) within the Hopi communities through an innovative oral health intervention campaign combining multiple best practices

for pregnant women and their young chil-Early childhood caries is a common

chronic disease affecting a large percentage of children on the Hopi Reservation. To avoid untreated dental caries and decay, the Great Beginnings for Healthy Native Smiles will provide oral health intervention, as well as healthy lifestyle education to pregnant Hopi women and their children up to the age of 3.

The Great Beginnings for Healthy Native Smiles will conduct outreach activities throughout the Hopi Reservation to recruit expectant mothers and their children who range in age from birth to 3

If you are interested to learn more information or would like to be a participant of this project, contact Gloria Grover, Oral Health Project Coordinator at 928 – 737 – 6335 or by email GGrover@hopi.nsn.us. We look forward to providing services to the Hopi community. Incentives will be given to participants of the Great Beginnings for Healthy Native Smiles.

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928-734-3283 or rlaban@hopi.nsn.us



Hopi CHR Staff

Call us at (928) 737 - 6342 or Stop by the office @

Mon. – Fri. 8 AM to 5 PM

Located within the Hopi Health Care Center

RUTH

18 Hopi Members launch the 6th Hopi Leadership Program **Cohort**

"Growing a new generation of Hopi leaders and professionals"



Pictured above: The 2019-2020 Hopi Leadership Program Cohort. Photo credits: Ezra Albert

Samantha Honani, HLP PRESS RELEASE

Kykotsmovi, Ariz. - In 2006, The Hopi Foundation laid the groundwork for the development of the Hopi Leadership Program (HLP) aimed to grow and encourage effective leadership skills among emerging Hopi leaders and professionals. Since then there has been 5 successfully graduated cohorts of Hopi & Tewa individuals, which totals an impressive 58 HLP Alumni. The leadership program follows a 15-month curriculum and is enhanced by local individuals who share their cultural knowledge and experience in management and leadership skills. What is unique in comparison to other fellowships is that this curriculum successfully bridges the cultural and nonnative worldview in a way that is firmly grounded in community.

The program recently experienced new funding and staff transitions. After being on hiatus since 2016, there are newly appointed staff bringing fresh experience and energy to revitalize the nationally recognized leadership program. Program Manager Samantha Honani is from the village of Tewa, and brings experience in program development as the former Natwani Coalition Program Manager, a former educator from First Mesa Elementary School, and years currently serving Kavier Sakeva comes from the village of Kykotsmovi and has a background in health & wellness, the service industry, and most recently as a facilitator of the Native American Fathers and Families Association (NAFFA), Fatherhood is Sacred, Motherhood is Sacred Program. Honani stated, "I'm fortunate to be a part of leading change in the form of community development under the Hopi Leadership Program. We are looking forward to what comes ahead with the newly formed cohort. It's like building family and community one layer at a time and watching how individuals grow and blossom into their own leadership is an amazing and humbling process."

The Hopi Leadership Program inducted eighteen individuals on September 10th at an opening banquet held at the First Mesa Elementary School. The new cohort of participants represents various villages, clans, organizations, and local businesses. These individuals applied to the program and were selected by an independent committee of HLP Alumni and community members. Each applicant

PH: (928) 289 0974

scored above average demonstrating the leadership qualities that the program aims to host through a 15-month Leadership Journey that will end in October 2020. Preceding the first of the 15-monthly sessions at the Opening Banquet, participants were able to hear from founders and alumni of the program, engage in a sampling of leadership exercises along with their guests to get to know one another and share in the support of their families.

The first sessions on September 11th and 12th will help establish the group guidelines, a foundation for a cohesive cohort, and create an understanding for the importance of mentoring.

The Hopi Leadership Program isn't without the support of past contributors to the program such as Barbara Poley, former Executive Director and Founder of the Hopi Leadership Program, former Leadership Program Coordinator Laurel Secakuku, and the current leadership of Executive Director Monica Nuvamsa who guides this project alongside 4 other community impact programs of The Hopi Foundation. "It's exciting to see the program continue to thrive after a decade of growth and change. The Opening Event helped to recognize all those that contributed to the development of this idea in support of the Foundation's mission to create self-sufficiency and sustainable solutions for the benefit of our community," as a community movement facilitator. An Nuvamsa comments. Participant Bryan alumnus of the Hopi Leadership Program Humetewa shares, "It's already been an (2012-2013), Samantha will build a new amazing experience so far, I never knew layer to the program with her experithere was such a program here on Hopi. ence and training. Program Coordinator Everyone who is a part of the group is meant to be there and it is all working out the way it's supposed to." Looking forward to the outcomes of being in this cohort Eugene Cody says, "The HLP is making me feel optimistic about myself and my future as a Hopi."

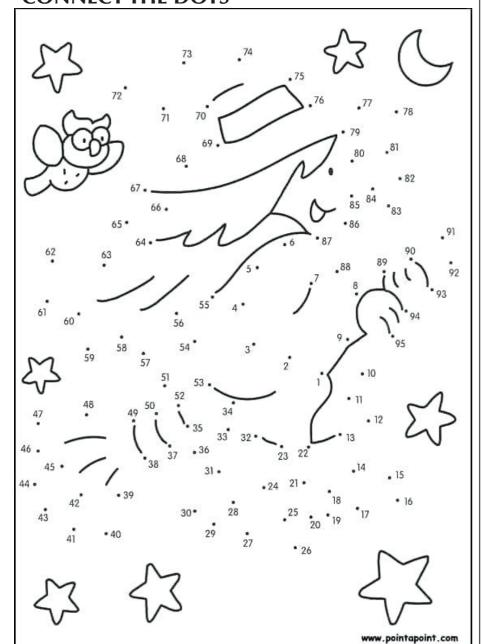
> Funding for this program is provided by the Kalliopeia Foundation, Santa Fe Community Foundation, and the many private & community donors, who are leading efforts towards growing individuals with skills that will help them, live creative, healthy, self-reliant, and community-oriented lives. The Hopi Leadership Program also includes the newly established Hopi Youth Leadership Program which will be offered this year to local Hopi students, with a 1-week condensed version during 2020 Spring Break for Hopi youth living off reservation. The HLP Alumni Committee also meets quarterly creating opportunity for continued growth and development for its alumni participants. For more information and up to date activities, please visit www. hopileadershipprogram.org or call the office at 928-734-2380.

> > indlaw@justice.com

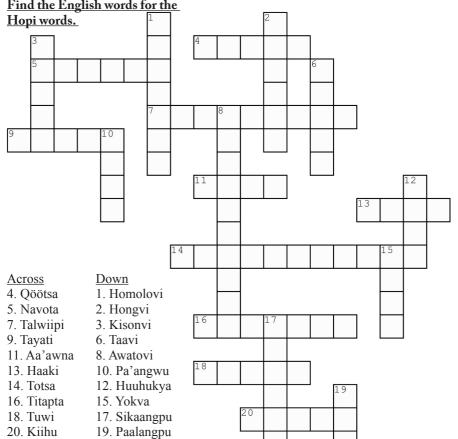


PUZZLES AND GAMES

CONNECT THE DOTS



Cross Word Puzzle Find the English words for the



Answers for October 1st edition

Answers in next issue

2. Finish, 5. Find, 6. Icicle, 8. Five, 10. Raining, 11. Butterfly, 12. No, 14. Slippery, 15. Black, 16. Melt 17. Beans, 19. Cold

1. Six, 3. Hunter, 4. Blue, 7. Cantalope, 9. Bamboo, 13. Write, 14. Scared, 18. Snow Call 928-734-3283 for hints or answers

HOPILAVYIT - HOPI WORDS

D S U Ι Ο 0 0 0 S S Α Ο Κ Ζ Τ 0 K 0 W E E C 0 M 0 D 0 G С Ε Υ 0 В S K С 0 Т 0 Т 0 Т S K Α Ε С G Χ Ν R O N G 0 S 0 N A D 1 С 0 U Χ W A W

HOPI WORDS

Pavatya (Tadpole) Pahona (Beaver) Sikwi (Meat) Samii (Fresh Corn) Noqkwivi (Corn & Meat Stew) Kowaako (Chicken) Leetayo (Fox)

Pat Ga (Squash -Pumpkin)

Koyongo (Turkey)

Kokowe'e (Rooster)

Isaw (Coyote) Hekweepu (Brownish

Lizard)

Hootsoko (Small Eared

Owl) Hoonaw (Bear)

Tokotska (Black Bird) Tsili (Chili) Wutaga (Corn Gruel) Mooro (Burro)

Moosa (Cat)

Pooko (Dog)

Mosayru (Bison, Buffalo)

Qomi (Sweet Corn Cake)

Tootolo (Grasshopper) Yongosona (Turtle) Toho (Mt. Lion)

Sowiyngwa (Deer)

Hohomitst (Pocket

Mice)

Hospowi (Roadrunner) Tsiro (Small Bird)

Wakaasi (Cow)

Kwaahu (Eagle) Paakwa (Frog)

Piki (Blue Corn Bread) Toosi (Sweet Corn Meal) Qaao (Corn)

Tumna (Potato) Pikami (Wheat & Sweet

Corn Pudding) Somiviki (Blue Corn Flour, Sweet Tamale) Piklapkutuki (Roasted & Salted Crumbled Piki)



Photo by: https://cutecatsinhats-x7v0etsjgzjvirs3.netdna-ssl.com/wp-content/uploads/2016/01/pizza.jpg

Trying to Prioritize my Story

By LARRY WATAHAMAGEE The Hopi Tutuveni

I don't think I was a wild kitten back in the day, I mean I don't think I gave my grandparents a hard time when I was growing up. I grew up with brothers and sisters but I always wanted to be the only child...I'm pretty sure you know what I mean. But, when I look at today's youth, I see that it's becoming harder and harder to raise a Hopi child in today's assimilated Hopi world.

I went to the annual "Tuba City" Fair this past weekend and I saw many children crying and complaining. Some kids were complaining it was too hot and the rocks are hurting their feet, some were complaining that they didn't like water and demanded their parents to get soda from the local gas station. I mean very demanding children...I was like "WOW!" I thought to myself, "Are they like this in their homes?" Of course I watched the parade and saw many cool floats and all the glitz and glamour associated with the annual "Tuba City" Fair. I felt the same nostalgic feelings as I did when I was a young kitten. I recall walking in the parade back in the day, and back then we didn't care about the heat, or didn't complain if we were given water and not soda. We loved it, 'cause we got to throw candy at the spectators and watch them fight over a Tootsie Roll®.

Here in the 21st century, children have become soft, and what I mean is that they can't make decisions for themselves. It seems that young-ins nowadays can't fend for their selves and everything has to be done for them. That makes me wonder if I was a "soft" kitten back in the day,

When I was a mush head kitten my grandparents would take us to this park in Flagstaff, Ariz. and in that park were all metal playground play sets. I remember there was this rocket looking tower that was built out of metal and it stood around 50 feet high or so. We use to climb inside of that rusty tower and burn our legs and hands just to get to the top of the 50 foot tower. Then we would burn our butts when we slid down the metal slide. But we didn't complain and just enjoyed being able to climb way up and slide back down again. Now, modern playgrounds have a shade, and no sharp objects, and soft foam just in case the children fall, so they can fall onto a nice padded ground.

I think we are beginning to coddle our kids a bit too much. It's as if we "helicopter" our kids because we are right there flying over them because we don't want to or just can't see them fail. School is not a competition anymore and we give kids awards for not picking their nose now. Heck, we have graduations, where we take 4 or 5 year olds and graduate them for us doing all the requirements Head Start says we have to do as parents. I wonder how they are going to grow up and if they are going to conquer the Hopi world, if we coddle them too much. The real world does not have a padded ground just in case they fall. So I have to ask, how do we teach them to "tough it out" and gain some "grit?"

for our youth and have standards for how our youth should grow up but we are not passionate enough to make a future for our Hopi youth. Take our central Hopi government for example; right now the entire Hopi Council is discussing how to "sustain" the Hopi Tribe, by keeping everyone employed. It is not saving money by saying we have to save money while trying to cut people's job without actually letting them go. Yes, I know that a number one priority on the Hopi Council's list is, money, but that shouldn't deter anyone away from how to prioritize Hopi's health and well-being, or how to combat issues like the drug and alcohol epidemic. And how do we help the Council understand that people lives come first, and then a piece of paper comes second?

Now, don't get me wrong, I love money, cause you get to buy stuff with it, and it pays for my kitty car and it sustains Hopi health and well being, but that's just one aspect of helping out the Hopi people.

I'm wondering if a Youth Hopi council would work out better. Like, have Hopi's finest minds of the youth sit in the Hopi Tribal chambers and let them discuss one of Hopi Tribe's problems and see if they come up with a solution to one of tribal problems, but I digress.

So, back to this notion of how we prepare our children for the Hopi future if we can't figure out what are priorities are first?

How do we tell our children that it's important to get and education and come back to help your Hopi people while also saying the Hopi Tribe is failing at being a sustainable entity? And right in the next sentence then tell them "You probably will fix it when you grow up." It's like telling someone to make a pizza and not providing any toppings to finish the task...it's not pizza its just bread. I say, you need all the ingredients to make it work, just like we need to have all the Hopi people come together and talk about a single problem and come up with a single solution. You know, like doing some good ole' well thought out strategic planning.

So do we tell our Hopi youth, "Sorry kid, we can't make a padded ground for you so now you're gonna have to fend for yourself?"

Do we sit around the dinner table and discuss how we should handle a problem or do we put action to it? My advice to you is that, watching

the parade is nice and you use to get candy, but now it's become a hassle to take the children to watch the parade because they don't like fruit or water. So, how do we change the perspective of how to really prioritize what we really need versus what we really want? I say it's ok to eat candy once in a while but make sure you prioritize the message about what is really needed and important and start early. Do we really need candy or do we need fruit? Plus building a future for the Hopi

children is a challenge, we want them to speak, see, and hear Hopi, but we also what them to speak, see, and hear the white man's way, too. Can we have both? I say, let's find our roots first then we can start growing from there...again, like we

Yes, we say that our priorities are used to in the good ole' days. Want a FREE Larry sticker? - Email me and I will send one your way

Write a Letter to Larry: PO BOX 123 Kykotsmovi AZ, 86039 Want to ask Larry something? Email him: meowatlarry@gmail.com



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Job Opening

Open until filled

BUDGET ANALYST

The Hopi Tribe enacted a new Education Code creating a new Hopi School System. Hopi's contractor who is working on the transition to the Hopi School System needs a part-time Budget Analyst to assist in development of a budget for the transition period to the new Hopi School System. For job description and application requirements, send email to aokujac@gmail.com, or call 202-957-2696. Position is open until filled.

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928-734-3283 or rlaban@ hopi.nsn.us

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CIRCULATION

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Submission Guidelines

The Hopi Tutuveni wants to hear from you! We welcome the submission of articles, press releases, letters to the editor, and Opinion Editorials (Op-Ed). Submission should be sent electronically as a Word doc or pasted as text into the body of an email message. Information on each of the submission types is provided below. ARTICLES:

The Hopi Tutuveni welcomes

original articles reporting on local, state and national news items on issues related to Hopi or of interest to Tutuveni readers. We are especially interested in articles reporting on issues impacting the Hopi community or on events and activities involving members of the Hopi Tribe. Submissions must include a complete contact information of the author, including mailing address, telephone number and email address. Articles should not exceed 750 words and should follow Associated Press (AP) style and formatting. The Managing Editor reserves the right to edit articles for style, length and clarity. If significant editing is required, the Managing Editor will communicate with the author prior to publication.

PRESS RELEASES: The Hopi Tutuveni welcomes press releases from local, state and national organizations, agencies, departments and programs. Press releases must be submitted on official letterhead and include the name of the organization, contact person, telephone number and email address. Press releases should not exceed 500 words and submissions may be edited for length and clarity at the discretion of the Managing Editor. The Hopi Tutuveni publishes press releases as a public service and does not guarantee that all submissions will be published.

LETTERS TO THE **EDITOR:**

Letters to the editor provide an opportunity for readers to respond to articles published by the Hopi Tutuveni or to share opinions about issues impacting the Hopi community. Letters should not exceed 250 words and must include the name of the author and complete contact information (address, phone number or email address) and the headline and date of the article on which you are commenting. Anonymous letters and letters written be published. The Tutuveni Editorial Board reviews all submissions and reserves the right not to publish letters it considers to be highly sensitive or potentially offensive to readers, or that may be libel-

ous or slanderous in nature. **OPINION EDITORIALS:**

Do you have an interesting opinion or provocative idea you want to share? The Hopi Tutuveni invites fresh and timely opinion editorials (e.g. Op-Eds) on topics that are relevant to our readers. Opinion Editorials are a powerful way highlight issues and influence readers to take action. Submissions must be exclusive to us and should not exceed 1,000 words. Include with your submission your name and complete contact information, along with a short 2-3-sentence bio. SUBMISSION

INSTRUCTIONS: Please submit all press

releases, articles, letters to the editor and Opinion Editorials electronically as a Word document or as plain text in the body of an email to the Managing Editor, Romalita Laban, at RLaban@hopi.nsn. us. Articles, press releases and editorials that include photographs must be in high resolution, 300dpi or more and must be your own All photographs must include photo credit and a caption for each photo listing the names of all persons included in the photo and description of what the photo is about. All submissions must include the name of the organization and/or author, mailing address, phone number and email address. The Hopi Tutuveni is published on the 1st and 3rd Tuesday of the month and all submissions must be received the Tuesday

prior to publication date (call 928-734-3283 for deadline

schedule).

National Fire Prevention Month

Kevin Dennis, Structure Firefighter Department Of Public Safety For Hopi Tutuveni

October is National Fire Prevention Month. With the winter months and holiday's approaching here are some safety tips to remember and to keep your home and family safe.

The U.S. Fire Administration reports that fires kill more than 4,000 Americans each year and approximately injure 20,000 more. U.S. fire departments respond to nearly 2 million fires each year, with three-quarters of them occurring in residences.

A home is often referred to as a safe This month, make sure your home is protected from (and your family is prepared for) a fire. Here are 10 simple tips to help you avoid fires and reduce the risk of injury should one occur:

1)Smoke Alarms – These are still a very important addition to your home. Smoke alarms are widely available and inexpensive. Install a smoke alarm on every level of your home and test it monthly.

2)Prevent Electrical Fires - Don't overload circuits or extension cords. Cords and wires should never be placed under rugs or in high traffic areas. Avoid loose electrical connections by checking the fit of the plug in the wall outlet. If the plug loosely fits, inspect the outlet right away. A poor connection between the plug and the outlet can cause overheating and can start a fire in minutes.

3)Keep Plugs Safe - Unplug all appliances when not in use. Follow the manufacturer's safety precautions and use your senses to spot any potential disasters. If a plug is overheating, smells strange, shorts out or sparks – the appliance should be shut off immediately, then replaced or repaired.

4) Alternate Heaters – Make sure there is ample space around any portable heating unit. Anything that could catch fire should be at least three feet away. Inspect your chimney annually and use fire screens to help keep any fires in the fireplace.

5) Fire Safety Sprinklers – When combined with working smoke alarms, home fire sprinklers greatly increase your chance of surviving a fire. Sprinklers are affordable and they can increase property value and lower insurance rates.

6)Create An Escape Route – Create and practice your escape plan with your family from every room in the house. Practice staying low to the floor and checking for hot doors using the back of your hand. It's just like a routine school fire drill – but in your home.

7)Position Appliances Carefully -Try to keep TV sets, kitchen and other appliances away from windows with curtains. If there is a wiring problem, curtains can spread a fire quickly. Additionally, keeping your appliances away from water sources (like rain coming in from windows) can help prevent wiring damage which can lead to a fire.

8)Clean Dryer Vents – Clothes dryers often start fires in residential areas. Clean the lint filter every time you start a load of clothes to dry or after the drying cycle is complete. Make sure your exhaust duct is made of metal tubing and not plastic or foil. Clean the exhaust duct with a good quality dryer vent brush to prevent blockage & check for lint build up behind the dryer at least twice a year.

9)Be Careful Around the Holidays -If you fill your home with lights during the holiday season, keep them away from anything that can easily catch fire. Check all of your lights prior to stringing them up and dispose of anything with frayed or exposed wires.

10)Conduct Regular Inspections -Check all of your electronic equipment and wiring at least once a month. Taking a little time to do this each month can really pay off.

Following these simple tips could potentially save your life or the life of a loved one. Pass this list on to your friends and family and make this fire prevention month count!

On average, home fires kill seven people and injure another 36 every single day tragically, most victims die in homes that don't have working smoke alarms or the batteries have been removed. That's why the American Red Cross launched the nationwide Home Fire Campaign in 2014 with the goal of reducing the number of home fire deaths and injuries.

The Hopi Fire/Rescue Department is still taking names and contact information to have smoke detectors installed into your homes. The Hopi Fire/Rescue Department encourages all home owners to take advantage of this FREE service and have these devices installed in your homes for the safety of your family, children and grandchildren and most importantly our elders. If you would like to have smoke alarms installed in your home you can contact the Hopi/Fire Rescue Department @ (928)734-3665 or 3662 and leave a good working contact number and location of residence (village). We will have a continuing list for more installations, once Red Cross receives more smoke alarms and supplies. We will schedule more installations of the smoke alarms.

HEALTH

Dentist-Approved Tips for Healthier Smiles After Hallowee



Photo provided by StatePoint.com

to eat, but too many treats can take a toll on dental health. And when it comes to celebrations that are all about the sugar, families can do some damage control with a check-in to make sure everyone's dental health routine is up to par.

"National Brush Day is Nov. 1, and it's an excellent opportunity to clean up from Halloween sweets, learn more about dental health and perfect your brushing technique," says Dr. Ruchi Sahota, American Dental Association (ADA) spokesperson.

For a healthy mouth and smile, the ADA offers the following tips and recommendations.

Purchase Proven Products One great way to celebrate National

Brush Day is with a new toothbrush. It could be time for a new one, anyway. The ADA suggests replacing toothbrushes every three or four months, or sooner if the bristles are frayed. A worn toothbrush also protect your teeth and gums.

won't clean as well. Soft-bristled brushes Talk to your dentist about which types of dental products will be most effective for your family, and also be sure these products carry the ADA Seal of Acceptance. The Seal lets you know they meet

strict ADA criteria for safety and effectiveness "You get a check-up when you go to

the dentist. Think of the Seal like a checkup for your dental products," says Dr. Sahota. "A team of dental experts evaluates each product to make sure it is safe and

effective for you and your family." Look for the Seal on fluoride toothto healthy smiles.

(StatePoint) Candy and sweets are fun paste, toothbrushes, floss, water flossers, mouth rinses, chewing gum and other oral hygiene products. Search products with the ADA Seal of

Acceptance at MouthHealthy.org/ADAS-

Consistency is Key Brush teeth twice daily with fluoride

toothpaste. Make sure you're brushing for a full two minutes each time! It can be tempting to let kids skip

brushing after a long day or during times when the normal schedule is off (like vacation or a holiday), but keep at it. That's how you form a healthy lifelong habit. "Your children learn from you, so set

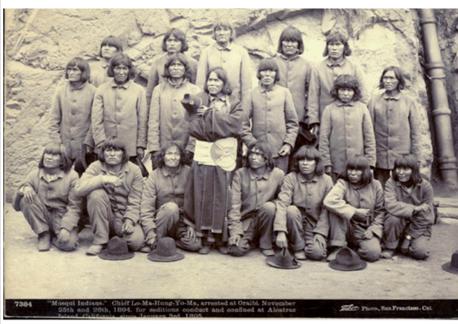
a good example. The family that brushes together has even more reason to smile," says Dr. Sahota.

Prevent Decay Tooth decay-causing bacteria linger

between teeth where toothbrush bristles can't reach. Cleaning between your teeth daily with floss or another interdental cleaner helps remove plaque and food particles from between the teeth and under the gum line. Limiting how much sugar you eat and drink also makes cavities less likely. The harmful bacteria in your mouth eat the sugars you consume and produce acid, which can damage teeth, causing cavities to form or erosion

While sugar is often a given on Halloween, National Brush Day is a great way to make a fresh start. Take the opportunity to reinforce the habits that lead

Event to pay tribute to Occupation of Alcatraz 50th Anniversary



Note: Photograph of nineteen Hopi prisoners at Alcatraz federal prison. Please credit the photograph source. Photo credit: Bethel College Mennonite Library and Archives

Apache Arrows Film Festival FOR IMMEDIATE RELEASE

On Saturday evening October 19, 2019 from 6:30-8 PM, in the copper mining town of Miami, Arizona a presentation on the historic Occupation of Alcatraz takeover will be held at Bullion Plaza Cultural Center and Museum. The event will include a film "The Indian Occupation of Alcatraz", guest speaker Associate Professor James Riding In (Pawnee), free souvenir cups to first 50 guests, free drawings and light refreshments

On November 20, 1969, eighty-nine men, women, and children of various tribal nations descended upon the island of Alcatraz and claimed it on behalf of all tribal nations. The activist group who dubbed themselves "Indians of All Tribes" had globally awoken the world to the mistreatment and unmet needs of tribal nations in the United States.

The nineteen-month siege laid a path for several legislative bills that would be enacted on behalf of tribal nations. One of the adopted legislations, in 1970, was the removal of the Indian Termination Policy which sought to dismantle tribal reservations and assimilate Native Americans into the mainstream American society.

Isaac Curley (Apache/Navajo), founder of Apache Arrows Film Festival, says "as we pay tribute to its fiftieth year, I feel that the natives and non-natives should become acquainted with the Occupation of Alcatraz. The Occupation, like rippling water, generated the dynamics for the passing of numerous legislative acts so all tribes, as sovereign nations, could govern their own."

Originally serving as a prison for military personnel, Alcatraz did make exceptions. In 1895, nineteen Hopi men were incarcerated for seven months. Their misdeeds were a result of not using farming methods issued by the government and resistance to having their children taken and sent to distant government boarding

Pursuant to the Occupation, U.S. President Richard Nixon, would provide tribal nations with the greatest degree of support in U.S. history. From 1969-1974 he signed more than fifty Congressional bills and enactments on behalf of tribal nations.

On June 10, 1971 the last of the occupants were removed and the Occupation of Alcatraz came to an end. Two years after the siege ended, Alcatraz Island opened as a U.S. national park in 1973 which attracted more than 50,000 visi-

The free public program is in conjunction with 36th Apache Jii (jee) cultural celebration in nearby City of Globe that draws 5,000 attendees. Interested individuals may contact Isaac Curley at highhogan@msn.com.

A Lone Protester - Protesting for the Betterment of Hopi



Farron Nakyawywisa (Photo by Carl Onsae/HT)

Hopi Tutuveni

Kykotsmovi, Ariz. - On October 8, 2019, a lone protester made his way from the Kykotsmovi Village Store in Kykotsmovi, Ariz. to the Hopi Tribal headquarters to make an announcement that alcohol and drug abuse is deeply affecting the Hopi community and his loved ones.

Although, he could not get pass the security guard on duty in the Legislative building and to talk to Tribal Council, due to the fact that Council was in session, he did make his announcement by making rounds in the Main Administrative building, Department of Natural Resources building and the Risk Management building where Hopi Tutuveni is located. Farron Nakyawywisa, is a member

from the Village of Shungopovi, Ariz. He stated that his family had recently become the victims of alcohol abuse, when a family member, on September 21, 2019 was affected by the alcohol poisoning. Nakyawywisa stated, "Bootleggers are a big problem in our community and my family has become a victim of alcohol abuse, I know who is doing this and I know who the bootleggers are but nothing is being done about it." He stated that he is an active member in

smaller substance abuse programs around the Hopi reservation, but he stated that no action has been done to overcome the ever-growing problem on the Hopi reservation. Nakyawywisa stated, "I am active

member of different programs like Hopi

Substance Abuse, Hopi Tewa Women's

Coalition to End Abuse, Domestic Vio-

lence, and Villages Against Meth, but

nothing has been done to solve alcohol

and drug abuse, so today I want to make

people aware by walking and protesting for my family and to speak to Council so they can do something." Also, Nakyawywisa stated that the

main reason for his protest was for his family and to let everyone know that bootleggers are taking advantage of the youth, and how it's deeply affecting loved ones. He stated that his biggest supporter through all of this is his wife, Cheryl Torivio who he has been married to for 3 years, and he wants to thank her for all of her support.

Nakyawywisa, once a substance abuser and now a 7-year recovered substance abuser, seen how this type of abuse does not only affect the abuser but mainly affects loved ones and the close Hopi community. Nakyawywisa stated, "I teach my [children] everything about the dangers of alcohol abuse and how to avoid it ... " Nakyawywisa wants to make sure that his family is safe and wants to put an end to substance abuse on the Hopi reservation.

Nakyawywisa plans on going to all the schools around the Hopi reservation and local surrounding areas to gather help and make people aware of this ever-growing problem. His next step is to start a fundraiser on Facebook so he can pay for gas and other amenities for his mission. But what Nakyawywisa is really asking for is all the programs that he is involved in, to join in on his cause and to instigate action rather than just talking about substance abuse problems here on the Hopi reser-

To learn more about Nakyawywisa's next steps, you can find Farron Nakyawywisa on Facebook under the name Wen McBrain Vansandt to follow his

Report says tribal health insurance increased but behind U.S. average



Photo credit: Cronkite News

Harrison Mantas Cronkite News

WASHINGTON – The number of people who showed up at at Indian Health Service facilities with health insurance rose from 64 percent of patients in 2013 to 78 percent in 2018, according to a new report from the Government Accountability Office.

The report said growth in coverage was highest in states, like Arizona, that expanded their Medicaid programs as part of the Affordable Care Act, or

Despite the gains, however, the share of people without insurance at the 73 IHS facilities in 2018 was still more than double the national average for health care coverage that year.

Calls to tribal officials and advocates Tuesday seeking comment on the report were not immediately returned. But the GAO report said Native Americans have "long-standing problems accessing needed health care services, and have historically had poorer health than the U.S. general population."

The report's authors did not credit Obamacare directly for the improvement in tribal health care, but said that ele-

ments of the law helped expand coverage for Native Americans which, in turn, led to a healthier bottom line for facilities serving them.

Revenue at the 73 federally run IHS facilities grew 51 percent from 2013 to 2018, the report said, climbing from \$706 million to \$1.07 billion. Almost two-thirds of that increase was due to Medicaid payments.

The GAO interviewed representatives from 17 IHS facilities, along with representatives from each of the IHS' 12 districts. Some of those interviewed said they were able to use the extra funds to offer housing and competitive salaries to doctors, with one clinic reporting a 26 percent drop in turnover.

The biggest change was in the amount of care provided by the Purchased/Referred Care Program. The PRC pays for care of qualifying patients who want or need to seek care outside an IHS facility. The program splits care into levels with more acute and emergency care getting the highest priority, and longer term chronic care getting the lowest.

By expanding the range of care they provided, facilities were able to reduce the need for IHS patients to go private facilities outside the

Alaska Supreme Court hears oral arguments in kids' climate change lawsuit



Several of the plaintiffs and their attorneys spoke at a press conference held outside the courthouse after oral arguments. Back row (left to right): Kaytlyn Kelly, 19, Palmer; Sebastian Kurland, 20, Juneau; Andrew Welle, attorney; Front row (left to right): Lila S, 7, Homer; Cecily S, 9, Homer; Lexine D., Gwitch'in, 10, Fairbanks; Summer Sagoonik, Inupiaq, 18, Unalakleet; Esau Sinnok, Inupiag, 21, Shishmaref; Brad De Noble, attorney.(Photo by Joaqlin

Joaqlin Estus For Indian Country Today

Is there a time to declare that air that sustains life is a fundamental right?'

The Alaska Supreme Court heard oral arguments on Oct. 9 on the constitutionality of Alaska's energy policy promoting development of oil and gas. The plaintiffs in Sinnok vs the state of Alaska are 16 young Alaskans ranging in age from 5 to

One of the plaintiffs' two attorneys, Andrew Welle, told justices the state knowingly and systematically permits, authorizes and promotes the development of fossil fuels. Those actions, he said, are adding to greenhouse gasses and destabilizing the climate system the youth depend upon for life and liberty. The state is damaging, not protecting, a public resource, said Welle.

Later, outside the courtroom, he said the state has known about the dangers and impacts of climate change for decades, yet enacted and implemented a statute that promotes fossil fuels.

Welle said the state's energy policy violates constitutional rights to due process, public trust, and equal protection. And it is the court's responsibility to act as a check and balance to the legislative and executive branches on unconstitutional actions, said Welle.

But as Alaska assistant attorney general Anna Jay told justices, the Alaska constitution also states, "It is the policy of the state to encourage the settlement of its land and the development of its resources They described the

by making them available for maximum use consistent with the public interest."

Jay noted that if oil and gas development declined, a person who works in the oil and gas industry could argue their right to a job in their field was violated.

At one point, justice Susan Carney asked, "Is there a time to declare that air that sustains life is a fundamental right?"

Such a declaration is not the job of the courts, said Jay. She said balancing competing interests protected in the constitution is the role of the legislature and executive branches. It's up to the legislature and executive branch to determine whether to issue regulations, and how stringent to make them, she said. It's their job to decide the state's best interests, balancing, for instance, jobs, infrastructure, and public health.

As for a suggested remedy of reducing carbon emissions to zero by a certain date, that kind of determination is also better done by agencies, said Jay. She outlined a lower court's ruling that said the judiciary doesn't have the tools to create climate change policy — it cannot commission studies or solicit public input, for instance.

The Alaska Supreme Court will issue its ruling after it reviews the briefs filed and the oral arguments, probably after a period of months.

Youth describe the harm of climate change effects to them, their communities

Several of the plaintiffs spoke outside the courthouse after the oral arguments.

Day official across the country

Map: Making Indigenous Peoples



Photo credit: Indian Country Today

Aliyah Chavez **Indian Country Today**

In 2011, the National Congress of American Indians passed a formal resolution advocating for the second Monday of October to be renamed Indigenous Peoples Day.

A changing tide in cities and states have followed suit since then. In 2018 alone, 46 cities adopted the name in lieu of Columbus Day. Indian Country Today created an inter-

active map showing all of the cities and states that have passed legislation recognizing Indigenous Peoples Day as a holiday. Other sites not included are counties, school districts and colleges and universities, amongst others.

The latest city added to this map and list amongst 129 others is the nation's capital. The D.C. Council announced earlier this week it will celebrate Indigenous Peoples Day this year.

"In a city that itself sits on Piscataway land, we commend the D.C. City Council

for voting to join the growing number of cities, counties, states, and school districts in formally celebrating Indigenous Peoples' Day," said Kevin Allis, chief executive officer of the National Congress of American Indians and Forest County

Potawatomi Community member. The holiday name change in the Capitol will only last a year, however, unless action is taken before May next year. This temporary legislation will require further

approval before mid-May 2020 in order

for the holiday to take effect in the future.

Down the road in Washington, the White House announced a Presidential Proclamation to celebrate Columbus Day rather than Indigenous Peoples Day. "Today, we commemorate this great explorer, whose courage, skill, and drive for discovery are at the core of the American spirit," they said in a statement. "The bold legacy of Columbus and his crew spun a thread that weaves through the extensive history of Americans who have pushed the boundaries of exploration." Other states do not acknowledge Co-

lumbus Day but celebrate another version of Indigenous Peoples Day. Hawai'i honors "Discoverers' Day" which pays homage to Polynesian voyagers. South Dakota celebrates "Native American "This change allows the opportunity to

bring more awareness to the unique, rich history of this land that is inextricably tied to the first peoples of this country and predates the voyage of Christopher Columbus," Allis said. "It also acknowledges American Indians and Alaska Natives as thriving, contemporary sovereign nations who hold their rightful place among the American family of govern-

A Newsweek report published this week says 79 percent of college students support getting rid of Columbus Day to acknowledge Indigenous Peoples Day.

Columbus Day became a national holi-

day in 1937.

Court holds the execution of Navajo man to hear claim of racial bias

Harrison Mantas Cronkite News

WASHINGTON – A divided appeals court has stayed the scheduled December execution of Lezmond Mitchell, a Navajo double-murderer, saying it needs time to consider his claim that he was not allowed to question jurors for potential racial bias.

Mitchell, the only Native American on federal death row, was one of five inmates identified by Attorney General William Barr when he announced plans in July to resume federal executions for the first time in nearly two decades.

Barr set Mitchell's execution set for Dec. 11, but a divided panel of the 9th U.S. Circuit Court of Appeals on Friday ordered the execution be put on hold and set a Dec. 13 date to hear Mitchell's pending appeal of his racial bias claim.

In a dissent, Judge Sandra Segal Ikuta chided the other judges for rushing to delay the execution, saying the court has ample time to hear Mitchell's appeal before his execution date. She also said the majority failed to consider whether Mitchell has a "significant possibility of success" on his appeal, a requirement for granting a stay. "We frequently decide claims in capital

cases in a matter of days," wrote Ikuta, who noted that arguments in Mitchell's latest appeal could be heard by mid-October. "We should do that here."

A request Monday for comment on the case from the Justice Department was not immediately returned. Calls to Mitchell's

attorneys, to the Navajo Nation and to tribal groups and capital punishment opponents were also not returned. When he announced the resumption of federal executions, Barr said this summer that the Justice Department prioritized death-row inmates convicted of "mur-

dering, and in some cases torturing and

raping, the most vulnerable in our society

children and the elderly."

Mitchell was convicted for the 2001 carjacking and brutal murders of a Navajo grandmother, Alyce Slim, 63, and her 9-year-old granddaughter in a remote part

of the Navajo Nation.

According to court records, when he and an accomplice set out to steal Slim's GMC pickup truck, they abducted her and the girl. They stabbed Slim 33 times and forced the girl to sit next to her grandmother's body in the back of the truck. They later pulled both from the truck, told the girl to "lay down and die" next to her grandmother, before twice slitting the girl's throat – then dropping heavy rocks on her head to kill her when she did not die from the slashing.

Mitchell was convicted on 11 counts, including first-degree murder and carjacking. Under federal and Navajo law at the time, Mitchell could not be sentenced to death for committing the murders on the reservation. But federal law at the time made carjacking a capital offense, and court records say that then-Attorney General John Ashcroft pressed for the death penalty in the case.

Both the Navajo Nation and the victim's family said they opposed the death penalty. But Mitchell was sentenced to death in 2003. In his dissent to a 2015 ruling in the

case, Circuit Judge Stephen Reinhardt noted that Mitchell could be the first Native American put to death by the federal government for an "intra-Indian crime that occurred in Indian Country" if the execution went forward.

In his latest appeal, Mitchell's lawyers last August cited a Supreme Court case that said courts could consider evidence that jurors "relied on racial stereotypes or animus to convict a criminal defendant."

Ikuta said jurors in Mitchell's case signed statements that said race played no role in their decision, and there was no evidence of bias on their part. But Mitchell's attorneys said they should be allowed to question the Cont. On Page 9

Alaska Supreme Court, Cont.

effects of climate change on their lives.

Esau Sinnok, Inupiaq and age 21, is the lead plaintiff in the case. He's from Shishmaref, in northwest Alaska. There, sea ice no longer protects the shore from pounding winter storms. The shoreline is also weakened by melting permafrost. The island, which is only a quarter of a mile wide, is quickly losing ground to the sea. As the island shrinks, roads, houses, and other infrastructure are being destroyed by erosion.

The thought of losing your home to rising sea level, storm surges, and flooding is stressful and scary, said Sinnok. "Climate change is not just a political issue to me," he said. "It's my lifestyle. It's what I face every day back at home." Villagers voted in 2016 to relocate but lack fund-

While attorneys gave oral arguments before the Alaska Supreme Court Wednesday, lead plaintiff Esau Sinnok, Inupaq, age 21, wrote a poem. Sinnok is from the village of Shishmaref in northwest Alaska, which voted in 2016 to relocate. While funding to make the move is scarce, villagers hope to relocate before the village is destroyed by flooding and

"Why I am Here." By Esau Sinnok The seals, the walrus, the whales, the land, the sea, my home Millennia of history told and untold The laughing, the crying, the community is what I am here for. We protect the animals because they

give their lives for us To continue the lifestyle my ancestors have lived.

I am here today because the seals, walrus, whales, land, sea, my home Cannot speak English.

Summer Sagoonik, Inupiaq, is 18 years old, and from Unalakleet, also in northwest Alaska. She said they're having short rainy winters and the rivers don't freeze over completely. "This made it dangerous to travel by snow machine."

Hunting for caribou in Unalakleet has become more costly and difficult. Herds that once roamed within a half mile of Unalakleet are now several days travel

"I care about my culture, it makes me who I am," said Sagoonik. "We live off the land. We rely on our plants and animals to survive. Subsistence is my life. I am Inupiaq and I am proud."

Bernadette Demientieff, Athabascan, is from Fort Yukon, Alaska, in eastern interior Alaska just north of the Arctic Circle. She's the director of the Gwich'in Steering Committee, a group fighting oil and gas development in the Arctic National Wildlife Refuge.

Children shouldn't have to worry about the future of the planet, she said.

"I'm ashamed that we are witnessing the state of Alaska being sued by our children. Our state should be leading in climate change discussions," said Demientieff, "but instead they are actively aggravating the climate crisis with oil and gas development."

Court holds the execution of Navajo man, Cont.

ing argument was riddled with comments that should not have been made," some of which related to Mitchell's "religious beliefs and Navajo culture."

The 9th Circuit had ruled in 2007 that any comments in the closing arguments "were not, in and of themselves, nearly as inflammatory as the graphic evidence of the murders ... which was quite properly before the jury." And a district court last

jurors because of "the government's clos- year rejected Mitchell's latest request to question jurors.

Mitchell's appeal of that district court ruling was pending when Barr scheduled his execution for Dec. 11. Because the circuit court had ruled that the appeal could go forward, Mitchell asked for and was granted the stay while his appeal is

The circuit court set a hearing on that appeal for Dec. 13 in Phoenix.

Report says tribal health insurance, Cont.

system to seek care. Six years of reduced costs from keeping people within the system let one facility to save enough to build a 23,000-square-foot building to house expanded medical coverage.

The report noted the extra revenues decreased the need for the higher levels of care, because patients were able to use new private insurance or Medicaid benefits to pay for it themselves. This freed needing extended care.

While the report said that states that expanded Medicaid coverage as part of Obamacare saw a higher gain in insurance coverage than those that didn't - 17percent compared to 8 percent - the authors said they were not able to provide state-specific gains.

Despite the gains, health insurance coverage still lagged well behind the rest of the country in 2018. The Census Bureau reported last month that about 91 percent of Americans had coverage in 2018 and a little more than 89 percent of Arizonans did – and both those numbers were down slightly from the year before.

A House Natural Resources subcommittee on tribal affairs last week held a up more money, so that the majority of hearing on two bills that would give IHS the funds could be allocated for patients advance appropriation, funding the agency for two years instead of one. A preliminary report from the National Council on Urban Indian Health described how the partial government shutdown last winter led to layoffs, hiring freezes and delayed care at IHS, and advance appropriations could protect agencies like IHS from whims of Washington politics.

~This is a paid Public Service Announcement (PSA) from the Department of Natural Resources Wildlife/Ecosystems Management Program~

The Hopi Tribe, wildlife Ecosystems Management program has completed the DRAFT

"Proposed Forest Management Plan, Hopi Reservation"

The Forest Management plan (FMP) will be available for a 30-day public comment period Copies of the FMP can be found at:

•Hopi Tribe Realty Office located at the Bureau of Indian Affairs-Hopi Agency, Keams Canyon Arizona. •The Hopi Tribe wildlife/Ecosystems Management Program, Kykotsmovi Arizona

> •And at the Upper village of Moenkopi Administration building, Moenkopi Arizona

> Any questions please call 928-734-3677 or email: CSeweyestewa@hopi.nsn.us

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Native American Scary Stories

A Girl Chenoo/Mi'kmaq Story

Charles Leland's 1884 collection The Al- of it was pleasant to her. gonquian Legends of New England.

Of the old time. Far up the Saguenay River a branch turns off to the north, running back into the land of ice and snow. Ten families went up this stream one autumn in their canoes, to be gone all winter on a hunt. Among them was a beautiful girl, twenty years of age. A young man in the band wished her to become his wife, but she flatly refused him. Perhaps she did it in such a way as to wound his pride; certainly she roused all that was savage in him, and he gave up all his mind to re-

He was skilled in medicine, or in magic, so he went into the woods and gathered an herb which makes people insensible. Then stealing into the lodge when all were asleep, he held it to the girl's face, until she had inhaled the odor and could not be easily awakened. Going out he made a ball of snow, and returning placed it in the hollow of her neck, in front, just below the throat. Then he retired without being discovered. So she could not awake, while the chill went to her heart.

When she awoke she was chilly, shivering, and sick. She refused to eat. This lasted long, and her parents became alarmed. They inquired what ailed her. She was ill-tempered; she said that nothing was the matter. One day, having been sent to the spring for water, she remained absent so long that her mother went to seek her. Approaching unseen, she observed her greedily eating snow. And asking her what it meant, the daughter explained that she felt within a burning sensation, which the snow relieved. More

This version of the legend comes from than that, she craved the snow; the taste

After a few days she began to grow fierce, as though she wished to kill some one. At last she begged her parents to kill her. Hitherto she had loved them very much. Now she told them that unless they killed her she would certainly be their death. Her whole nature was being

"How can we kill you?" her mother asked.

"You must shoot at me," she replied, "with seven arrows. And if you can kill me with seven shots all will be well. But if you cannot, I shall kill you."

Seven men shot at her, as she sat in the wigwam. She was not bound. Every arrow struck her in the chest, but she sat firm and unmoved. Forty-nine times they pierced her; from time to time she looked up with an encouraging smile. When the last arrow struck she fell dead.

Then they burned the body, as she had directed. It was soon reduced to ashes, with the exception of the heart, which was of the hardest ice. This required much time to melt and break. At last all

She had been brought under the power of an evil spirit; she was rapidly being changed into a Chenoo, a wild, fierce, unconquerable being. But she knew it all the while, and it was against her will. So she begged that she might be killed.

The Indians left the place; since that day none have ever returned to it. They feared lest some small part of the body might have remained unconsumed, and that from it another Chenoo would rise, capable of killing all whom she met.

An Abenaki Witch Story

The following story was told by Beulah Tahamont. She is an Abenaki, about sixteen years of age. Her home is at Lake George, New York, but she has visited New York city, where this story was obtained. It is given as nearly as possible in her words.

An old "witch" was dead, and his people buried him in a tree, up among the branches, in a grove that they used for a burial-place. Some time after this, in the winter, an Indian and his wife came along, looking for a good place to spend the night. They saw the grove, went in, and built their cooking fire. When their supper was over, the woman, looking up, saw long dark things hanging among the tree branches. "What are they?" she

"They are only the dead of long ago," said her husband, "I want to sleep."

"I don't like it at all. I think we had better sit up all night," replied his wife.

The man would not listen to her, but went to sleep. Soon the fire went out, and then she began to hear a gnawing sound, like an animal with a bone. She sat still, very much scared, all night long. About dawn she could stand it no longer, and reaching out, tried to wake her husband, but could not. She thought him sound asleep. The gnawing had stopped.

When daylight came she went to her husband and found him dead, with his left side gnawed away, and his heart gone. She turned and ran. At last she came to a lodge where there were some people. Here she told her story, but they would not believe it, thinking that she had killed the man herself. They went with her to the place, however. There they found the man, with his heart gone, lying under the burial tree, with the dead "witch" right overhead. They took the body down and unwrapped it. The mouth and face were covered with fresh blood.

A Mashpee Ghost Story

a Mashpee woman and her children were alone in their wigwam. The children were sound asleep in their blankets and their mother sat knitting beside her central firepit. As customary, her door-flap was wide open. Suddenly she became aware of someone approaching her doorway, and went to see who it might be.

A sailor stood outside. She asked him, "What do you want?" He replied, "I'd like to come inside and warm myself by your fire, because my clothes are wet and I feel chilled to the bone."

She invited him inside and offered a place for him to sit beside the fire to dry out and warm himself. She placed another log on her fire, then resumed her knitting. As she watched the fire, she noticed that she could see the fire right through the sailor's legs, which were stretched out between her and the fire--as if he were a ghost!

Her fear of him increased, but since she was a brave woman, she kept on with her knitting while keeping a suspicious eye toward the visitor. Finally the sailor turned to the Indian woman and said, "Do you want any money?" Her first thought was not to answer

his question. Then he repeated, "Do you want any money?" She replied, "Yes." The sailor explained, "If you really

want a large amount of money, all you have to do is go outdoors behind your wigwam. Beside a rock there you will find buried a kettle full of money. I thank you for your hospitality. Good night." He

The Mashpee woman did not go outdoors immediately, as she wanted to think about the sailor's proposal. She sat and knitted and thought for a while lon-

ger. Still, she felt frightened from the

evening's experience and was reluctant

to leave her wigwam. More knitting time

One night on Cape Cod at Gay Head, well go out and see if the sailor spoke the truth--to see if there really is a kettle of money out there."

She took her hoe and went outside to the back of her wigwam, and easily saw the place described by the sailor. She began to dig with her hoe. She realized that every time she struck her hoe into the ground, she heard her children cry out loudly, as if in great pain. She rushed indoors to see what was their trouble. They were soundly sleeping in their blankets.

Again and again she dug with her hoe; each time her children cried out loudly to her; each time she rushed in to comfort them, only to find them soundly asleep as she had left them.

After these episodes had occurred several times, the mother decided to give up digging for the night. She thought she would try again early next morning after bright daylight and her children were

Morning came, but she wondered if she had only dreamed last night's happenings. Her children were eating their breakfast when she went out to the digging place. There was her hoe, standing where she had left it. But she could see that someone else had been there in the meantime and had finished digging while she slept.

Before her, she saw a big round hole. She knew someone had dug up the hidden treasure. She was too late for the pot of gold promised by the ghostly sailor. But again she thought and wondered,

"But was I really too late?" Again she thought, "That sailor may have been the Evil Spirit in disguise--or even a real ghost. Perhaps he was tempting me to see whether I cared more for

my children, or more for the gold?"

Nevertheless, the Mashpee woman and her children continued to live in their village for a long, long time, even without the benefit of the ghost's kettle of gold.



Highlights of the 2019 Hopi Tuuvi Festival



Water maiden dance (Photo by Carl Onsae/HT)



Kachina dolls by unknown artist (Photo by Carl Onsae/HT)



Booths and crowd looking for something to buy (Photo by Carl Onsae/HT)



Pueblo tribe's handmade jewelry (Photo by Carl Onsae/HT)



Hopi's dance the Santo Domingo butterfly dance (Photo by Carl Onsae/HT)



A young girl waiting for her chance to dance (Photo by Carl Onsae/HT)



Childern dance the Santo Domingo butterfly dance (Photo by Jessica Onsae-Tsimoga)



Water maiden dance performance (Photo by Jessica Onsae-Tsimoqa)



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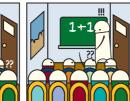
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