



BEHAVIORAL HEALTH THERAPIST II

Department of Behavioral Health Services

Reports To: Mental Health Clinical Supervisor

Salary/Hourly Range: 58

FLSA Status: EXEMPT; Full-Time, Part-Time, Temporary

VALID DRIVER'S LICENSE REQUIRED

PD Revised: 01/26/2018

INTRODUCTION

This position is primarily responsible for providing direct treatment services with assigned clients, behavioral health assessments, service planning, and implementation, individual and group therapy, case management, crisis intervention, outreach services, and collaborative service documentation, treatment techniques are based on circumstances requiring flexibility. This position will provide service to a broad-based population with complex psychological/physical needs in a recovery-oriented system of care. Incumbent provides services to individuals with serious mental illness, trauma, and co-occurring disorders. The incumbent initiates and develops service plans in compliance with established program regulations, policies, professional standards, and appropriate cultural values.

KEY DUTIES AND RESPONSIBILITIES

(The following examples of duties are intended to be illustrative only and are not intended to be all inclusive or restrictive.)

1. Manages a caseload and provides therapeutic services to all age populations through individual, family, and couples therapy, supportive counseling, establishes individualized treatment and transfer/discharge plans.
2. Conducts assessments; diagnostic evaluations which includes obtaining personal, social emotional and substance abuse history; determines the cause, nature and severity of the client's current mental status and assists clients and families in understanding the nature of their physical, mental or emotional disorder; provides emotional support and information to assist in identifying external stressors that contribute to the client's problems.
3. Monitors client's use and response to medication; reports adverse reactions or failure to maintain stability to psychiatrist or primary care provider. Administers various clinical treatment modalities not limited to Minnesota Multiphasic Personality Inventory, Second Edition, Restructured Form (MMPI-2RF), Minnesota Multiphasic Personality Inventory - Adolescent Version (MMPI-A), Becks Youth Inventories- 2nd Edition (BYI-II), Mood Disorder Questionnaire (MDQ-A), Becks Depression Inventory (BDI-II), Becks Anxiety Inventory (BAI), and Wechsler Intelligence Scale for Children- IV, and Mental Status Exam, etc., and develop psychological reports.
4. Serves as a consultant to community agencies, and other professionals on complex client placement and mental health issues; provides community outreach and makes special presentations within the community. Works closely with Change Point Integrated Health (CPIH) and Health Choice Integrated Health (HCIC) regarding out of home placements and participation in residential facility CFT/AFT case staff meetings.
5. Participates in the BHS staff meetings, MDT meetings, Utilization Review meetings, and case consultation sessions. Participates in BHS sponsored activities, conducts community presentations, and collaborates local schools, Social Services, Domestic Violence Program, Hopi Tribal Courts, etc., to ensure the success of clients.
6. Completes documentation in case records, completion of assessments for services, annual updates, consultation with other providers, mental status evaluations, crisis intervention, treatment and discharge planning according to Behavioral Health, AZ BHBE, IHS, Federal, State, Hopi Tribal guidelines/Standards and best practice methods.
7. Intervenes in crisis situations when a patient exhibits acute psychiatric symptoms which present an immediate threat to the client or others and participates in 24-hour day/evening, weekend on-call rotation schedule for crisis intervention services in the Hopi Health Care Center Emergency Room.
8. Performs other related duties as assigned or authorized to meet program and client objectives.

PERSONAL CONTACTS

Contacts are with employees within/outside the immediate work area, clients, personnel of federal, state and tribal government agencies/organizations and the general public. The purpose of these contacts is to exchange factual information, coordinate services and establish and network of resources benefitting the client. Contacts may be difficult due to the client's/individual's attitude or reluctance to obtain/supply the needed information.

PHYSICAL EFFORT & ENVIRONMENTAL FACTORS

Work is performed in a standard office environment and occasionally in the community when conducting public meetings; requiring normal safety precautions typical of office/meeting rooms and working around office machines/equipment. The incumbent will be expected to work evening, weekends and/or holidays and/or 24 hour on-call basis. Travel on and off the reservation is required.

MINIMUM QUALIFICATIONS

1. Required Education, Training and Experience:

Education: Master's Degree in Psychology; Social Work, Counseling or related Behavioral Health Sciences field;

AND

Experience: Four (4) years related work experience maintaining a client caseload for individual/group psychotherapeutic assessment and counseling;

2. Required Knowledge, Skills and Abilities:

Knowledge:

- Knowledge of the psychological, social and emotional factors contributing to antisocial behavior, substance abuse, poor school performance and mental illness.
- Knowledge of community based behavioral health principles and psychotherapeutic treatment, assessments and interventions, especially cognitive-behavioral health, pragmatic family therapies and substance abuse therapy methods.
- Knowledge of community resources and human services network.
- Knowledge of and appreciation for Native American cultural and tradition in the application of mental, physical healing.
- Knowledge of the economic, social and cultural environment of the Hopi Tribe.
- Working knowledge and techniques of community mental health.

Skills:

- Skill in using various treatment modalities appropriate for specified population, utilizing strength-based therapeutic approaches.
- Working skill in maintaining Behavioral Health record requirements and professional documentation.
- Good oral and written communication skills.
- Good skills in interviewing and counseling individuals and families.
- Skill in working in a team environment, organized and computer literate.

Abilities:

- Ability to develop cooperative relationships with clients, their families, and the community.
- Ability to understand the behavior of people under stress.
- Ability to maintain relations with physicians, law enforcement agencies, the courts, public and private administrators and the community in general.
- Ability to interpret community mental health and chemical dependency services.
- Ability to prepare concise and complete client treatment and progress records.

NECESSARY SPECIAL REQUIREMENTS

1. Must possess and maintain a valid Arizona Driver's License and complete the Hopi Tribe's Defensive Driving course.
2. Must complete and pass the pre-employment screening which includes fingerprint and background investigation in accordance with Hopi Tribal policy.
3. Must not have been convicted of misdemeanors at the local, state, or federal level within the past 7 years of application.
4. Must be able to pass mandatory and random drug & alcohol screening.
5. Maintain confidentiality of client records, documents, etc. as stipulated under the Plan and the Privacy provisions of the federal Health Insurance Portability and Accountability Act of 1996.
6. Must possess a current Arizona State Licensure to provide clinical services or be able to transition current License to the State of Arizona.

DESIRED REQUIREMENT

1. Ability to speak and understand the Hopi Language.