

October 2026

The Hopi Tribe Kykotsmovi Nutrition Center/Moenkopi Senior Center



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
9/27/2026 2nd Mesa	9/28/2026 NO LUNCH	9/29/2026 Hot Dogs, Baked Beans, Salad, Fruit	9/30/2026 Beef Stroganoff, Tortilla, Broccoli, Corn, Fruit Moenkopi Senior Center	1 Pork Stew, Bread, Fruit Moenkopi Senior Center	2 ADMIN DAY	3
4 3rd Mesa	5 Hamburgers, Potato Wedges, Fruit	6 NO LUNCH	7 Chicken Noodle Soup, Crackers, Fruit Moenkopi Senior Center	8 Black Bean/Nachos, Fruit Moenkopi Senior Center	9 ADMIN DAY	10
11 1st Mesa	12 Tomato Soup, Grilled Cheese, Fruit	13 Indian Taco, Fruit	14 Gravy over Rice, Mixed Vegetables, Sliced Bread, Fruit Moenkopi Senior Center	15 Chef Salad, Crackers, Fruit Moenkopi Senior Center	16 ADMIN DAY	17
18 2nd Mesa	19 Ham Sandwich, Chips, Fruit	20 Corn/Bean Stew, Bread, Fruit	21 Chicken Stir Fry, Rice, Fruit Moenkopi Senior Center	22 Ground Beef W/ Squash, Corn, Tortilla, Fruit Moenkopi Senior Center	23 ADMIN DAY	24
25 3rd Mesa	26 Chili Dogs, Potatoes Wedges, Salad, Fruit	27 Roast Beef, Mashed Potato W/ Gravy, Celery, Carrots, Slice Bread, Fruit	28 Chicken Alfredo W/ Broccoli, Garlic Bread Stick, Fruit Moenkopi Senior Center	29 Vegetable Stew, Bread, Fruit Moenkopi Senior Center	30 ADMIN DAY	31

Lunch Service is from 11:30 AM - 12:30PM. (NO LATER THAN TIME ALLOWED- Thank You!)

MENU SUBJECT TO CHANGE WITHOUT NOTICE! Please call (928) 734-3552 or (928)734-3558 to be added to the Daily Meal Count List.